

VOL. 6 ISSUE 10 • OCTOBER 2025

REDWOOD COAST REGIONAL CENTER

Serving Del Norte, Humboldt,
Lake, and Mendocino County

Jonathan Padilla Appointed Interim Executive Director of RCRC

BRINGING 10 YEARS OF
NONPROFIT LEADERSHIP
TO THE REDWOOD
COMMUNITY

By Nichole Haydon

Redwood Coast Developmental Services Corporation (RCDSC) and Redwood Coast Regional Center (RCRC) proudly announce the appointment of Jonathan Padilla as the Interim Executive Director.

Jonathan brings over a decade of experience in the nonprofit sector and a deep commitment to community-centered leadership. He most recently served as Director of Client Services and Director



Jonathan Padilla, Interim Executive Director of RCRC.

of Community Services within the regional center and holds a Master of Social Work, where he focused on organizational governance, executive leadership, and interventions for children and adolescents. Bilingual in English and Spanish, Jonathan is well-positioned to

Continued on next page

Days to Remember

October is
Down Syndrome
Awareness Month

October is
Hispanic Heritage Month

October is
National Disability
Employment Month

October is
Filipino American
History Month

October is
Learning Disabilities Month

October 6th
World Cerebral Palsy Day

October 13th
Indigenous Peoples Day

RCRC is closed

October 31st
Halloween





Interim Executive Director of RCRC

Continued from previous page

serve the diverse populations of the Redwood region.

He succeeds Dr. Kimberly Smalley, who retired after over 40 years of dedicated service to the social services field. Under Dr. Smalley's leadership, RCRC expanded its support for individuals with developmental disabilities throughout its four-country catchment area. In his new role, Jonathan aims to carry forward RCRC's vision and help navigate the organization through the potential challenges of statewide budgetary changes. "I'm honored to lead RCRC at a pivotal time," Jonathan expressed. "Our vision is bold, inclusive, and deeply rooted in

"Our vision is bold, inclusive, and deeply rooted in empowering individuals to have positive control over their own lives. I look forward to leading with that same commitment and heart to build a joyful and supportive atmosphere for our clients and team members."

— Jonathan

empowering individuals to have positive control over their own lives. I look forward to leading with that same commitment and heart to build a joyful and supportive atmosphere for our clients and team members."

RCRC's work is grounded with the powerful vision that all people, including those with developmental disabilities, should have the opportunity to live, learn, work, travel, and play in the most inclusive environments possible.



*Nichole Haydon
RCRC Director of
Human Resources*

A Vision for Inclusion

The organization's comprehensive vision statement emphasizes respect, accessibility, diversity, and empowerment. It also calls for a service system that is fluid, person-centered, and culturally responsive — a vision Jonathan plans to uphold while fostering innovation and accountability.

RCDSC Board President, Mike Sawyer welcomed Jonathan with optimism ensuring RCRC's continued organizational success and stability during the Board of Directors recruitment process. RCRC remains steadfast in its belief in one community, built on trust, creativity, teamwork, and shared learning. As Jonathan Padilla takes the helm, the organization looks forward to continuing its work in honoring and respecting choice in every corner of the Redwood Community.

For more information about RCRC's services and programs, visit www.redwoodcoastrc.org.

RCRC Newsletter

To include your event in our newsletter, contact rsocial@redwoodcoastrc.org





Abi and Jenny with family in the 3-mile walk.

Abi and the Finish Line

By Abi's Family

Thank you so much for this experience, this is the second year that Abi walked the 3 miles. For a moment, I thought we wouldn't make it to the finish line.

My Abi was very tired and kept saying, "Bye bye walk," but against all odds and against what doctors said, that she wouldn't be able to walk; 🙏 for God,

nothing is impossible.

Thank you, Jorge, Enrique, and all the organizations that made this possible 💙🧩🙏 and to Jenny for motivating Abi to reach the finish line 🙌🙌🙌.

We did it! 💙🧩🙏 I love someone with autism 💙🧩🙏.



Calling all Entries!

Do you have a client focused story, project or event you'd like to share in the newsletter?

We would like to hear from you!

Please submit to
Redwood Coast
Regional Centers
Social Media
Coordinator for
review and possible
publication at

rsocial@redwoodcoastrc.org

Note: photos of clients and their families require a signed photo consent form.



Redwood Coast Regional Center
Respecting Choice in the Redwood Community

RCRC Newsletter

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Gluten Free Pizza, Garden Style

Reuben T. Mayes is a talented and prolific artist whose favorite theme is food. This painting is of a gluten free pizza. His preferred medium is paint. ★

To learn more about Reuben's artwork, visit his website at <https://artinmyworkboots.com/home.html>



October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Dance Therapy Loleta	2	3	4
5	6	7	8	9	10 RCRC Field Days Willow Creek	11 Multiplicity Caregivers Group Loleta
12	13 <i>Indigenous Peoples Day RCRC is closed</i>	14 Play Group Lower Lake Multiplicity Caregivers Group Redway	15 Changing Tides Training, Zoom Client Advisory Committee Meeting, Zoom	16 Loleta Food Pantry Loleta Parent Support Group Lower Lake	17 TCIL Emergency Play Workshop Eureka Redwood Discovery Haunted House Eureka	18 Redwood Discovery Haunted House Eureka Pumpkin Fest Ukiah
19 Redwood Discovery Haunted House Eureka Pumpkin Fest Ukiah	20	21 Spanish Parent Group Lakeport RCRC Autism Caregiver Community Group, Lakeport	22 Changing Tides Parent Group, Zoom	23	24	25 Mendo Leap Neurodiversity Night Ukiah
26	27 Multiplicity Activity Night Ukiah	28 Play Group Lower Lake Mental Health First Aid Crescent City	29	30	31 <i>Halloween</i>	

For more information, see event fliers.

RCRC Newsletter

To include your event in our newsletter, contact rsocial@redwoodcoastrc.org





LOLETA COMMUNITY RESOURCE CENTER

Dance Therapy

October 1st, 8th, 15th, 22nd & 29th
Every Wednesday, 5:00-6:00pm

Loleta Community Resource Center, 700 Loleta Dr., Loleta
For more information, contact 707-733-5239.

RCRC FIELD DAYS

Service Coordinator open time

October 10th, 1:00-3:30pm

100 Country Club Dr., Willow Creek

For more information, contact Anna McClure
at 707-445-0893 ext. 359.

Will be canceled with inclement weather.

**Service Coordinator
Field Days**

**October 10th
1:00-3:30pm
Dream Quest
100 Country Club Dr.
Willow Creek**

Field Days include open time for drop-ins or last-minute appointments/house visits. Anna is in Willow Creek to support all clients of Redwood Coast Regional Center and can help with questions or connecting to services and your Service Coordinator.
For more info., contact:
Anna McClure at (707) 445-0893 ext. 359

Will be cancelled with inclement weather.

 **Redwood Coast Regional Center**
Respecting Choice in the Redwood Community

Redwood Caregiver Support Group

Saturday, October 11th

1:00PM – 2:30PM

Parents & caregivers are invited to this support group for a chance to meet other caregivers, connect with support professionals, and an ability to "step away" for a time while trained support staff provide a fun time for their loved ones in a safe & engaging environment.

We Will Be Offering:

**Bowling &
Arcade Games**



We Will Be Meeting At:

Bear River Family Entertainment Center
263 Keisner Rd., Loleta, CA 95521

Pizza and Drinks provided

Please Text or Call Kelly with Multiplicity Therapeutic Services with any questions!
Phone: (707) 498-0010
Email: kelly@multiplicityinc.com

MULTIPLICITY THERAPEUTIC SERVICES

Redwood Caregiver Support Group

October 11th, 1:00-2:30pm

Bear River Family Entertainment Center
263 Keisner Rd., Loleta

For more information, contact Kelly at 707-498-0010
or email kelly@multiplicityinc.com.

RCRC Newsletter

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SoHum Caregiver Group
 Multiplicity Therapeutic Services Inc. Meets Once Monthly

We invite you to join our monthly group. This group seeks to foster a community for Caregiver/Parent(s) of individuals with developmental disabilities to share information, personal stories, and resources in a safe and supportive environment while sharing a meal.

Activities & support provided:

Upcoming events:
 October 14th, 2025, 3:00-4:30pm
 November 18th, 2025, 3:00-4:30pm

<https://www.facebook.com/multiplicitytherapeuticservices>

KATHRYN (707) 616-3600 | IAN (540) 818-8164
 KATHRYN@MULTIPLICITYINC.COM | IAN@MULTIPLICITYINC.COM

Where: Southern Humboldt Family Resource Center

MULTIPLICITY THERAPEUTIC SERVICES

SoHum Caregivers Group

October 14th, 3:00-4:30pm

Southern Humboldt Family Resource Center

344 Humboldt Ave., Redway

For more information, contact Kathryn at 707-616-3600 or Ian at 540-818-8164.

LAKE FAMILY RESOURCE CENTER

Play Group

October 14th & 28th, 2nd and 4th Tuesday of the month,
 3:00-4:30pm

16170 Main St. Suite C & D, Lower Lake

For more information, contact 707-279-0563, ext 204.



Lake Family Resource Center

PLAY GROUP

2nd AND 4th TUESDAY OF EVERY MONTH
 3:00-4:30PM
 16170 MAIN ST SUITE C & D, LOWER LAKE, CA 95457
 WE WELCOME ALL LITTLE ONES (0-5 YEARS OLD)
 IMPORTANT: PARENTS OR GUARDIANS MUST ALWAYS ACCOMPANY THEIR CHILDREN.

Benefits for your child:

- Social Skills: let's be friends!
- Motor Skills: let's play catch!
- Cognitive development: let's be detectives and find all the fun toys!
- Emotional Connection: let's learn about our emotions and how to self-regulate!
- We have a calming corner!
- Physical Activity: jump, crawl, and get those wiggles out!
- Build Confidence!
- Allow them to let their creative minds flow!
- Come and enjoy fun activities, make new friends, and create lasting memories together! We look forward to seeing you and your little ones!

LAKE FRCY Family Empowerment Center at
 (707)279-0563 EXT: 204
 Located at 16170 Main Street, C & D, Lower Lake, CA 95457



Changing Tides Family Services
 Family Empowerment Center for Disabilities

UPCOMING Trainings

Whether you are about to begin the journey into Special Education or you are preparing for the future, we are here to help you break down the IEP process and make sure you feel more prepared for what to expect going forward.

THIRD WEDNESDAY OF EACH MONTH
 July & October: IEP Basics
 August & November: IEP Deeper Dive
 September & December:
 Communication Bridge - Teachers & Families

Two Time Slots Available - Se Habla Español

L 9:30-10:30 AM - ZOOM
L 6:00-7:00 PM - ZOOM

Learn about the IEP process and tools for success. Ask questions, talk with others, and share your experience.

Scan QR Code for FEC Padlet

Contact Us for More Information and ZOOM Links

Our Location
 2249 MYRTLE AVE - EUREKA, CA

Phone: (707) 444-8293 Email: FEC@changingtidesfs.org

CHANGING TIDES

Upcoming Training

October 15th, Every 3rd Wednesday, 9:30-10:30am
 and 6:00-7:00pm

Zoom

For more information, and Zoom link, contact 707-444-8293.

RCRC Newsletter

To include your event in our newsletter, contact rsocial@redwoodcoastrc.org



CLIENT ADVISORY COMMITTEE (CAC) Meetings

BROUGHT TO YOU BY
THE BOARD OF
DIRECTORS

What is CAC?
Self-advocates meet with Regional
Center directors to make
suggestions and lead real change.

WE WANT YOUR FEEDBACK

06:00PM-7:00PM
ON THE FOLLOWING WEDNESDAYS:
February 19, 2025
April 16, 2025
June 18, 2025
August 20, 2025
October 15, 2025

ZOOM
Meeting ID: 853 0866 5382
Passcode: 914500
or Dial -1 669 900 6833 (US)

CLIENT RUN
PUBLIC MEETING

YOUR VOICE
MATTERS

NOTHING ABOUT
US WITHOUT US

WHO CAN ATTEND? ANY ADULT WHO RECEIVES REGIONAL CENTER SERVICES AND WANTS A SAY!

CALL YOUR SERVICE
COORDINATOR FOR MORE
INFORMATION

Visit Our Website
WWW.REDWOODCOASTRC.ORG



RCRC CLIENT ADVISORY COMMITTEE

Virtual Public Meeting

October 15th, 6:00-7:00pm

Zoom • Meeting ID: 853 0866 5382 • Passcode: 914500

Dial by phone: 1 669 900 6833

For more information, contact Sedona Bowser, Executive
Assistant at sbowser@redwoodcoastrc.org or
707-445-0893 ext 363

LOLETA COMMUNITY RESOURCE CENTER

Loleta Food Pantry

October 16th, Every 3rd Thursday, 3:00-5:00pm

Loleta Community Church, 228 Church St., Loleta

For more information, contact 707-733-5239.

LOLETA COMMUNITY RESOURCE CENTER
(CENTRO DE RECURSOS COMUNITARIOS DE LOLETA)

**LOLETA FOOD
PANTRY
(DEPENSA DE
COMIDA)**

FOR MORE INFORMATION CALL
(PARA MAS INFORMACION, LLAME AL):
(707) 733 5239

ASK US ABOUT CALFRESH - MORE MONEY FOR YOUR FOOD BUDGET
PREGUNTANOS SOBRE CALFRESH - MAS DINERO PARA COMPRAR COMIDA

OPEN EVERY THIRD THURSDAY OF THE MONTH FROM:
(ABIERTO EL TERCER JUEVES DE CADA MES DESDE LAS):
3 PM - 5 PM
@ LOLETA COMMUNITY CHURCH, 228 CHURCH ST., LOLETA

Providence Food for People CalFresh

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.
En conformidad de la Ley Federal y política de el Departamento de Agricultura, esta institución está prohibida de discriminar en los bases de raza, color, origen nacional, sexo, edad, o discapacidad.

Lake Family Resource Center

PARENT TO PARENT SUPPORT GROUP

3rd THURSDAY OF EACH MONTH

at 10 A.M.

Where parents of children with disabilities can find
support, local resources and learn topics to help their
child thrive!

Register at: <https://forms.gle/UHm1cGkHvUTxbwFh8>

16170 MAIN ST., SUITE C&D

LOWER LAKE, CA, 95457

FOR MORE INFORMATION CONTACT: (707) 279-0563 EXT 204

PLEASE SCAN QR CODE TO SIGN UP!



LAKE FAMILY RESOURCE CENTER

Parent Support Group

October 16th, 3rd Thursday of the month, 10:00-11:00am

16170 Main St., Suite C & D, Lower Lake

Register at: <https://forms.gle/UHm1cGkHvUTxbwFh8>

For more information, contact 707-279-0563, ext. 204.

RCRC Newsletter

To include your event in our newsletter, contact rsocial@redwoodcoastrc.org





TRI-COUNTY INDEPENDENT LIVING Emergency Plan Workshop



We are proud to announce that TRI-COUNTY INDEPENDENT LIVING will be offering an emergency plan workshop for all TCIL clients and interested community members that would like to learn how to create and implement an Emergency Plan for themselves and/or their families. You will also receive an Emergency Go Backpack at the end of the workshop to take home as a starting point for an emergency kit. This workshop will be held on the 3rd Friday of every other month. Light refreshments will be provided.

RSVP: By calling Tara Grosword - 707-498-0977 or 707-445-8404
**Space is limited to 5 participants per each workshop.

Location: Tri-County Independent Living
139 5th St. Eureka, Ca 95501

Rural Human Services
288 M St. Suite A, Crescent City, Ca 95531

Dates: Every 3rd Friday of every other month (see workshop dates below)

Times: 1:00pm - 2:30pm

TRI-COUNTY INDEPENDENT LIVING

Emergency Plan Workshop

October 17th, 1:00-2:30pm

Tri-County Independent Living, 139 5th St., Eureka

Please RSVP Tara Grosword at 707-498-0977 or 707-445-8404 ext. 715.

REDWOOD DISCOVERY MUSEUM Haunted Museum

October 17th, 18th & 19th, 12:00-4:00pm

(October 17th for RCRC clients only)

612 G St., Suite 102, Eureka

For more information contact director@discovery-museum.org



DOWNTOWN UKIAH Punpkin Fest

October 18th 10:00am-6:00pm & 19th, 10:00am-4:00pm

Downtown, Ukiah

For more information contact 707-463-6231 or visit www.cityofukiah.com/pumpkinfest

RCRC Newsletter

To include your event in our newsletter, contact rsocial@redwoodcoastrc.org



 **ASISTA, APRENDA Y COMPARTA!** *El Centro Regional Redwood Coast*

El grupo de apoyo en español para padres de niños con discapacidades de desarrollo los invita a su reunión mensual cada tercer martes del mes a las 10:00 AM.

Asistencia en persona	Redwood Coast Regional Center 180 3rd St. Lakeport, CA 95453
Si tiene preguntas llámenos, envíenos un mensaje, o mandenos un Whatsapp	(707)234-5415

¡SU PARTICIPACIÓN ES MUY IMPORTANTE!

RCRC SPANISH PARENT GROUP

Attend, Learn, Share!

October 21st, 3rd Tuesday of each month, 10:00am

RCRC office, 180 3rd St., Lakeport

For more information, contact 707-234-5415.

(This event is in Spanish)

REDWOOD COAST REGIONAL CENTER

Autism Caregiver Community Group - Tips & Tricks for the Holiday Season

October 21st

RCRC office, 180 3rd St., Lakeport or

Zoom - Meeting ID:942 1219 5009, Passcode: 115425

For more information, contact Tierra at 707-462-3832 ext. 212

 **Autism Caregiver Community Group**

Tuesday, September 20, 2023 6p - 7p	IEP and Parent Rights	Redwood Coast Regional Center 180 Airport Park Blvd. Lakeport, CA 95457
It's the start of the school year and we're sure that you have questions. Join us at the RCRC Ukiah Office to review the IEP process and Parents' Rights in California Special Education.		
Tuesday, October 24, 2023 6p - 7p	Tips and Tricks for the Holiday Season	Redwood Coast Regional Center 180 Airport Park Blvd. Lakeport, CA 95457
The holiday season is approaching fast! Join us at the Lakeport Office to discuss tips and tricks to help your learner adjust to environmental and routine changes during this magical time of the year.		
Tuesday, November 6, 2023 6p - 7p	Caregiver Stress and Self-Care	Redwood Coast Regional Center 180 Airport Park Blvd. Lakeport, CA 95457
What do you do to relax? Join us at the RCRC Ukiah Office to discuss caregiver stress and self-care ideas!		



Can't attend in-person? No worries! Scan this QR Code to join any of the above sessions online!

You can also join any of the meetings on Zoom with the following information:
Meeting ID: 942 1219 5009
Passcode: 115425

All Caregiver Community Group Sessions will be in English. There will be a Spanish interpreter during sessions.

 **FAMILY EMPOWERMENT CENTER FOR DISABILITIES**

Parent/Caregiver SUPPORT Group

4TH WEDNESDAY OF EACH MONTH

A community where parents/caregivers can share experiences, seek advice, and offer support to one another to continue to learn, develop and grow together

TWO TIME SLOTS

JULY THROUGH DECEMBER 2025
9:30 AM to 10:30 AM ~ Zoom
6:00 PM to 7:00 PM ~ Zoom

For More Information and to RSVP:
Call Us at (707) 444-8293
Email Us at: FEC@changingtidesfs.org
Scan the QR Code for our FEC Padlet:




CHANGING TIDES

Parent/Caregiver Support Group

October 22nd, Every 4th Wednesday,
9:30-10:30am and 6:00-7:00pm

Zoom

For more information, and Zoom link, contact 707-444-8293.

RCRC Newsletter

To include your event in our newsletter, contact rsocial@redwoodcoastrc.org





MENDO LEAP
PRESENTS

NEURODIVERSITY NIGHT!

JOIN US FOR AN EVENING OF ADVOCACY, CONNECTION AND PLAY!

The last Saturday of every month
Play scripttime between 5:00-7:00

- ✓ Meet n' Greet With Local Experts & Advocates
- ✓ All included in general admission (\$15) (scholarships available)
- ✓ RCRC Families Play for FREE!
- ✓ Pizza (while supplies last) Sponsored by Slam Dunk Pizza!

2146 S. State St. Ukiah | www.mendoleap.com

MENDO LEAP

Neurodiversity Night!

October 25th, Last Saturday of the month, 5:00-7:00pm

2146 S. State St., Ukiah

RCRC families play for FREE!

For more information, visit www.mendoleap.com

MULTIPLICITY THERAPEUTIC SERVICES

Activity Night!

October 27th, 5:30-7pm

Slam Dunk Pizza, 720 N State St., Ukiah

Please RSVP by 10/24/25 at 707-494-8511 or schedule@multiplicityinc.com with number of adults and children.



Multiplicity Therapeutic Services
Ukiah Parent, Caregiver, and Family Event
Monday, October 27th, 2025

Please join our monthly event! This month event is being held at the **Slam Dunk Pizza!**

Parent, Caregiver and Family Event
Join us for Pizza and arcade games!
*Free arcade games for the kiddos.
*Enjoy a variety of fun activities such as:
- Sensory bean bin, crafts, balloons, coloring, magnet shapes, and games!
- ABA training and handout

WHEN: Monday, October 27th from 5:30-7 pm, Multiplicity Therapeutic Services will provide pizza, drinks, game cards for the kids, supporting various peer engagement activities, and caregiver training.
WHERE: Slam Dunk Pizza, 720 N State St, Ukiah
RSVP: RSVP is required by 10/24/25. Limited availability.
Text or Call (707) 494-8511
Email: schedule@multiplicityinc.com
RSVP with the total number of adults and children.



Mental Health FIRST AID
The NATIONAL COURSE FOR MENTAL WELLBEING

ADULT MENTAL HEALTH FIRST AID

WHO NEEDS TO KNOW MENTAL HEALTH FIRST AID?

- Employers
- Police officers
- Hospital staff
- First responders
- Caring individuals

WHY MENTAL HEALTH FIRST AID?
Mental Health First Aid (MHFA) teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adults.

On average, 130 people die by suicide every day. <small>Source: American Foundation for Suicide Prevention</small>	From 1998 to 2018, 841,000 people died from drug overdoses. <small>Source: Centers for Disease Control and Prevention</small>	Nearly 1 IN 5 in the U.S. lives with a mental illness. <small>Source: National Institute of Mental Health</small>
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Source: American Foundation for Suicide Prevention (AFSP). Suicide statistics. <https://afsp.org/about-us/center-for-suicide-prevention/>. Centers for Disease Control and Prevention (CDC). Drug overdose deaths. <https://www.cdc.gov/governanceandoversight/newsroom/press-releases/2019/s092419-drug-overdose-deaths.html>. National Institute of Mental Health (NIMH). 1 in 5. Mental illness. <http://www.nimh.nih.gov/health/topics/mental-illness.shtml>

REGISTER TODAY!

Delivery Format:
One Day Long In-Person Class with Instructions from Coastal Connections

Date and Time:
Please find our upcoming classes at the registration link below.

Location:
Location will be provided to registrants via email.

Where to Register:
Use the QR code or follow this link (case sensitive):
bit.ly/DNCO_AMHFA

Questions?
Contact Zoey Knowlton
zknowlton@co.del-norte.ca.us
(707) 464-3060

The course will teach you how to apply the MHFA Action Plan (ALGEE):

- Assess for risk of suicide or harm.
- Listen nonjudgmentally.
- Give reassurance and information.
- Encourage appropriate professional help.
- Encourage self-help and other support strategies.

MENTAL HEALTH FIRST AID

Activity Night!

October 28th, 8:00am-5:00pm

880 Northcrest Dr., Crescent City

Register at bit.ly/DNCO_AMHFA

For more information, contact Zoey Knowlton at 707-464-3060 or zknowlton@co.del-norte.ca.us

RCRC Newsletter

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FREE **ENGLISH EXPRESS** 

707-443-5021  English Express Empowered englishexpressempowered.com

**FALL 2025
SEPTEMBER 2 –
DECEMBER 11**

ENGLISH LANGUAGE CLASSES
Beginning to Intermediate

ONLINE

Tuesdays and Thursdays
6:00 - 7:00 pm
Zoom ID 707-443-5021
Password 464816

IN PERSON

EUREKA
Wednesdays 6:00 - 7:15 pm
Jefferson Community Center
Room 2, 1000 B Street

FORTUNA
Thursdays 11:00 am - 12:00 pm
St. Francis Episcopal Church
Community Hall
568 16th Street

RIQ DELL
Saturdays 11:30 am - 12:30 pm
Rio Dell Community Resource Center
406 Wildwood Drive

CITIZENSHIP CLASSES

**PREPARE FOR
NATURALIZATION EXAM**

EUREKA
Mondays 6:00 - 7:30 pm
Jefferson Community Center
Room 2, 1000 B Street

FORTUNA
Tuesdays 6:00 - 7:00 pm
St. Francis Episcopal Church
Ferguson House, 568 16th Street



ENGLISH EXPRESS

Free English Language & Citizenship Classes

Fall September-December

Humboldt County

For more information, contact 707-443-5021, or visit
<https://englishexpressempowered.com/about/>

SCDD NATIONAL CORE INDICATORS

Family Surveys

To participate in the survey, email QAProject@SCDD.ca.gov

For more information, email NCIHelp@dds.ca.gov

**Let your voice
be heard!**



**FAMILY
SURVEYS**
NATIONAL CORE INDICATORS (NCI)

Let your regional center and the Department of Developmental Services (DDS) know what you think about your services!

Surveys are confidential, and evaluate the services and supports you and your family member receive through your regional center and service providers.

Surveys are mailed directly to you from the State Council on Developmental Disabilities (SCDD). You may fill it out on paper, or online with the code in your letter.

Email QAProject@SCDD.ca.gov to participate in the survey.
Email NCIHelp@dds.ca.gov for general questions about NCI.

  

REAL INPUT.

REAL IMPACT.



Help shape the future of services and support for people with intellectual and/or developmental disabilities (I/DD) in California.

The California State Council on Developmental Disabilities (SCDD) is updating its five-year plan — and we want **input** from all Californians.

Take the survey:



<https://bit.ly/3JgTkgd>

Get Involved:

- ▶ Let us know what matters most to you, your family, and community
- ▶ Your **input** will shape SCDD's **impact** and priorities over the next five years

Deadline: October 15, 2025

For more information: <https://scdd.ca.gov/stateplandevelopment/>

CALIFORNIA STATE COUNCIL ON DEVELOPMENTAL DISABILITIES

5 Year Plan Input Survey

Deadline: October 15th 2025

For more information, visit <https://scdd.ca.gov/stateplandevelopment/>

RCRC Newsletter

To include your event in our newsletter, contact rsocial@redwoodcoastrc.org





SCDD and DDS Statewide Self-Determination Orientation

**Want to learn more?
Contact your Service
Coordinator at RCRC or a
Participant Choice Manager.**

**Participant Choice
Managers**

**Humboldt & Del Norte
Counties:**

Alex Ostell
(707) 445-0893, ext. 317
aostell@redwoodcoastrc.org

**Mendocino & Lake
Counties:**

Sheila Keys
(707) 462-3832, ext. 254
SKeys@redwoodcoastrc.org



STATEWIDE SELF-DETERMINATION ORIENTATION



Join Us to Learn...

- What is SDP*
- How SDP Works
- The Principles of SDP
- Steps to Enroll in SDP
- Key Roles in SDP
- Your Next Steps

* Self-Determination Program

For more Information and Registration

Click the link below:

<https://scdd.ca.gov/sdp-orientation>



POLI



KATIE



KION

...Are Self-Determined!

**Learn if the Self-Determination Program is
Right for You!**

A CERTIFICATE OF COMPLETION WILL BE PROVIDED.
AN SDP ORIENTATION IS REQUIRED TO ENROLL IN SDP.





LOCAL & REGIONAL RESOURCES

Find these and many more on our website at:

<https://redwoodcoastrc.org/resources-hub/local-resources/>



Redwood Coast Regional Center believes that access to information, supports, and learning is necessary for all people to achieve their life goals.

RCRC Newsletter

To include your event in our newsletter, contact rsocial@redwoodcoastrc.org





Contact Us

Learn more about our services and programs.

Redwood Coast Regional Center Offices

CONTACT YOUR NEAREST OFFICE FOR ASSISTANCE

Ukiah Office | Corporate Office

1116 Airport Park Blvd.

Ukiah, CA 95482

Phone: (707) 462-3832

Fax: (707) 462-3314

Mendocino County

Lakeport Office

180 3rd Street

Lakeport, CA 95453

Phone: (707) 262-0470

Fax: (707) 264-6537

Lake County

Eureka Office

525 2nd Street, Suite 300

Eureka, CA 95501

Phone: (707) 445-0893

Fax: (707) 444-3409

Humboldt County

(New office coming soon!)

Fort Bragg Office

270 Chestnut Street, Suite A

Fort Bragg, CA 95437

Phone: (707) 964-6387

Fax: (707) 964-0226

Mendocino County

Clearlake Office

14888 Olympic Dr.

Clearlake, CA 95422

Phone: (707) 621-6169

Fax: (707) 264-6537

Lake County

Crescent City Office

1301-A Northcrest Drive

Crescent City, CA 95531

Phone: (707) 464-7488

Fax: (707) 465-4230

Del Norte County

Visit us online

WWW.REDWOODCOASTRC.ORG

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Redwood Coast Regional Center

Respecting Choice in the Redwood Community

RCRC Newsletter

To include your event in our newsletter, contact rsocial@redwoodcoastrc.org

