

Humboldt Community Resource List

April 2024 (16th edition)



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- DHHS does not endorse listed services and cannot guarantee accuracy.
- Semi-annual updates issued April and October. Send corrections and updates to HCRL@co.humboldt.ca.us
- The North Coast Resource Hub, a detailed tool for service providers working with clients with complex needs, is available at <http://resourcehub.nchiin.org/>
- **The newest edition of the Humboldt Community Resource List is always available at <https://humboldt.gov/DocumentCenter/View/54880/>**

Category	Name	Phone Number	Address	Website	Description
Community Info and Referral	2-1-1 Humboldt	2-1-1, 707-441-1001, 877-460-6000	PO Box 6683, Eureka, CA 95502	https://211humboldt.org/	Comprehensive database of information on resources available in Humboldt County. Call the help line from any phone in Humboldt County to talk to a real person: A caring, highly-skilled call center specialist who will link you to the right telephone numbers for real help. It's free, it's easy and it's confidential.
Community Info and Referral	Affordable Homeless Housing Alternatives (AHHA)	707-298-1466	PO Box 3794 Eureka, CA 95502	www.ahha-humco.org	AHHA provides education, advocacy, direct services and policy development for affordable housing alternatives with those experiencing homelessness in Humboldt County. AHHA facilitates implementation of community-centered alternative housing models and direct services operations with community groups.
Community Info and Referral	Arcata Family Resource Center (HNFRC Member)	707-826-1002	2400 Baldwin St., Arcata, CA 95521	https://www.arcata-school-district.org/apps/pages/index.jsp?uREC_ID=1252301&type=d&pREC_ID=1357631	Services offered through the Humboldt Network of Family Resource Centers (HNFRC) include: Food programs, clothing closets, hygiene supplies, laundry voucher programs, student and family support, lice kits, free computer/internet/fax/phone, bilingual services, job support and community events and activities.
Community Info and Referral	Area 1 Agency on Aging Senior Information & Assistance	707-442-3763 ext. 301	333 J St., Eureka, CA 95501	https://a1aa.org	Helps seniors find community resources and publishes the Senior Information Guide, a categorized phone and internet directory of programs and services relating to seniors.
Community Info and Referral	Behavioral Health Resources	--	--	https://humboldt.gov.org/3373	Comprehensive list of behavioral health resources.

Category	Name	Phone Number	Address	Website	Description
Community Info and Referral	Betty Kwan Chinn Day Center	707-407-3833	133 Seventh St., Eureka, CA 95501	https://bettychinn.org/betty-kwan-chinn-day-center	Open Monday through Friday from 8 a.m. to 4:30 p.m. Phone calls received until 4 p.m. Day Center services include case management, bilingual assistance, access to legal library, employment and housing opportunities, use of the computer lab, phone and mail services. Clothing and hygiene products are available on a limited basis.
Community Info and Referral	Blue Lake Community Resource Center (HNFRC Member)	707-668-5239	111 Greenwood Ave., Blue Lake, CA 95525	https://providence.org/locations/norcal/st-joseph-hospital-eureka/community-support/community-resource-centers	One of five Community Resource Centers (CRCs) operated by Providence, Redwood Memorial Hospital. Coordinates local programs and provides community information and referrals. Also a member of the HNFRC.
Community Info and Referral	Bridgeville Community Center (HNFRC Member)	707-777-1775	38717 Kneeland Road, Bridgeville, CA 95526	https://bridgevillecommunitycenter.org/	Provides a variety of community services including a monthly newsletter, clothing closet, shower, job search and resume assistance, washer and dryer, senior programs, food pantry, family support, computer access, annual Bridgefest event and more.
Community Info and Referral	Carlotta Healthy Start Community Center (HNFRC Member)	707-768-3372	300 Wilder Road, Carlotta, CA 95528	https://www.hnfr.org/	Services offered through the HNFRC include: Food programs, health services, diaper/wipes, student and family support, counseling for substance use disorder, clothing closets, tutoring, lice checks, play groups, free computer/internet/fax, community events and activities and job support.
Community Info and Referral	Community Disability Resource Guide (Tri-County Independent Living)	--	--	http://www.tilinet.org/wp-content/uploads/Resource-Guide.pdf	A comprehensive guide developed to help people with disabilities and their service providers find needed services.

Category	Name	Phone Number	Address	Website	Description
Community Info and Referral	Eureka Community Resource Center	707-442-5239	35 W Third St., Eureka, CA 95501	https://www.providence.org/locations/norcal/st-joseph-hospital-eureka/community-support/community-resource-centers	One of five CRCs operated by Providence, Redwood Memorial Hospital. Coordinates local programs and provides community information and referrals.
Community Info and Referral	Fortuna Adventist Community Services	707-725-1166	2331 Rohnerville Road, Fortuna, CA 95540	http://fortunaacs.com/	Serving the Eel River Valley, provides info on community resources and operates a thrift store, clothing closet and food pantry. Bilingual staff available 9:30 to 11:30 a.m.
Community Info and Referral	Fortuna Family Resource Center (HNFRC Member)	707-834-3646	2089 Newburg Road, Fortuna, CA 95540	https://fortunaesd.com/page/family-resource-center	Bilingual services including application assistance for public benefits, housing navigation, connection to health care and counseling, educational supports, clothing and hygiene products, connection to food assistance, job search and application support, referral to immigration and legal services, other referrals for resources in Fortuna and Humboldt County.
Community Info and Referral	Gene Lucas Community Center	707-725-3300	3000 Newburg Road, Fortuna, CA 95540	https://glccenter.org/	Provides a healthy and supportive environment that promotes interaction, understanding and respect between generations through a variety of activities, classes, programs and services. Offers conversational Spanish classes.
Community Info and Referral	Humboldt County Resources (Partnership)	--	--	https://partnershiphp.org/Community/Pages/Humboldt-County-Resources.aspx	Partnership HealthPlan of California has an online resource guide. Information is categorized so it is easily printable for clients, customers, patients and community members.

Category	Name	Phone Number	Address	Website	Description
Community Info and Referral	Hupa Family Resource Center (HNFRC Member)	530-625-4571	119 Hostler Field, Hoopa, CA 95546	https://www.hnfrc.org/	Provides supplemental food assistance, hygiene support, clothing closet, monthly food box day, notary services, diapers and wipes, gas voucher assistance, HiSet testing fee assistance, food preservation classes, healthy eating outreach, free computer/internet/phone/fax/iPad loan program, application assistance, CalFresh outreach, NAFFA curriculum; Addressing Family Violence and Abuse, Linking Generations by Strengthening Relationships, Fatherhood is Sacred & Motherhood is Sacred classes, community events and activities.
Community Info and Referral	Jefferson Community Center (HNFRC Member)	707-497-6280	1000 B St., Eureka, CA 95501	https://Jefferson-project.org	Part of Eureka’s Westside Community Improvement Association; offers extensive, diverse community services and recreational opportunities. Also a member of the HNFRC.
Community Info and Referral	Loleta Community Resource Center (HNFRC Member)	707-733-5239	Loleta Elementary School, 700 Loleta Drive, Loleta, CA 95551	https://providence.org/locations/norcal/st-joseph-hospital-eureka/community-support/community-resource-centers	One of five CRCs operated by Providence, Redwood Memorial Hospital. Coordinates local programs and provides community information and referrals. Bilingual coordinator. Also a member of the HNFRC.
Community Info and Referral	Manila Community Resource Center (HNFRC Member)	707-444-9771	1611 Peninsula Drive, Manila, CA 95521	https://manilacrc.org/	Services offered through the HNFRC include: Food programs, student and family support, job seeker resources, play groups, counseling, dental and medical referrals, fax/internet, connection to CalWORKs and CalFresh, community events and meeting space.

Category	Name	Phone Number	Address	Website	Description
Community Info and Referral	Marshall Family Resource Centers (HNFRC Member)	707-441-2404	2100 J St., Eureka, CA 95501	https://www.eurekacityschools.org/for_parents/marshall_f_r_c	Services offered through the HNFRC include: Food programs, clothing closets, hygiene supplies, laundry voucher program, student and family support, parenting classes, lice kits, free computer/internet/fax/phone, job support and community events and activities.
Community Info and Referral	Mattole Valley Resource Center (HNFRC Member)	707-629-3348	167 Sherman St., Petrolia, CA 95558	https://www.mattolevalleyresourcecenter.org/	Services offered through the HNFRC include: Food programs, student and family support, medical and counseling referrals, play groups, free computer/internet/fax, CalFresh signups and community events and activities.
Community Info and Referral	McKinleyville Family Resource Center (HNFRC Member)	707-840-0905	1615 Heartwood Drive, McKinleyville, CA 95519	https://mckfrc.org/	Services offered through the HNFRC include: Food programs, onsite connection to CalFresh, Medi-Cal, WIC, and CalWORKs, referrals to health services, student and family support, counseling referrals, clothing referrals, play groups, community events and activities and job support.
Community Info and Referral	Mobile Outreach, HOME Program, DHHS	707-296-5145	--	https://humboldt.gov.org	Mobile unit that travels to outlying areas of Humboldt County. Provides assistance with CalFresh, Medi-Cal and helps connect people to other services provided by Humboldt County DHHS.
Community Info and Referral	North Coast Association of Mental Health Providers (NCAMHP)	707-441-3832	PO Box 5363, Eureka, CA 95502	https://ncamhp.org/	NCAMHP is a nonprofit, multidisciplinary organization consisting of psychologists, psychiatrists, marriage and family therapists, licensed clinical social workers, licensed educational psychologists, and registered interns. Their goal is to provide the highest standard of care for patients of mental health services.

Category	Name	Phone Number	Address	Website	Description
Community Info and Referral	Pine Hill/South Bay Family Resource Center (HNFRC Member)	707-445-5933	5230 Vance Ave., Eureka, CA 95503 and 6077 Loma Ave., Room 17, Eureka, CA 95503	https://www.southbayusd.org/	Services offered through the HNFRC include: Food programs, health services, student and family support, diapers, counseling referrals, play groups, free computer/internet/fax usage, community events and activities, housing search, and CalFresh sign ups.
Community Info and Referral	Queer Humboldt Extensive Resource List	707-502-2890	PO Box 45, Arcata, CA 95518	https://www.queerhumboldt.org	View resources maintained by Queer Humboldt. Community service groups, open and affirming churches and spiritual organizations, youth, homelessness, crisis, social groups, mental wellness, health wellness, legal resources, wedding resources and more.
Community Info and Referral	Rio Dell Community Resource Center (HNFRC Member)	707-764-5239	406 Wildwood Ave., Rio Dell, CA 95562	https://providence.org/locations/norcal/st-joseph-hospital-eureka/community-support/community-resource-centers	One of five CRCs operated by Providence, Redwood Memorial Hospital. Coordinates local programs and provides community information and referrals. Also a member of the HNFRC.
Community Info and Referral	Southern Humboldt Family Resource Center (HNFRC Member)	707-923-1147	344 Humboldt Ave., Redway, CA 95560	https://facebook.com/pages/Family-Resource-Center-Southern-Humboldt/124716694350164?rf=162340227123806	Services offered through the HNFRC include: Student and family support, counseling referrals for mental health services, grief and substance use disorders, CalFresh/CalWORKs application support, Weekend Food Program for children, clothing closet, hygiene supplies, play groups, free computer/internet/fax, community events and supportive activities.

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Community Info and Referral	The Annex, Arcata House Partnership	707-633-6236	501 Ninth St., Arcata, CA 95521	http://www.arcataho.us	Connection and referral to resources available in Humboldt County, food programs, health services, substance use support, clothing and hygiene products, showers on a limited basis, housing navigation services, application assistance to entitlement benefits, job search and application assistance and other services.
Community Info and Referral	Tri-County Independent Living - General Resources	--	--	https://tilinet.org/resources/general/	Compilation of various resources in Humboldt County.
Community Info and Referral	Urgent Needs Document	--	--	https://humboldt.gov/DocumentCenter/View/121948	Comprehensive list of resources available to meet urgent needs.
Community Info and Referral	Willow Creek Community Resource Center (HNFRC Member)	530-629-3141	38883 Highway 299, Willow Creek, CA 95573	https://providence.org/locations/norcal/st-joseph-hospital-eureka/community-support/community-resource-centers	One of five CRCs operated by Providence, Redwood Memorial Hospital. Coordinates local programs and provides community information and referrals. Also a member of the HNFRC.
Abuse (Adult/Children)	Adult Protective Services (APS), DHHS Adult Services	707-476-2100, After hours and toll free: 866-527-8614	808 E St., Eureka, CA 95501	http://humboldt.gov.org/499/Adult-Protective-Services	APS provides protective services to elders (60 and older) and dependent adults (18-59) who are unable to protect their own interests or care for themselves.
Abuse (Adult/Children)	Child Abuse Prevention Coordinating Council	--	PO Box 854, Eureka, CA 95502	http://www.capcchumboldt.org	Provides training, public awareness and support regarding child abuse prevention, intervention and treatment efforts.

Category	Name	Phone Number	Address	Website	Description
Abuse (Adult/Children)	Child Protection Reporting Guide (CPRG)	--	--	https://cprg.app.evidentchange.net/humboldt/	The Child Protection Reporting Guide is intended to assist reporters who are concerned about possible abuse or neglect of a child and who must decide whether to report their concerns to Child Welfare Services (CWS), Humboldt County Sheriff's Office (HCSO), or any other law enforcement agency.
Abuse (Adult/Children)	Child Welfare Services (CWS) Administration, DHHS	707-388-6600	2440 Sixth St., Eureka, CA 95501	http://humboldt.gov.org/497/Child-Welfare-Services	CWS includes emergency response services, family maintenance services (including for Juvenile Court dependents and children who are at risk of neglect or abuse), family reunification services, permanency planning, supportive transition services and adoption services. The 24-hour hotline phone number is 707-445-6180.
Abuse (Adult/Children)	Child Welfare Services (CWS) Hotline, DHHS	707-445-6180	2440 Sixth St., Eureka, CA 95501	http://humboldt.gov.org/497/Child-Welfare-Services	Emergency Response workers investigate reports of child maltreatment. Protection of the child is the main goal, and maintaining the family unit is emphasized whenever possible. Emergency response services are available 24 hours a day, seven days a week.
Abuse (Adult/Children)	Child Welfare Services (CWS) Ombudsperson (DHHS)	707-388-6777	2430 Sixth St., Eureka, CA 95501	https://humboldt.gov.org/2360/CWS-Office-of-the-Ombudsperson	DHHS-CWS Office of the Ombudsperson provides the following services: Independent review of concerns or complaints; information, consultation and facilitation and assistance with problem resolution.
Abuse (Adult/Children)	Court Appointed Special Advocate (CASA) of Humboldt	707-443-3197	2356 Myrtle Ave., Eureka, CA 95501	http://www.humboldtcasa.org/	A CASA speaks for children in court because all children have a right to live in a safe, healthy and secure environment. Trained volunteers advocate for abused children in court, assuring that they are placed in safe, nurturing homes.

Category	Name	Phone Number	Address	Website	Description
Abuse (Adult/Children)	Long-Term Care Ombudsman Program, Area 1 Agency on Aging	707-269-1330	333 J St., Eureka, CA 95501	http://www.a1aa.org/programs-and-services/ombudsman	The Long-Term Care Ombudsman Program advocates for the rights of residents of skilled nursing and residential care facilities.
Abuse (Adult/Children)	North Coast Rape Crisis Team	Humboldt Hotline: 707-445-2881, Del Norte Hotline: 707-465-2851	PO Box 1011, Eureka, CA 95502	https://ncrct.org	Serves survivors of all ages and genders who have experienced sexual abuse and the non-offending people who care about them. 24-hour crisis line, in-person counseling, support group, advocacy, accompaniment, information and referrals, prevention education.
Adoption Services	Adoption Services Bureau, State Department of Social Services	707-826-9180	749 F St., Arcata, CA 95521	http://www.cdss.ca.gov/Benefits-Services/Adoption-Services/Adoptions/Adoption-Field-Offices/Arcata-Adoption-Office	For parents who relinquish a child to an adoption agency for placement, who place a child directly, or who wish to adopt. Information available about licensed public and private adoption agencies.
Adoption Services	EA Foster Family Agency	707-443-7370	612 G St., # 104 Eureka, CA 95501	http://www.ea.org/	Provides nurturing homes with love to match with foster children. Social workers visit the kids and their foster parents weekly. Operates several six-bed group homes and a 30-bed group home, as well as offering transitional rental housing for youth 18-24 who have aged out of foster care.
Adoption Services	Leaf	530-643-6383	1080 Mason Mall Suite 6D, Crescent City, CA 95531	https://theleafcompany.com/	Their mission is to reduce the stress on the adoptive parents teaching them how to be therapeutically available to their children, engaging the entire family unit in the healing process.

Category	Name	Phone Number	Address	Website	Description
Advocacy & Legal Services	Angeles Gonzalez, Immigration Consultant	707 255-8666	2180 Jefferson St., Suite 103, Napa, CA 94559	--	Helping immigrants re-unite with loved ones through various visa processes, up to and including residency and citizenship; based in Napa, office serves the immigrant community throughout the state. Angeles is not an attorney; she is a consultant, with a bond on file at the CA Secretary of State.
Advocacy & Legal Services	Blue Lake Tribal Court, Blue Lake Rancheria Tribe	707-668-5101	PO Box 426, Blue Lake, CA 95525	https://www.bluelakerancheria-nsn.gov/about/tribal-court/	Has jurisdiction over civil and criminal matters arising within the tribe’s reservation as expressly provided in tribal ordinances.
Advocacy & Legal Services	California Indian Legal Services	707-443-8397	2355 Central Ave., Suite C, McKinleyville, CA 95519	http://www.calindian.org/	Legal services to protect/advance Indian rights, foster self-determination and facilitate tribal nation-building.
Advocacy & Legal Services	Catholic Charities, Immigration and Citizenship Services	707-528-8712	987 Airway Court, Santa Rosa, CA 95403	https://www.srcharities.org/immigration	Citizenship classes, refugee resettlement, DACA, preparing documents for visa petitions, adjustments of status, affidavits of support, consular processing documents and work authorizations. Most immigration legal services are provided for free, however, Catholic Charities does not cover the USCIS fees-- applicants must cover, unless they qualify for a USCIS fee waiver.
Advocacy & Legal Services	Child Welfare Services (CWS) Ombudsperson (DHHS)	707-388-6777	2430 Sixth St., Eureka, CA 95501	https://humboldt.gov.org/2360/CWS-Office-of-the-Ombudsperson	DHHS-CWS Office of the Ombudsperson provides the following services: Independent review of concerns or complaints; information, consultation and facilitation and assistance with problem resolution.

Category	Name	Phone Number	Address	Website	Description
Advocacy & Legal Services	Community Corrections Resource Center	707-267-9320	404 H St., Eureka, CA 95501	http://www.humboldt.gov.org/1413/Community-Corrections-Resource-Center	An interagency collaborative program providing correctional supervision, substance use and mental health assessment and treatment, vocational services and linkages to community-based services to those on probation. Mondays through Fridays, 8 a.m. to noon, 1 to 4:30 p.m.
Advocacy & Legal Services	Court Appointed Special Advocates (CASA)	707-443-3197	2356 Myrtle Ave., Eureka, CA 95501	http://www.humboldtcasa.org/	A CASA speaks for children in court because all children have a right to live in a safe, healthy and secure environment. Trained volunteers advocate for abused children in court, assuring that they are placed in safe, nurturing homes.
Advocacy & Legal Services	Family Law Self-Help Center	707-445-7256 x 1750	825 Fifth St., Room 310, Eureka, CA 95501	https://humboldt.courts.ca.gov/self-help/family-law	Provides help with both family and civil law. Services are available to all parties that represent themselves regardless of income. Self-Help Center staff can provide you with information about your legal rights and obligations.
Advocacy & Legal Services	Helen Zane, Disability Lawyer	707-822-1611	350 E St. #508, Eureka, CA 95501	https://eukasocialsecuritylawyer.com/	Social Security and SSI lawyer. Apply for Social Security Disability benefits first and wait for decision. If denied, contact a disability lawyer.
Advocacy & Legal Services	Hoopa Valley Tribal Court, Hoopa Tribe	530-625-4305	PO Box 1389 Hoopa, CA 95546	https://hoopansn.gov/the-tribal-government/hoopa-valley-tribal-court	The court hears cases involving family law, child abuse and neglect, evictions, domestic violence, restraining orders, juvenile delinquency, juvenile wellness court, traffic citations and civil complaints for monetary damages. The Hoopa Justice Center is located at 12530 State Highway 96, Hoopa.
Advocacy & Legal Services	Humboldt County District Attorney	707-445-7411	825 Fifth St., Eureka, CA 95501	http://www.humboldt.gov.org/289/district-attorney	Prosecutes crimes occurring within the boundaries of Humboldt County, supplies legal and technical assistance to police agencies and serves as legal advisor to the Grand Jury.

Category	Name	Phone Number	Address	Website	Description
Advocacy & Legal Services	Humboldt County Probation Department	707-445-7401	2002 Harrison Ave., Eureka, CA 95501	http://www.co.humboldt.ca.us/prob/	As an agent of the Court Probation reduces the impact of crime in the community through investigation, prevention, supervision, collaboration, detention, and victim restitution.
Advocacy & Legal Services	Karuk Judicial System, Karuk Tribe	530-841-3143	PO Box 629, Yreka, CA 96097	http://www.karuk.us/index.php/departments/judicial-system	The mission of the Karuk Judicial System is to restore and preserve traditional methods of resolving disputes between and among tribal citizens to provide equality, justice, safety and security for all tribal citizens and to all people within the Karuk Tribe Jurisdiction.
Advocacy & Legal Services	Legal Services of Northern California (LSNC)	707-445-0866	123 Third St., Eureka, CA 95501	https://lsnc.net/office/eureka	The mission of LSNC is to provide quality legal services to empower the poor to identify and defeat the causes and effects of poverty within their community efficiently utilizing all available resources.
Advocacy & Legal Services	Long-Term Care Ombudsman Program, Area 1 Agency on Aging	707-269-1330	333 J St., Eureka, CA 95501	https://a1aa.org/	The Long-Term Care Ombudsman Program advocates for the rights of residents of skilled nursing and residential care facilities.
Advocacy & Legal Services	National Association for the Advancement of Colored People (NAACP)	707-502-2546	PO Box 1434, Eureka, CA 95502	https://www.eurekanaacp.org/	The mission of the NAACP is to secure the political, educational, social, and economic equality of rights in order to eliminate race-based discrimination and ensure the health and well-being of all persons.

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Advocacy & Legal Services	Public Guardian, DHHS Adult Services	707-445-7343	1105 Sixth St., Suite B, Eureka, CA 95501	https://humboldt.gov.org/513/Public-Guardian-Office	The Public Guardian serves as conservator for people with various types of impairments. The office also acts as the representative payee for people deemed by the Social Security Administration to require having an agency act as the Payee to provide money management services.
Advocacy & Legal Services	Public Law Library of Humboldt County	888-724-4821	812 Fourth St., Room G04, Eureka, CA 95501	http://co.humboldt.ca.us/law-library	The mission of the Humboldt County Law Library is to provide the public with free access to up-to-date, user-friendly and appropriate legal resources.
Advocacy & Legal Services	Roadmap to Re-entry: A California Legal Guide	--	--	https://roadmap.rootandrebound.org/	Root & Rebound Re-entry Advocacy Center produces a comprehensive guide to increase access to justice and opportunity for people in reentry from prison and jail, and to educate and empower those who support them. View the guide online or download the 1,000+ page PDF. Topics include housing, public benefits, ID and other key documents, court-ordered debt, employment and education.
Advocacy & Legal Services	Self Help Centers, Humboldt Superior Court	707-445-7256 x 1321	421 I St., Eureka, CA 95501	https://humboldt.courts.ca.gov/court-divisions-and-self-help	Provides assistance in the areas of both family law and non-family (civil) law. These services are available to all self-represented parties regardless of income. Provides information on legal rights and obligations: Cannot provide legal advice. Specific areas of help are listed on website.
Advocacy & Legal Services	Veterans Justice Outreach	707-269-7500	930 West Harris St., Eureka, CA 95503	http://www.va.gov/homeless/vjo.asp	A program to avoid the unnecessary criminalization of mental illness and extended incarceration among veterans by ensuring that eligible justice-involved veterans have timely access to VHA services as clinically indicated. Specialists are responsible for direct outreach, assessment and case management.

Category	Name	Phone Number	Address	Website	Description
Advocacy & Legal Services	Victim Information & Notification Everyday (VINE)	1-866-277-7477	--	https://vinelink.com	VINE helps victims of crime with information about the custody of their offender; it is provided by the Humboldt County Sheriff's Office and the CA Department of Corrections and Rehabilitation. VINE is a free service, available 24-hours a day, seven days a week, in English and Spanish. All registrations are confidential.
Advocacy & Legal Services	Victim Witness & CA Victim Compensation, Humboldt County District Attorney	707-445-7411	825 Fifth St., Eureka, CA 95501	http://www.co.humboldt.ca.us/distatty/	Assists victims of crime and offers support services to victims, their families and witnesses during criminal proceedings. Victim Witness Assistance Centers work directly with the CA Victim Compensation Program (CalVCP) to assist victims.
Advocacy & Legal Services	Yurok Tribal Court, Yurok Tribe	707-482-0415	230 Klamath Blvd., PO Box 1027, Klamath, CA 95548	https://yuroktribalcourt.org/	The court's role is to protect the values of the people, to support the development of those values within each member of the community, and to ensure that the responsibility to protect Yurok traditions and traditional lands are carried out. The Yurok Justice Center is located at 230 Klamath Blvd., Klamath, CA 95548.
Advocacy and Legal Services	Patients' Rights Advocate, BH DHHS	707-268-2995	--	https://humboldt.gov.org/431/Patients-Rights-Advocacy-Services	Humboldt County provides a patients' rights advocate to promote and represent clients' rights and interests. If you have a question or concern about a patient's rights, please call.

Category	Name	Phone Number	Address	Website	Description
Behavioral/ Mental Health	Assisted Outpatient Treatment Program (AOT), Behavioral Health, DHHS	707-476-4074	824 Harris St., Eureka, CA 95501	https://humboldt.gov.org/3310/Assisted-Outpatient-Treatment-AOT	AOT offers services designed to help community members who suffer from mental illness and have difficulty engaging with traditional outpatient mental health services. Offers a concerted outreach and engagement efforts is designed to help create relationships with these vulnerable clients and encourage treatment. AOT involves the court system to add additional supports for services.
Behavioral/ Mental Health	Behavioral Health Adult Outpatient Medication Clinic, DHHS	707-445-7715	720 Wood St., Eureka, CA 95501	https://humboldt.gov.org/1760/24-hour-Crisis-Services	Adult Outpatient Medication Support Services. The clinic offers nursing and psychiatrist services to individuals needing medication support services. Services are available Monday through Friday 8 a.m. to 5 p.m.
Behavioral/ Mental Health	Behavioral Health Counseling Clinic, DHHS	707-441-3702	134 D St. Suite #301, Eureka, CA 95501	http://humboldt.gov.org/AOT	Provides mental health screening, assessment, referral, individual and collateral counseling and group therapy for eligible adults.
Behavioral/ Mental Health	Behavioral Health Same Day Services, DHHS	707-445-7715	720 Wood St., Eureka, CA 95501	https://humboldt.gov.org/1760/24-hour-Crisis-Services	Same Day Services offer mental health crisis and stabilization services for persons exhibiting acute psychological distress. Outpatient therapy, outpatient medication support and case management available.
Behavioral/ Mental Health	CalHOPE Connect	click on website to start chat	--	https://calhopeconnect.org/	Crisis counseling support for Californians impacted by COVID-19. Organized by CalMHSA which helps fund, develop and implement mental health services at the state, regional and local levels. Go to www.calhopeconnect.org to initiate a live chat and select a population most identified with.

Category	Name	Phone Number	Address	Website	Description
Behavioral/ Mental Health	Celebrate Recovery (Eureka Faith Center)	707-442-1784	1032 Bay St., Eureka, CA 95501	https://www.eurekafaitcenter.org	Celebrate Recovery offers a 12-step accountability and support program for men and women as they seek healing from various hurts, habits and hang-ups.
Behavioral/ Mental Health	Changing Tides Family Services	707-444-8293, 800-795-3554	2259 Myrtle Ave., Eureka, CA 95501	http://changingtidesfs.org/mental-health	Mental health services including individual and group therapy, case management and brokerage services, therapeutic behavioral services, and other mental health services which are intended to support children and youth up to age 20.
Behavioral/ Mental Health	Children & Family Services, Behavioral Health, DHHS	707-268-2800	2440 Sixth St., Eureka, CA 95501	http://www.humboldt.gov/1601/Childrens-Mental-Health-Services	Provides assessment, treatment, medication support and case management for children, youth and families.
Behavioral/ Mental Health	Crestwood	707-442-5721	2370 Buhne St., Eureka, CA 95501	http://www.crestwoodbehavioralhealth.com/eureka	Home to a mental health rehabilitation center and a social rehabilitation program (transitional residential).
Behavioral/ Mental Health	Crisis Line Text Messaging Option	Text HOME to 741741	--	https://www.crisistextline.org/how-it-works/	Crisis Text Line serves anyone, in any type of crisis, providing access to free, 24/7 support and information via text messages. Text HOME to 741741 about any type of crisis to reach a volunteer Crisis Counselor.
Behavioral/ Mental Health	Crisis Stabilization Unit (CSU), Behavioral Health, DHHS	707-476-4094, Crisis line: 707-445-7715, Toll free crisis line 888-849-5728	720 Wood St., Eureka, CA 95501	https://humboldt.gov.org/450/Crisis-Stabilization-Unit	The CSU is an outpatient program that provides crisis intervention and stabilization services to individuals in need of immediate and emergency services. This program operates 24/7.

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Behavioral/ Mental Health	Dual Recovery Program (DRP), BH DHHS	707-441-3702	134 D St., Suite #301, Eureka, CA 95501	https://humboldt.gov.org/344/Dual-Recovery-Program-DRP	DRP is for adults who are dually diagnosed with a severe and persistent mental illness and a secondary diagnosis of a moderate to severe substance abuse disorder. DRP provides motivational-based treatment designed to engage participants in the recovery process so participants can reach and maintain recovery goals in order to lead safe, healthy lives.
Behavioral/ Mental Health	Garberville Behavioral Health Outpatient, DHHS	707-268-2990, 707-923-2729	727 Cedar St., Garberville, CA 95542	https://humboldt.gov.org/766/DHHS-Locations	Humboldt County Behavioral Health services. Counselors on-site and outreach. Assessments, medication clinic last Wednesday of the month.
Behavioral/ Mental Health	GriefShare (Eureka Faith Center)	707-442-1784	1032 Bay St., Eureka, CA 95501	http://eurekafaithcenter.org/	GriefShare is a 13-week video seminar and support group for men and women grieving the loss of someone close. "Your journey from mourning to joy."
Behavioral/ Mental Health	Hoopa Valley Tribe, Behavioral Health Services	530-625-4261 x 0450	535 Airport Road, Hoopa, CA 95546	https://www.hoopansn.gov/the-tribal-government/departments/human-services	Mental health, substance use disorder programs, children and family services, Parole/Probation.
Behavioral/ Mental Health	Humboldt Family Service Center	707-443-7358	1802 California St., Eureka, CA 95501	https://www.humboldtfamily.org/	Variety of sponsored programs including substance use, gambling addiction, family violence and counseling services for both adults and children. Medi-Cal and other insurance accepted, and sliding fee scale is available. Clinical intake form available on website.

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Behavioral/ Mental Health	Humboldt Senior Resource Center, Behavioral Health Services	707-443-9747	1910 California St., Eureka, CA 95501	www.humsenior.org	HSRC's Behavioral Health Services provides a holistic approach to wellness for any adult age 55 or older who resides in Humboldt County and wishes to prioritize their emotional well-being. Numerous health plans and private pay are accepted. Office, home and telehealth setting options. Professional and self-referrals accepted. Call for more information.
Behavioral/ Mental Health	Julie Branson, MFT License #47188	707-502-2085	--	www.juliebransonmft.com	Licensed Marriage and Family Therapist has current openings. One specialty area is Early Childhood Mental Health. Especially good fit for women with young children and children (ages 2-7) with challenging behavior. Accepts Partnership and Lyra Health insurances.
Behavioral/ Mental Health	Medi-Cal, Partnership HealthPlan of California (Carelton Behavioral Health)	--	200 State St., Boston, MA 02109	https://www.careltonbehavioralhealth.com/	Partnership HealthPlan of CA (PHC) is the managed care plan for Medi-Cal (MC). PHC contracts with Carelon Behavioral Health to administer some of the mental health benefits for MC. MC recipients can contact Carelon to find mental/behavioral health providers/services.
Behavioral/ Mental Health	Mobile Response Team, BH DHHS	888-849-5728, 707-445-7715	720 Wood St., Eureka, CA 95501	https://humboldt.gov.org/2384/Mobile-Response-Team	Assists individuals in gaining access to outpatient and crisis services in the least restrictive manner possible, including individuals in a pre-crisis state and those being discharged from inpatient care. The field-based teams engage in proactive case management, peer/parent supports and clinical care before, during and after a behavioral health crisis.

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Behavioral/ Mental Health	Nation's Finest, Health Care for Homeless Veterans (HCHV)	707-442-4322	109 Fourth St., Eureka, CA 95501	https://nationsfinest.org	At the HCHV behavioral health program, Nation's Finest employs a full-time clinician as well as a case manager to address some of the higher level needs clients may be facing including: substance use disorder, healthy relationships, anger management and communication skills.
Behavioral/ Mental Health	North Coast Association of Mental Health Professionals	707-441-3832	PO Box 5363, Eureka, CA 95502	http://www.ncamhp.org	A clinical membership directory of local mental health professionals. Listing searchable by specialty, region, clinician name, etc. Resource is available by print or online (donations accepted).
Behavioral/ Mental Health	Remi Vista Community Counseling Services	707- 268-8722	3960 Walnut Drive, Eureka, CA 95503	https://remivistainc.org/	Services include group homes, school-based and clinic-based mental health services, wrap-around programs, supported living for developmentally disabled adults and affordable mental health counseling.
Behavioral/ Mental Health	Sempervirens Psychiatric Health Facility, Behavioral Health, DHHS	707-445-7710	720 Wood St., Eureka, CA 95501	http://humboldt.gov.org/437/Sempervirens-Psychiatric-Health-Facility	Offers a locked hospital-based treatment for clients who have serious and persistent mental illness and need acute psychiatric care. It is a Medi-Cal and Medicare certified 16-bed facility, and the only inpatient psychiatric hospital within a 300 mile radius.
Behavioral/ Mental Health	Suicide Prevention Resources	--	--	https://humboldt.gov.org/2096/Suicide-Prevention-Resources	Humboldt County webpage with links to various suicide prevention resources.

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Behavioral/ Mental Health	Transition-Age Youth Program (TAY), DHHS	707-476-4944	433 M St., Eureka, CA 95501	https://humboldt.gov.org/TAY	The TAY Division includes Behavioral Health, Independent Living Skills (ILS), Extended Foster Care (EFC) and Humboldt County Transition-Age Youth Collaboration (HCTAYC). The TAY Center is a drop-in space where young people ages 16-26 can access computers, clothing closet, and meet with a peer coach. TAY offers counseling, case management, peer support, workshops, transition age skills, youth leadership, advocacy and wellness activities. Each TAY program has specific eligibility criteria. The TAY Center is open Mondays, Wednesdays and Fridays, 8:30-10 a.m. and 1-4 p.m. for drop-in.
Behavioral/ Mental Health	United Indian Health Services (Fortuna)	707-825-5000	1600 Weott Way, Arcata, CA 95521	http://www.unitedindianhealthservices.org	Direct health care services are made available to eligible people of Indian descent and eligible non-Indian members (married to, or the child of a person who is an enrolled member).
Behavioral/ Mental Health	United Indian Health Services (Potawat Village, Arcata)	707-442-2993	--	https://unitedindianhealthservices.org/	Direct health care services are made available to eligible people of Indian descent and eligible non-Indian members (married to, or the child of a person who is an enrolled member).
Behavioral/ Mental Health	United Indian Health Services (Weitchpec)	707-442-2993	--	https://unitedindianhealthservices.org/	Direct health care services are made available to eligible people of Indian descent and eligible non-Indian members (married to, or the child of a person who is an enrolled member).
Behavioral/ Mental Health	Willow Creek Behavioral Health Outpatient, DHHS	530-268-2900	77 Walnut Way, Willow Creek, CA 95573	http://humboldt.gov.org/766/DHHS-Locations	Call to check for availability of services.

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Cancer Services	American Cancer Society (ACS)	707-443-2155	2942 F St., Eureka, CA 95503	https://www.cancer.org/involved/donate/more-ways-to-give/discovery-shops-national/california-discovery-shops/eureka.html	Comprehensive source of national and local resources and information for those dealing with the challenges of cancer. ACS Thrift Store at 2942 F St., Eureka.
Cancer Services	American Society of Clinical Oncology (ASCO)	571-483-1780, 888-651-3038	2318 Mill Road, Suite 800, Alexandria, VA 22314	http://www.cancer.net/	Cancer.Net provides timely, comprehensive, oncologist-approved information from the ASCO. Cancer.Net brings the expertise and resources of ASCO to people living with cancer and those who care for and about them to help patients and families make informed health care decisions.
Cancer Services	Cancer Care Program, Providence, St. Joseph Hospital	707-269-4242	2700 Dolbeer St., Eureka, CA 95501	https://www.providence.org/locations/norcal/st-joseph-hospital-eureka/cancer-program	Comprehensive cancer care to reduce morbidity and mortality from cancer.
Cancer Services	Cancer Support Group, Prostate (Providence, St. Joseph Hospital)	707-496-8340	2700 Dolbeer St., Eureka, CA 95501	https://www.providence.org/locations/norcal/st-joseph-hospital-eureka/cancer-program/cancer-support-services	Meets every second Wednesday at 6 p.m. Call facilitator for details.

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Cancer Services	Evergreen Lodge, Providence, St. Joseph Hospital	707-445-8121 x 7980	2700 Dolbeer St., Eureka, CA 95501	https://www.providence.org/locations/norcal/st-joseph-hospital-eureka/community-support/evergreen-lodge	Low-cost lodging for patients receiving cancer treatment at St. Joseph Hospital.
Cancer Services	Humboldt County Breast and GYN Health Project	707-825-8345	987 Eighth St., Arcata, CA 95521	http://www.hcbhp.org	Community resource of support and education for those facing a breast health concern, gynecologic cancer concern, or a diagnosis of breast or gynecologic cancer.
Cancer Services	Leukemia & Lymphoma Society (LLS)	800-955-4572, 559-490-6939	3 International Drive, Suite 200, Rye Brook, NY 10593	http://www.lls.org	LLS's mission is to cure leukemia, lymphoma, Hodgkin's disease and myeloma, and improve the quality of life of patients and their families. The nearest chapters are in Sacramento and San Francisco.
Cancer Services	National Coalition for Cancer Survivorship	877-622-7937	8455 Colesville Road, Suite 930, Silver Spring, MD 20910	http://www.canceradvocacy.org	Represents individuals living with, through and beyond a cancer diagnosis. Advocate for quality cancer care for all people touched by cancer and for changes in how the nation researches, regulates, finances and delivers quality cancer care.
Caregiver Services	Elite Caregivers Senior Home Care	707-496-8499	350 E St., Suite 403, Eureka, CA 95502	http://www.elite-caregivers.com	Personal care, companionship and life enrichment services to help seniors and others requiring assistance to continue to live independently in the comfort of their own homes. Aides work independently and in teams to meet the needs of clients.

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Caregiver Services	Humboldt Senior Resource Center/ Adult Day Health Services	707-443-9747	1910 California St., Eureka, CA 95501 and 3200 Newburg Road, Fortuna, CA 95540	www.humsenior.org	Adult Day Health is a licensed, therapeutic day program that offers comprehensive care, activities, health monitoring, therapies, social services, meals and transportation for adults age 18 and older with chronic conditions or disabilities. The program is designed to help participants stay mentally and physically active, reduce isolation, improve or maintain their health and prevent decline of their abilities.
Caregiver Services	Humboldt Senior Resource Center/ Alzheimer's Resource Center	707-443-9747	1910 California St., Eureka, CA 95501	www.humsenior.org	An extensive Alzheimer's Resource Library is located at HSRC. Staff is available to provide consultations regarding dementia care and referrals to community resources. Caregiver support groups are available, as well as caregiver training workshops.
Caregiver Services	In-Home Supportive Services (IHSS), DHHS Adult Services	707-476-2100, Toll free: 866-527-8614	808 E St., Eureka, CA 95501	https://humboldtgov.org/502/In-Home-Supportive-Services	IHSS is an alternative to costly out-of-home care such as nursing homes and provides aid to blind, aged, and disabled individuals who are unable to remain safely in their own home without the aid of a care provider.
Caregiver Services	Redwood Caregiver Resource Center	800-834-1636	1140 Sonoma Ave., Suite 1B, Santa Rosa, CA 95405	http://www.redwoodcrc.org/	Serves family caregivers through the National Family Caregiver Support Program (NFCSP). NFCSP serves families and informal caregivers of individuals 60 and older or individuals of any age with Alzheimer's disease or related disorders with neurological and organic brain dysfunction.
Caregiver Services	Visiting Angels	707-442-8001, 707-725-3611, 707-825-8008	1112 Fifth St., Eureka, CA 95501	http://www.visitingangels.com/eureka/home	A national network of elder care agencies committed to providing families with the best possible in-home care. Call to learn more and schedule an appointment.

Category	Name	Phone Number	Address	Website	Description
Childcare	Cal Poly Humboldt Children's Center	707-826-3838	1 Harpst St., Arcata, CA 95521 (Jensen House #94)	https://childrencenter.humboldt.edu/	Affordable high quality child care for children 3 months to 5 years old whose parents are Cal Poly students, staff or faculty. Based on a sliding scale. Open Mondays - Fridays, 7:30 a.m. to 5:30 p.m.
Childcare	Changing Tides Family Services	707- 444-8293 Toll Free: 1-800-795-3554	2259 Myrtle Ave., Eureka, CA 95501	http://changingtidesfs.org/child-care	Child Care, counseling, respite care, developmental and mental health services and other community resources.
Childcare	Child Development Lab (CDL), Cal Poly Humboldt	707-826-3475	1 Harpst St., Arcata, CA 95521	https://childdev.humboldt.edu/child-development-lab/	The CDL is designed to provide a model preschool for children, create a learning center for university students, support and educate parents and serve as a research and instructional center for Cal Poly Humboldt. Serves children from 2 years 9 months to 6 years of age.
Childcare	College of the Redwoods: Child Development Center	707-476-4337	7351 Tompkins Hill Road, Eureka, CA 95503	https://www.redwoods.edu/cdc	Open to the community. For children age 18 months to 5 years old. The center serves as a laboratory for Early Childhood Education students, and enriching, educational childcare for children of CR student parents, staff and faculty.
Childcare	North Coast Children's Services (NCS)	707-822-7206	1266 Ninth St., Arcata, CA 95521	http://ncsheadstart.org/	Early Head Start serves pregnant women to 3 year old children. Head Start and State Preschools serve 3 to 5 year old children. NCS offers programs in home and/or at a center. NCS center programs are for 2 to 5 year old children and have various hours. Bilingual staff are available. Call for information.
Civil Rights/Human Rights Advocacy	Humboldt Center for Constitutional Rights (HCCR)	707-633-9085	PO Box 685, Bayside, CA 95524	http://www.humrights.org	With a vision to ensure that every member of the Humboldt community feels confident expressing his or her constitutional rights the HCCR is ready to defend those rights should they be violated.

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Civil Rights/Human Rights Advocacy	Humboldt County Human Rights Commission	707-476-2390	825 Fifth St., Room 111, Eureka, CA 95501	http://humboldtgov.org/1308/Human-Rights-Commission	Aids in the eradication of discrimination in the county specifically in cases of employment, public services and housing.
Civil Rights/Human Rights Advocacy	Western Regional Advocacy Project (W.R.A.P.)	415-621-2533	2940 16th St., Suite 200-2, San Francisco, CA 94103	http://wraphome.org	W.R.A.P. was created to expose and eliminate the root causes of civil and human rights abuses of people experiencing poverty and homelessness in the community.
Clothing/Hygiene Resources	AHHA Shower Care-A-Van	707-298-1466	PO Box 3794, Eureka, CA 95502	https://www.ahha-humco.org/ahha-shower-care-a-van-schedule	AHHA operates the Shower Care-A-Van, a three bathroom trailer with showers. In addition to providing showers, the Shower Care-A-Van also distributes clothing, food, and hygiene supplies and helps individuals connect with services. See webpage for dates and locations of showers.
Clothing/Hygiene Resources	Betty's Showers (at St. Vincent de Paul's Free Dining Facility)	707-445-9588	35 W. Third St., Eureka, CA 95501	https://bettychinn.org/bettys-shower/	Showers available Mondays through Fridays from 7 to 11 a.m. First come, first served. Sign up at the facility. Hygiene items and breakfast provided.
Clothing/Hygiene Resources	Eureka Rescue Mission - Men's Program	707-443-4551	110 Second St., Eureka, CA 95501	https://eurekarescuemission.org/	Dinner and breakfast are served. For emergency shelter arrive between 5:30 to 6 p.m. People are released from 7 to 7:30 a.m. Showers are Tuesdays and Thursdays 1 to 3 p.m. Has a clothing closet. Walk-ins may be possible.
Clothing/Hygiene Resources	Fortuna Adventist Community Services	707-725-1166	2331 Rohnerville Road, Fortuna, CA 95540	http://fortunaacs.com/	Serving the Eel River Valley, provides information on community resources and operates a thrift store, clothing closet and food pantry. Bilingual staff available.

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Clothing/ Hygiene Resources	Frederick and Charles Beauty College	707-443-2733	831 F St., Eureka, CA 95501	http://fandcbeauty.com/	Haircuts for \$12. Call for information on other lower cost services.
Clothing/ Hygiene Resources	Our Savior's Lutheran Church	707-786-9619	425 Shaw Ave., Ferndale, CA 95536	https://facebook.com/Our-Saviors-Ferndale-379627908770538/	Free clothing closet and dry goods pantry open on Wednesdays from 1 to 4 p.m., located directly behind church on Shaw Ave.
Clothing/ Hygiene Resources	RAVEN Project, RCAA	707-443-7099	523 T St. (Drop-In Center), Eureka, CA 95501	https://www.facebook.com/ravenproject/	Provides food, clothing, showers, and other services to houseless youth 10 to under 21 years of age.
Clothing/ Hygiene Resources	Ruth's Room, Rio Dell Baptist Church	707-764-3811	100 Butcher St., Rio Dell, CA 95562	https://www.facebook.com/pages/Rio-Dell-Baptist-Church/368400067958	No cost clothing closet for everyone; Tuesdays at 10 a.m. to 1 p.m.
Clothing/ Hygiene Resources	Youthability Thrift Shop	707-822-5019	1309 11th St., Suite 110, Arcata, CA 95521	https://youthability.org/youthability-thrift-shop	Store is a training center in which disadvantaged youth and young adults learn retail skills and basic workplace knowledge. Store proceeds fund the on-the-job training program. Low cost clothing, shoes, housewares, kitchen stuff, furniture, appliances. Tue - Sat 10 a.m.-6 p.m. Sun - Mon 11 a.m. - 6 p.m.
Dental Services	Burre Dental Center, Open Door Community Health Centers	707-442-7078	959 Myrtle Ave., Eureka, CA 95501	http://opendoorhealth.com/opendoor/locations/burre-dental-center/	DENTAL ONLY. Primary dental care, including routine and preventive dental examinations and care for children and adults. Restorative care, including fillings, root canals, partial and full dentures, available by appointment. Same day, walk-in and urgent care provided for toothache, other oral pain and infection.

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Dental Services	Denti-Cal (dental coverage for Medi-Cal beneficiaries)	800-322-6384	--	https://dental.dhcs.ca.gov/	Dental Services are one of the benefits under the Medi-Cal program. Denti-Cal administers coverage. Check website for help finding a provider.
Dental Services	Fortuna Community Health Center, Open Door Community Health Centers	707-725-4477	3750 Rohnerville Road, Fortuna, CA 95540	https://opendoorhealth.com/services/dental/	Primary dental care, including routine and preventive dental examinations for children and adults. Restorative care, including fillings, root canals, partial and full dentures, available by appointment. Same day, walk-in and urgent care provided for toothache, other oral pain and infection. Please call to check if accepting new patients.
Dental Services	K'ima:w Medical Center	530-625-4261	535 Airport Road, Hoopa, CA 95546	https://kimaw.org/	Provides high-quality health care to the Native American people and all others seeking services on the Hoopa Valley Indian Reservation and surrounding areas.
Dental Services	Oral Health Program, DHHS Public Health	707-476-4949	908 Seventh St., Eureka, CA 95501	https://humboldt.gov.org/655/Oral-Health	Oral Health resources, education, and preventive services in schools identified with high untreated rates of decay. Brush, Book, Bed materials for families of children ages 0-5. Daycare toothbrushing program support. Care coordination services provided to individuals seeking to be connected with dental care.
Dental Services	Redwoods Rural Health Center (Dental)	707-923-4313	101 West Coast Road, Redway, CA 95560	http://www.rrhc.org/dental-clinic	Provides responsive, preventive, high quality primary health care services through a variety of healing disciplines, to all people without regard to social or economic status. Geographic service area is from Rio Dell to Piercy.

Category	Name	Phone Number	Address	Website	Description
Dental Services	Smile Humboldt Family, DHHS Public Health	707-476-4949	908 Seventh St., Eureka, CA 95501	https://humboldt.gov.org/655/Oral-Health	Dental coaches help families coordinate care by making dentist appointments, assisting with specific dental needs and providing oral health education to families and individuals. This program is operated by the DHHS Maternal, Child and Adolescent Health program.
Dental Services	United Indian Health Services (Potawat Village, Arcata)	530-625-4300	1600 Weott Way, Arcata, CA 95521	http://www.unitedindianhealthservices.org	Direct health care services are made available to eligible people of Indian descent and eligible non-Indian members (married to, or the child of a person who is an enrolled member).
Dental Services	United Indian Health Services (Weitchpec)	707-725-7988	Highway 96, Weitchpec, CA 95546	http://www.unitedindianhealthservices.org/	Direct health care services are made available to eligible people of Indian descent and eligible non-Indian members (married to, or the child of a person who is an enrolled member). Located at the Libby Nix Community Center.
Developmental/Intellectual Disability Services	Butler Valley	707-442-2451	4635 Broadway, Eureka, CA 95503	http://www.butlervalle.org/	Provides residential services and day program to individuals with intellectual disabilities; facilities in Arcata and Eureka.
Developmental/Intellectual Disability Services	Creating Behavioral and Educational Momentum (CBEM)	925-283-9000	--	https://cbemllc.com/	Available only to Regional Center clients. CBEM provides crisis services to individuals with developmental or intellectual disabilities. Unlike facility-based programs, CBEM meets clients in their homes, schools, group homes and in the community.
Developmental/Intellectual Disability Services	Early Start	1-800-515-BABY, 833-421-0061	--	https://www.dds.ca.gov/services/early-start/what-is-early-start	Early Start is a statewide interagency system of coordinated early intervention services for infants and toddlers with, or at risk of, disabilities or developmental delays, and their families. EarlyStart@dds.ca.gov .

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Developmental/ Intellectual Disability Services	Humboldt Community Access and Resource Center (HCAR)	707-443-7077 x 1	1707 E St., Suite 2, Eureka, CA 95501	https://www.visitredwoods.com/listing/humboldt-community-access-%26-resource-(hcar)/890/	Serves those with developmental/intellectual disabilities by promoting individual independence, community inclusion and family unity through a wide variety of services and supports.
Developmental/ Intellectual Disability Services	Redwood Coast Regional Center (RCRC)	707-445-0893	525 Second St., Suite 300, Eureka, CA 95501	http://www.redwoodcoastrc.org	Offers services and supports for children and adults with developmental/intellectual disabilities who live in Del Norte, Humboldt, Lake and Mendocino counties.
Developmental/ Intellectual Disability Services	State Council on Developmental Disabilities, North Coast Regional Office	707-463-4700	505 S. State St., Ukiah, CA 95482	www.scdd.ca.gov	The State Council on Developmental Disabilities advocates for full inclusion and participation of people with intellectual and developmental disabilities in their own communities.
Disability- related Resources	Adult Day Health Care of Mad River	707-822-4866	3800 Janes Road, Arcata, CA 95521	https://adhcmadriver.org/	Provides services for medically at-risk adults with developmental delays, mental health diagnoses, dementia/Alzheimer's, traumatic brain injuries and serious chronic medical issues. Medi-Cal provider.
Disability- related Resources	CA Department of Rehabilitation	707-445-6300	1330 Bayshore Way, Suite 101, Eureka, CA 95501	http://www.dor.ca.gov/	Works in partnership with consumers and other stakeholders to provide services and advocacy resulting in employment, independent living and equality for individuals with disabilities.
Disability- related Resources	California Connect	800-806-1191	--	https://caconnect.org/	California Connect offers free, specialized phones designed for individuals who have restricted mobility, speech impairments or who are blind or deaf. Requires application and verification of impairment.

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Disability-related Resources	Community Disability Resource Guide (Tri-County Independent Living)	--	--	http://www.tilinet.org/wp-content/uploads/2016/09/Community-Disability-Resource-Guide-v1.0.pdf	A comprehensive guide developed to help people with disabilities and their service providers find needed services.
Disability-related Resources	Creative Inclusion, LLC	707-633-5588	--	www.creativeinclusion.us	Provides accessibility education and training services including: Accessible walkability and wayfinding advisement; inclusive event planning; accessible meeting facilitation training; disability awareness/etiquette and customer service training; policy development services and usability testing.
Disability-related Resources	Dial-A-Ride	707-443-0826	133 V St., Eureka, CA 95501	http://www.hta.org	The certification process for travelers with disabilities to use paratransit/dial-a-ride services in Humboldt County is performed through Humboldt Transit Authority, although the service is a collaboration with HCAR. Visit HTA's website for appropriate form.
Disability-related Resources	Early Start	1-800-515-BABY	--	https://www.dds.ca.gov/services/early-start/what-is-early-start	Early Start is a statewide interagency system of coordinated early intervention services for infants and toddlers with, or at risk of, disabilities or developmental delays and their families. EarlyStart@dds.ca.gov .
Disability-related Resources	Easy Call, Advanced Security Systems	707-443-6366	1336 Fourth St., Eureka, CA 95501	http://www.advancedsecurity.us	"I've fallen and can't get up," EasyCall button for seniors/disabled people.

Category	Name	Phone Number	Address	Website	Description
Disability-related Resources	Food For People (Homebound Delivery Program)	707-445-3166 x 309	Call	http://foodforpeople.org/programs/homebound-delivery-program	Volunteers deliver a monthly bag of groceries for adults younger than 60 years old who are too ill or disabled to leave home. Requires a referral from a medical professional. See website for application and referral form.
Disability-related Resources	Fortuna Senior Bus	707-725-7625	5 Park St., Fortuna, CA 95540	https://www.friendlyfortuna.com/departments/fortuna_transit.php	Reservation and dispatcher-based system, which means you call dispatchers to schedule the times you need the bus. Buses servicing seniors and people with disabilities (disability under 50 with doctor's note) \$2.50/ride or 15 trips for \$22.50.
Disability-related Resources	Fortuna Transit	707-725-7625	--	https://www.friendlyfortuna.com/departments/fortuna_transit.php	Provides transportation within the Fortuna City limits to people who are at least 50 years of age or people with a disability; Monday through Friday 8:30 a.m. to 4 p.m.
Disability-related Resources	Humboldt Senior Resource Center/Adult Day Health Services	707-443-9747	1910 California St., Eureka, CA 95501 and 3200 Newburg Road, Fortuna, CA 95540	www.humsenior.org	Adult Day Health is a licensed, therapeutic day program that offers comprehensive care, activities, health monitoring, therapies, social services, meals and transportation for adults age 18 and older with chronic conditions or disabilities. The program is designed to help participants stay mentally and physically active, reduce isolation, improve or maintain their health, and prevent decline of their abilities.
Disability-related Resources	In-Home Supportive Services (IHSS), DHHS Adult Services	707-476-2100, Toll free: 866-527-8614	808 E St., Eureka, CA 95501	https://humboldt.gov.org/502/In-Home-Supportive-Services	IHSS is an alternative to costly out-of-home care such as nursing homes; provides aid to blind, aged, and disabled individuals who are unable to remain safely in their own home without the aid of a care provider.

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Disability-related Resources	PG&E: Medical Baseline Program	--	--	https://www.pge.com/en_US/residential/save-energy-money/help-paying-your-bill/longer-term-assistance/longer-term-assistance.page	The Medical Baseline Program, is an assistance program for residential customers who have special energy needs due to qualifying medical conditions. The program includes two different kinds of help: a lower rate on monthly energy bill, and extra notifications in advance of a Public Safety Power Shutoff.
Disability-related Resources	Social Security Administration	866-828-1991	3144 Broadway St., Eureka, CA 95501	http://www.ssa.gov/	Administers Social Security disability and retirement benefits. Available by walk in or appointment, weekdays 9 a.m. to 4 p.m.
Disability-related Resources	Tri-County Independent Living	833-866-8444	139 Fifth St., Eureka, CA 95501	http://www.tilinet.org/	Services aimed toward people with disabilities. Information is available on a number of topics including finances, Social Security, accessible housing, service dogs, technical equipment and accessibility in the community.
Disability-related Resources	Tri-County Independent Living - General Resources	--	--	https://tilinet.org/resources/general/	Compilation of various resources in Humboldt County.
Discounts & Reduced Fee	Access from AT&T (low cost internet access)	--	--	https://www.att.com/shop/internet/access/index.html?source=ECmj0000000000mbU&wtExtndSource=access#/	AT&T offers low-cost wireline home internet service to qualifying households, including households with an SSI or CalFresh recipient.

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Discounts & Reduced Fee	Amazon	--	--	www.Amazon.com	Amazon Prime is available for \$6.99 a month for qualifying customers with an EBT card or a Medicaid Card (Medi-Cal in California, card is called a BIC.) Includes the music and video streaming libraries and free shipping.
Discounts & Reduced Fee	Arcata Pool	707-822-6801	1150 16th St., Arcata, CA 95521	https://arcatapool.com/	Facility use is \$11 for adults, \$9.50 for seniors, and \$7 for youths. Discounted price is \$5.50 for recipients with proof of SSI Disability, Medi-Cal or EBT, also offered on children's swimming lessons.
Discounts & Reduced Fee	Assurance Wireless (low cost cell phone/plans)	888-321-5880	PO Box 5040, Charleston, IL 61920	http://www.assurancewireless.com/Public/Welcome.aspx	Assurance Wireless is a government benefit program supported by the federal Universal Service Fund and the California LifeLine Program. Enrollment is available to consumers who qualify based on household income or who receive certain public assistance programs, like Medi-Cal or CalFresh. Form available on website.
Discounts & Reduced Fee	CarrollCo Energy Savings Assistance Program	559-396-3939	3104 N Miami Ave., Fresno, CA 93727	https://carrollco.net/	CarrollCo is responsible for helping Humboldt County renters and owners improve the weatherization of their residences. Call to learn more, and see if a household qualifies for free services. Informational fliers will be provided upon request.
Discounts & Reduced Fee	Coast2CoastRX	1-800-931-8872	--	https://www.coast2coastrx.com/	Coast2CoastRx Card is a free prescription coupon card provided by community governments. Cardholders save on both brand name and generic drugs. Endorsed by County of Humboldt.
Discounts & Reduced Fee	Golden Bear Pass	916- 651-0515	744 P St., Sacramento, CA 95814	https://cdss.ca.gov/goldenbearpass	For CalWORKs families: The pass provides free entry at more than 200 state parks and beaches, ensuring more Californians will have access to the outdoors, regardless of their ZIP code.

Category	Name	Phone Number	Address	Website	Description
Discounts & Reduced Fee	ID Card from DMV	--	--	--	DMV Reduced Fee: Can receive a form from DHHS-Social Services for reduced DMV fee for ID if receiving CalFresh, CalWORKs or other benefits. DMV Fee Waiver: People experiencing homelessness may get a form from many organizations serving persons experiencing homelessness, as well as at DHHS-Social Services.
Discounts & Reduced Fee	Morris Graves Museum of Art	707-442-0278	636 F St., Eureka, CA 95501	https://visitredwoods.com/listing/morris-graves-museum-of-art/389/	The museum features exhibitions from artists, both local and from around the world. Families with EBT Cards (CalFresh/CalWORKs) can visit for free any day.
Discounts & Reduced Fee	PG&E: California Alternate Rates for Energy Program (CARE)	--	--	https://www.pge.com/en_US/residential/save-energy-money/help-paying-your-bill/longer-term-assistance/longer-term-assistance.page	CARE is a PG&E discount program that helps eligible customers pay their energy bills. CARE provides a monthly discount of 20% or more on gas and electricity. Participants qualify through income guidelines or if enrolled in certain public assistance programs including CalFresh and Medi-Cal .
Discounts & Reduced Fee	PG&E: Family Electric Rate Assistance Program (FERA)	--	--	https://www.pge.com/en_US/residential/save-energy-money/help-paying-your-bill/longer-term-assistance/longer-term-assistance.page	FERA is a PG&E discount program that helps eligible customers pay their energy bills. FERA provides a monthly discount of 18% on electricity only. Must be a household with three or more people. Participants qualify through income guidelines.

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Discounts & Reduced Fee	PG&E: Medical Baseline Program	--	--	https://www.pge.com/en_US/residential/save-energy-money/help-paying-your-bill/longer-term-assistance/longer-term-assistance.page	The Medical Baseline Program, also known as Medical Baseline Allowance, is an assistance program for residential customers who have special energy needs due to qualifying medical conditions. The program includes a lower rate on monthly energy bill and extra notifications in advance of a Public Safety Power Shutoff.
Discounts & Reduced Fee	Sequoia Park Zoo	707-441-4263	3414 W St., Eureka, CA 95503	http://www.sequoiaparkzoo.net/	EBT (CalFresh/CalWORKs) and BIC (Medi-Cal) cardholders with ID are eligible for reduced admission at the ticket booth. EBT/BIC cardholders may purchase tickets for \$4 per person, for up to five people in their group.
Domestic/ Intimate Partner Violence	Domestic Violence Resource List (DHHS-PH)	--	--	https://humboldt.gov.org/DocumentCenter/View/93170	National and local resource list of services that may be of assistance for service providers who work with survivors of domestic and intimate partner violence. A Spanish version of the list is also available online.
Domestic/ Intimate Partner Violence	Family Violence Project, Humboldt Family Service Center (Batterer's Intervention Program)	707-443-7358	1802 California St., Eureka, CA 95501	https://www.humboldtfamily.org/services/family-violence	52-week program for both women and men who have been court-mandated to complete a Batterer's Intervention Program.

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Domestic/ Intimate Partner Violence	Humboldt County Domestic Violence Prevention Committee	--	--	www.tinyurl.com/HC-DVPC	Local coalition of community members, services providers and advocates/activists engaging in domestic violence prevention and education in Humboldt County. Email humboldtpreventioncommittee@gmail.com for more information.
Domestic/ Intimate Partner Violence	Humboldt Domestic Violence Services	24/7 line: 707-443-6042 or 1-800-646-7322	PO Box 969, Eureka, CA 95501	www.hdvs.org	Free, confidential counseling and advocacy for survivors of domestic violence and intimate partner violence. Short-term and transitional shelter depending on eligibility, emergency supplies, court accompaniment, peer support groups, restraining order assistance, and referrals. All services except for the hotline require a personal intake and determination of eligibility.
Domestic/ Intimate Partner Violence	Ki'ma:w Medical Center MMIW/DV/SA programs, Hoopa Valley Tribe	530-625-4261 x 0353	535 Airport Road, Hoopa, CA 95546	www.kimaw.org/mmiwdvsa	Emergency services, shelter, relocation assistance, safety planning, crisis information, support navigating legal services, advocacy, accompaniment, prevention education, and referrals for survivors of domestic violence, sexual assault, stalking and dating violence.
Domestic/ Intimate Partner Violence	North Coast Rape Crisis Team	Humboldt Hotline:707-445-2881, Del Norte Hotline: 707-465-2851	Hum: 425 I St., Arcata, CA 95521, Del Norte: 983 Third St., Suite A, Crescent City, CA 95531	https://ncrct.org/	Free, confidential services for survivors of sexual assault (regardless of when it happened) and the non-offending people who care about them. Services include a 24-hour crisis line, counseling, support group, advocacy, accompaniment, information and referrals and prevention education.

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Domestic/ Intimate Partner Violence	Trinidad Rancheria Victim Services Program	707-825-2716	109 Ma-We- Mor View Lane, Trinidad, CA 95570	https://trinidad-rancheria.org/social-services-department/	Case management, on-site shower and laundry facilities, short-term shelter/relocation services, advocacy, accompaniment and emergency kits for victims of crime who live in Humboldt County. They do not have to be Native or enrolled Tribal members.
Domestic/ Intimate Partner Violence	Wiyot Tribe Health & Human Services	707-733-5055	Wiyot Tribe, 1000 Wiyot Drive, Loleta, CA 95551	http://wiyot.us/258/Rouraguou-Muk-All-My-Relations--Family	Individual and family counseling to enrolled Tribal members who are victims, survivors and/or transgressors of domestic violence, dating violence, sexual assault and crime.
Domestic/ Intimate Partner Violence	Women's Crisis Shelter in Southern Humboldt (WISH)	--	--	https://wishshelter.org/	Temporary shelter for survivors of domestic violence, as well as direct services that will assist them to move from trauma to self-empowerment.
Education	Cal Poly Humboldt	707-826-3011	1 Harpst St., Arcata, CA 95521	http://www.humboldt.edu	California's third state Polytechnic University provides classes to achieve bachelor's and master's degrees.
Education	College of the Redwoods	707-476-4100	7351 Tompkins Hill Road, Eureka, CA 95501	https://www.redwoods.edu/	A junior college offering classes that can lead to certifications and Associates Degrees. Prerequisites in IGETC (Inter-segmental General Education Transfer Curriculum) for university transfer available.
Education	Education- Related Resources for Foster Youth	--	--	https://cdss.ca.gov/independent-living/foster-youth-resources	A document issued by the CA Department of Social Services that lists several education-related resources for youth in foster care.

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Education	English Express	707-443-5021	PO Box 11, Cuttan, CA 95534	https://englishexpressempowered.com/	Offers online adult English language classes in Humboldt, Curry, Del Norte and Trinity counties. Classes are free, for all English language levels and first languages, year-round, and pre-registration is not required. Students may join anytime throughout the semester.
Education	Eureka Adult School	707-441-2448	216 West Harris St., Eureka, California 95503	http://www.eurekacityschools.org	The Career and Education Center at Eureka Adult School provides an affordable, flexible way to expand employment opportunities. Most classes are offered on a quarterly schedule, and some are open for mid-class enrollment.
Education	Free Application for Federal Student Aid (FAFSA)	800-433-3243	--	https://studentaid.gov/h/apply-for-aid/fafsa	A federally funded single source to find out all financial aid options a person may be eligible for (including grants, loans, etc.) from one application. Part-time and full-time students are eligible, with emphasis on helping those with lower incomes.
Education	Humboldt County Library	707-269-1900	1313 Third St., Eureka, CA 95501	https://humboldt.gov.org/1346/Public-Library	Provides services through the Main Library in Eureka, 10 branch libraries, and a bookmobile. Library Cards are free of charge to Humboldt County residents with a permanent local mailing address. "Express" Library Cards are free of charge and available without providing an address.
Education	Humboldt Literacy Project (Eureka)	707-445-3655	539 G St., Suite 116, Eureka, CA 95501	https://www.humboldtliteracy.org/	Teaching adults the literacy skills they need on the job, at home and in the community.
Education	Humboldt Literacy Project (Fortuna)	707-725-0655	1645 Main St., Fortuna, CA 95540	https://www.humboldtliteracy.org/	Teaching adults the literacy skills they need on the job, at home and in the community.

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Education	Mattole Field Institute, MRC	707-629-3514	29230 Mattole Road, PO Box 160, Petrolia, CA 95558	https://mattole.org/education-outreach/5583-2/	The Mattole Field Institute connects university programs with local communities through collaborative, field-based education in applied sciences, natural resources, and the arts, humanities and social sciences.
Employment & Training	Blue Lake Casino, Career Opportunities	707-668-9770	777 Casino Way, Blue Lake, CA 95525	https://bluelakecasino.com/careers/	Career opportunities at the Blue Lake Casino and Hotel.
Employment & Training	CA Department of Rehabilitation	707-445-6300	1330 Bayshore Way, Suite 101, Eureka, CA 95501	http://www.dor.ca.gov/	Works in partnership with consumers and other stakeholders to provide services and advocacy resulting in employment, independent living and equality for individuals with disabilities.
Employment & Training	Cal Poly Humboldt, Career Opportunities	707-826-3626	Siemens Hall 212, 1 Harpst St., Arcata, CA 95521	https://hraps.humboldt.edu/	Cal Poly Humboldt's Human Resources web page. Browse open staff, faculty or management positions.
Employment & Training	CalJOBS, Online Job Search	800-807-6755	--	https://ca.gov/	A state-run website for job seekers to find local and statewide job openings in California. Contact the help desk Monday-Friday between 8 a.m. and 5 p.m. for assistance with account set-up, website issues or general information.
Employment & Training	County of Humboldt, Career Opportunities	--	--	https://www.governmentjobs.com/careers/humboldtcountyca	List of Humboldt County job openings for all interested job seekers. Find openings for all county departments. Sign up for "interest cards" to be notified automatically of openings in your area of interest.

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Employment & Training	Education at Work, Career Technical Education (CTE)	707-445-7000	901 Myrtle Ave., Eureka, CA 95501	https://hcoe.org/cte/	CTE programs offer both academic and career-oriented training that prepare youth and adults for a wide range of high-wage, high-skill, and high-demand careers. CTE programs are found in high schools, community and technical colleges, four-year universities and more.
Employment & Training	Employment Training Division, Social Services, DHHS	707-441-4600	929 Koster St., Eureka, CA 95501	http://humboldt.gov.org/543/Employment-Training	Provides a comprehensive range of workforce preparation and job search assistance for individuals involved with several county programs including CalWORKs, General Relief, Helping Humboldt, Probation and Transitional-Age Youth as well as wage subsidies and job placement assistance for employers.
Employment & Training	Express Employment Professionals	707-268-1866	14 W. Wabash Ave., Eureka, CA 95501	http://eurekaca.expresspros.com/	A temp agency that serves local businesses with both full-time and temporary staffing and job placement in addition to providing human resource services and consulting.
Employment & Training	Human Resources, Open Door Community Health Centers	707-826-8633 x 5175	1275 Eighth St., Arcata, CA 95521	https://opendoorhealth.com/careers/	Career and provider partnership opportunities currently offered by Open Door Community Health Centers.
Employment & Training	Humboldt County Craigslist: Jobs	--	--	https://humboldt.craigslist.org/d/jobs/search/jjj	Online local listing of job opportunities posted by employers.
Employment & Training	Indeed, Online Job Search	--	--	www.indeed.com	Job site: Indeed helps companies of all sizes hire the best talent and offers the best opportunity for job seekers to get hired.
Employment & Training	Monster, Online Job Search	--	--	www.monster.com	Monster is a global online employment solution for people seeking jobs and for employers who need great people.

Category	Name	Phone Number	Address	Website	Description
Employment & Training	Northern California Indian Development Council	707-445-8451	241 F St., Eureka, CA 95501	http://www.ncidc.org/	Services available to American Indians [Native Americans]: Job/career counseling, community service block grants for emergency services, computer use, disaster planning resources, etc.
Employment & Training	Pathway to Payday	707-407-3833	133 Seventh St., Eureka, CA 95501	https://bettychinn.org/	Job workshop series that provides participants with application and interviewing tips as well as real interviews from businesses with open positions. The workshop takes place four times a year. Call for more information about this program.
Employment & Training	Sequoia Personnel Services	707-445-9641	436 Harris St., Eureka, CA 95503	http://www.sequoiapersonnel.com/	Full service Employment Agency including permanent placement and temporary services: Works to help all members of the area with their employment needs.
Employment & Training	The Job Market	707-441-6530	409 K St., Suite 202, Eureka, CA 95501	https://edd.ca.gov/	Education and training geared towards those who have been laid off, dislocated, or are re-entering the workforce. A variety of services geared toward employment and unemployment are offered. Unemployment insurance benefit information.
Financial Assistance with Training and Supports	California Tribal Temporary Assistance for Needy Families (TANF) Partnership	707-476-0344	636 H St., Eureka, CA 95501	http://www.cttp.net/	Provides educational training, career and employment opportunities toward self-sufficiency through various supported services and programs with temporary financial assistance.

Category	Name	Phone Number	Address	Website	Description
Financial Assistance with Training and Supports	California Work Opportunity and Responsibility to Kids (CalWORKs), Social Services, DHHS	877-410-8809	929 Koster St., Eureka, CA 95501, and other locations.	http://humboldt.gov.org/525/CalWORKs	The CalWORKs program is CA's Temporary Assistance for Needy Families (TANF) program. It provides temporary financial assistance and employment-focused services to families with minor children. Must meet income/property limits. Fortuna, Garberville, Hoopa and McKinleyville offices.
Financial Assistance with Training and Supports	General Relief, Social Services, DHHS	707-269-4106	929 Koster St., Eureka CA 95501	http://humboldt.gov.org/527/General-Relief	A county-funded general assistance program for indigent county residents that offers repayable benefits. Individual must meet restrictive income and property limits. Assistance to disabled recipients with processing of applications for SSI/SSP. Not for people with children.
Financial Assistance with Training and Supports	Healthy Kids Humboldt, Providence, St. Joseph Hospital	707-296-6421	2200 Harrison Ave., Eureka, CA 95501	https://www.providence.org/locations/norcal/st-joseph-hospital-eureka/community-support/healthy-kids-humboldt	Assistance with applications for free or low cost health insurance, connections to healthy food and nutrition services and referrals to social services programs. Staff provide free tax preparation services offered year-round to low-to moderate-income individuals and families.
Financial Assistance with Training and Supports	Hoopa Valley Tribal Temporary Assistance to Needy Families (TANF)	530-625-4816	82 Willow St., Hoopa, CA 95546	https://www.facebook.com/HoopaTANF/	The Hoopa Tribal TANF program is designed to provide opportunities for eligible needy native families to support in the development of native communities.

Category	Name	Phone Number	Address	Website	Description
Financial Assistance with Training and Supports	Karuk Tribal Temporary Assistance to Needy Families (TANF)	530-493-1440	533 Jacobs Way, PO Box 1016, Happy Camp, CA 96039	http://www.karuk.us/index.php/departments/tanf-dept/138-tanf	Mission: To preserve and strengthen the children and families of the Karuk Tribe and other Native American Tribes through an effective social welfare system that empowers individuals and families to work toward and achieve self-sufficiency, sobriety, and to become loving responsible parents in a culturally relevant way.
Financial Assistance with Training and Supports	Money! Search & Rescue Program, RCAA	707-269-2048	904 G St., Eureka, CA 95501	www.rcaa.org	The “Money! Search and Rescue” program provides free educational support in money management to lower-income and economically vulnerable families and individuals living in Humboldt County.
Financial Assistance with Training and Supports	North Coast Regional Department of Child Support Services	866-901-3212	2420 Sixth St., Eureka, CA 95501	http://humboldt.gov.org/DCSS	Utilizes legal practices to establish paternity and resolve financial issues related to supporting children. Mediated child support, time share agreements, and free budgeting skills education for parents using Department services. Learn more at https://www.youtube.com/watch?v=LtjAIT63ORM .
Financial Assistance with Training and Supports	Social Security Administration	866-828 1991	3144 Broadway St., Eureka, CA 95501	http://www.ssa.gov/	Administers Social Security disability and retirement benefits. Available by walk in or appointment weekdays, 9 a.m. to 4 p.m.
Financial Assistance with Training and Supports	Tsunami Enterprises	707-463-2546	PO Box 608, Ukiah, CA 95482	http://www.tsunami-enterprises.org	Provides representative payee and money management services. Only for SSI or SSA.
Financial Assistance with Training and Supports	Volunteer Income Tax Assistance (VITA), 2-1-1	2-1-1, 707-441-1001, 877-460-6000	--	https://211humboldt.org/	FREE tax preparation services offered year-round for low-to-moderate income individuals and families. Bilingual services available. Services offered at various locations throughout county. Please call or visit website for more information.

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Financial Assistance with Training and Supports	Wiyot Tribe Health & Human Services	707-733-5055	Wiyot Tribe, 1000 Wiyot Drive, Loleta, CA 95551	https://www.wiyot.us/31/Health-Human-Services-click-here-for-lis	There are a wide variety of social services offered for enrolled Wiyot citizens and their families. Some services are based on need and/or income qualification.
Financial Assistance with Training and Supports	Yurok Social Services Department, Yurok Tribe	707-482-1350	190 Klamath Blvd., PO Box 1027, Klamath, CA 95547	http://www.yuroktribe.org/departments/socialservices/	Mission: To help tribal members and families achieve independence, self-sufficiency and healthy, productive communities. Services include: General Assistance, Food Distribution, Low-Income Home Energy Assistance Program, Tribal TANF and the Yurok Domestic Violence/Sexual Assault Project.
Financial Assistance with Training and Supports	Yurok Tribal Temporary Assistance to Needy Families (TANF), Yurok Tribe	707-482-1350	3400 Erie St., Eureka, CA 95501 and 190 Klamath Blvd., CA 95548	https://www.yuroktribe.org/health-and-human-services-applications	Mission: To help Yurok needy families work toward and achieve self-sufficiency in a culturally appropriate way.
Food - Meals	Betty's Blue Angel	707-407-3833	133 Seventh St., Eureka, CA 95501	http://www.bettysblueangel.com/	Breakfasts and dinners provided throughout Humboldt County.
Food - Meals	Eureka Rescue Mission - Men's Program	707-443-4551	110 Second St., Eureka, CA 95501	https://eurekarescuemission.org/	Hot meals offered daily. Breakfast at 6 a.m. on weekdays and 7 a.m. on weekends. Dinner begins at 6:30 p.m.
Food - Meals	Eureka Rescue Mission- Women & Children's Program	707-443-5016	107 Third St., Eureka, CA 95501	https://eurekarescuemission.org/	Hot meals offered daily. Breakfast at 6 a.m. on weekdays and 7 a.m. on weekends. Dinner begins at 6:30 p.m.

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Food - Meals	Humboldt Senior Resource Center/ Heritage Cafe (Eureka)	707-442-1181	1910 California St., Eureka, CA 95501	www.humsenior.org	Call for reservations. If age 60 or older, contribution of \$3.50 suggested but not required. If younger than 60, \$10 per meal. Call for more information and schedule.
Food - Meals	Humboldt Senior Resource Center/ Heritage Cafe (Arcata)	707-825-2027	321 Dr Martin Luther King Jr. Parkway, Arcata, CA 95521	www.humsenior.org	Call for reservations. If age 60 or older, contribution of \$3.50 suggested but not required. If younger than 60, \$10 per meal. Call for more information and schedule.
Food - Meals	Humboldt Senior Resource Center/ Heritage Cafe (Fortuna)	707-725-6245	3000 Newburg Road, Fortuna, CA 95540	www.humsenior.org	Call for reservations. If age 60 or older, contribution of \$3.50 suggested but not required. If younger than 60, \$10 per meal. Located at the Gene Lucas Community Center. Call for more information and schedule.
Food - Meals	Humboldt Senior Resource Center/Meals on Wheels	707-443-9747	--	www.humsenior.org	Meals on Wheels Redwood Coast provides meals to homebound older adults in Arcata, Eureka, Fortuna and McKinleyville. Drivers also provide “wellness checks” for clients on their routes.
Food - Meals	St. Vincent de Paul Free Dining Facility	707-445-9588	35 W. Third St., Eureka, CA 95501 and 513 K St., Arcata, CA 95521	https://www.svd-redwoods.org/	Hot lunch is served Monday through Friday, from 11 a.m. to 1 p.m. as well as the last two Saturdays of the month.

Category	Name	Phone Number	Address	Website	Description
Food - Other Resources	Cal Poly Humboldt, "Oh SNAP!"	707-826-4556	1 Harpst St., Room 122, Arcata, CA 95521	http://hsuohsnap.org/	Oh SNAP! Services for Cal Poly Humboldt students include campus food pantry, cooking classes, CalFresh application assistance. The pantry is open at the Recreation and Wellness Center, Mondays and Wednesdays 9:30 a.m. to 6 p.m., Fridays 10:30 a.m. to 5 p.m. and Saturdays 10:30 a.m. to 5 p.m.
Food - Other Resources	CalFresh, Social Services, DHHS	877-410-8809	929 Koster St., Eureka, CA 95501, and other locations.	https://humboldt.gov.org/calfresh	CalFresh is California's federal Supplemental Nutrition Assistance Program (SNAP). Applications taken over the phone at 877-410-8809, at DHHS-Social Services (Monday-Friday 7:30 a.m. - 5:30 p.m.) and at BenefitsCal.com. Check the webpage for other locations/application methods. Fortuna, Garberville, Hoopa, Redway and McKinleyville offices.
Food - Other Resources	Cooperation Humboldt, Garden	707-502-2492	PO Box 7248, Eureka, CA 95502	https://cooperationhumboldt.com/mini-gardens-3/	Volunteers deliver a customized small garden setup at no charge. It is the recipient's responsibility to maintain mini-garden (advice and support offered if needed).
Food - Other Resources	Food For People (Homebound Delivery Program)	707-445-3166 x 309	Call or go to website.	http://foodforpeople.org/programs/homebound-delivery-program	Volunteers deliver a monthly bag of groceries for adults younger than 60 years old who are too ill or disabled to leave home. Requires a referral from a medical professional. See website for application and referral form.
Food - Other Resources	Hoopa Valley Tribe, Food Distribution Program	530-625-4646	11860 Hwy 96, PO Box 498, Hoopa, CA 95546	https://www.hoopansn.gov/departments/1490-2/food-distribution/	The Food Distribution Program on Indian Reservations is a program that provides food to low-income households living on Indian reservations. Office hours are Monday-Friday, 8 a.m. to 5 p.m. Website has food distribution forms.
Food - Other Resources	Parents Nutrition Center	707-798-2150	1125 Summer St., Eureka, CA 95501	https://www.parentsnutritioncenter.com/	Latina-owned storefront offers a place to purchase WIC items.

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Category	Name	Phone Number	Address	Website	Description
Food - Other Resources	RAVEN Project, RCAA	707-443-7099	523 T St., Eureka, CA 95501	https://www.facebook.com/ravenproject/	Provides food, clothing, showers and other services to houseless youth 10 to under 21 years of age.
Food - Other Resources	Summer Meals text 97779	--	--	--	Text "Summer meals" to 97779 or call 866-348-6479 to find a nearby free summer food service site for children.
Food - Other Resources	Two Feathers Native American Family Services	707-839-1933	1560 Betty Court, Suite A, McKinleyville, CA 95519	http://www.twofeathers-nafs.org/	Offers social work, emergency services, counseling and therapeutic culture groups. Services are free. Also helps with emergency food, clothing and shelter (up to 3 days) for domestic violence. Contact Kim Brown.
Food - Other Resources	USDA National Hunger Hotline	866-3-HUNGRY (English), 877-8-HAMBRE (Spanish)	50 Broad St., Suite 1103, New York, NY 10004	https://www.hungerfreeamerica.org/about/our-work/usda-national-hunger-hotline	Hotline for referrals to food programs across the U.S.; covers SNAP/CalFresh, WIC, food pantries, summer meals, soup kitchens and other emergency food programs. From 8 a.m. to 8 p.m. eastern time, English and Spanish. (Organizations contact http://nhc.fns.usda.gov/nhc/submit to be listed).
Food - Other Resources	Yurok Food Distribution, Yurok Tribe	707-464-1852	190 Nelson Lane, Crescent City, CA 95532	http://www.yuroktribe.org/departments/socialservices/fdp.htm	Provides an alternative to CalFresh for low-income tribal members residing within non-metropolitan areas of Humboldt and Del Norte and to other low-income individuals residing on the Yurok Reservation.
Food - Pantries	Cal Poly Humboldt, "Oh SNAP!"	707-826-4565	1 Harpst St., Room 122, Arcata, CA 95521	http://hsuohsnap.org/	Oh SNAP! Services for Cal Poly Humboldt students include campus food pantry, cooking classes and CalFresh application assistance. Pantry open in the Recreation and Wellmess Center, Tuesdays and Thursdays 9 - 11 a.m. and 1 - 5 p.m., Fridays 9 - 11 a.m. and 2 - 6 p.m.

Category	Name	Phone Number	Address	Website	Description
Food - Pantries	Cooperation Humboldt, Little Free Pantries	707-502-2492	PO Box 7248, Eureka, CA 95502	https://cooperationhumboldt.com/lfp/	For anyone who does not easily meet everyday food and personal need, these free little pantries offer canned goods, personal care items, paper goods and even school supplies, without the need to sign up for a program. See website for map of locations.
Food - Pantries	Food for People (Alderpoint Pantry)	--	17440 Alderpoint Road, Garberville, CA 95542	http://foodforpeople.org/programs/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Located at the Fire Hall. Call or see website for times.
Food - Pantries	Food for People (Arcata House Partnership Pantry)	707-633-6236	501 Ninth St., Arcata, CA 95521	http://foodforpeople.org/programs/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Call or see website for times.
Food - Pantries	Food for People (Bear River Rancheria Pantry)	--	263 Keisner Road, Loleta, CA 95551	http://foodforpeople.org/programs/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Located at the Bear River Rancheria. Call or see website for times.
Food - Pantries	Food for People (Blocksburg Pantry)	707-777-1775	27922 Alderpoint Road, Blocksburg, CA 95514	http://foodforpeople.org/programs/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Call or see website for times.
Food - Pantries	Food For People (Blue Lake Pantry)	707-668-4281	111 Greenwood Ave., Blue Lake, CA 95525	http://foodforpeople.org/programs/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Located at the Blue Lake Community Resource Center. Call or see website for times.

Category	Name	Phone Number	Address	Website	Description
Food - Pantries	Food For People (Bridgeville Pantry)	707-777-1775	38717 Kneeland Road, Bridgeville, CA 95526	http://foodforpeople.org/programs/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Located at the Bridgerville Community Center. Call or see website for times.
Food - Pantries	Food For People (Dinsmore Pantry)	707-777-1775	Route 36 Mile Marker 42.5, Dinsmore, CA	http://foodforpeople.org/programs/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Call or see website for times.
Food - Pantries	Food for People (Eureka Choice Pantry)	707-445-3166	307 W. 14th St., Eureka, CA 95501	https://foodforpeople.org/choice-pantry	The Food Bank for Humboldt County. Call Monday between 9 a.m. and 4 p.m. to schedule an appointment for that week. Limited walk-ins available. Pantry hours of operation are Tuesdays, Wednesdays and Fridays from 10 a.m. to 4 p.m. See website for pantry locations and other information.
Food - Pantries	Food For People (Eureka pantries)	--	1910 California St., Eureka, CA 95501	http://foodforpeople.org/programs/pantry-network	Commodities are distributed at Humboldt Senior Resource Center on the third Wednesday of each month between 10 and 11:30 a.m.
Food - Pantries	Food For People (Ferndale Pantry)	707-786-4475	712 Main St., Ferndale, CA 95536	http://foodforpeople.org/programs/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Located at the Ferndale Community Church. Call or see website for times.
Food - Pantries	Food For People (Fortuna Pantry)	707-725-1148	2292 Newburg Road, Fortuna, CA 95540	http://foodforpeople.org/programs/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Located at the St. Joseph's Pantry. Call or see website for times.

Category	Name	Phone Number	Address	Website	Description
Food - Pantries	Food For People (Free Produce Distributions)	707-445-3166	Call or see website for days, times and locations.	http://foodforpeople.org/programs/free-produce-markets	Seasonal free produce distributions May through October, once per month, in Eureka, Fortuna, Garberville and Redway. Must meet income guidelines. Call or see website for days, times and locations.
Food - Pantries	Food For People (Garberville Pantry)	707-923-3295	437 Maple Lane, Garberville, CA 95542	http://foodforpeople.org/programs/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Located at the Garberville Presbyterian Church. Call or see website for times.
Food - Pantries	Food for People (Honeydew Pantry)	(707) 629-3348	1 Wilder Ridge Road, Honeydew, CA 95545	https://foodforpeople.org/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Located at the Honeydew Elementary School. Call or see website for times.
Food - Pantries	Food For People (Loleta Pantry)	707-733-5239, 707-733-5751	228 Church St., Loleta, CA 95551	http://foodforpeople.org/programs/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Located at the Loleta Community Church. Call or see website for times.
Food - Pantries	Food For People (McKinleyville Pantry)	707-840-0905	1615 Heartwood Drive, McKinleyville, CA 95519	http://foodforpeople.org/programs/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Located at the Center at McKinleyville. Call or see website for times.
Food - Pantries	Food For People (Mobile Produce Pantry)	707-445-3166	See website for times and locations.	http://www.foodforpeople.org/programs/mobile-produce-pantry	Mobile Produce Pantry is a refrigerated truck full of fresh fruits and vegetables driven to distribution locations county wide. See website for times and locations.

Category	Name	Phone Number	Address	Website	Description
Food - Pantries	Food for People (Myers Flat Pantry)	--	54 Myers Ave., Myers Flat, CA 95554	https://foodforpeople.org/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Located at the Myers Flat Volunteer Fire Department. Call or see website for times.
Food - Pantries	Food For People (Orick Pantry)	707-488-2803	120918 Highway 101, Orick, CA 95555	http://foodforpeople.org/programs/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Located at the Orick Elementary School. Call or see website for times.
Food - Pantries	Food for People (Petrolia Pantry)	--	167 Sherman Ave., Petrolia, CA 95558	https://foodforpeople.org/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Located at the Mattole Valley Resource Center. Call or see website for times.
Food - Pantries	Food For People (Rio Dell Pantry)	707-764-5239	143 Main St., Scotia, CA 95565	http://foodforpeople.org/programs/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Call or see website for times.
Food - Pantries	Food For People (Trinidad Pantry)	707-445-3166	Town Hall, 409 Trinity St., Trinidad, CA 95570	http://foodforpeople.org/programs/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. See website for times.
Food - Pantries	Food For People (Willow Creek Pantry)	530-629-3141	38883 Hwy. 299, Willow Creek, CA 95573	http://foodforpeople.org/programs/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Located at the Willow Creek Community Center. Call or see website for times.
Food - Pantries	Food for People (Wiyot Pantry)	--	1000 Wiyot Drive, Loleta CA 95551	http://foodforpeople.org/programs/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Located at the Wiyot Admin Office. Call or see website for times.

Category	Name	Phone Number	Address	Website	Description
Food - Pantries	Fortuna Adventist Community Services	707-725-1166	2331 Rohnerville Road, Fortuna, CA 95540	http://fortunaacs.com/	Serving the Eel River Valley, provides information on community resources and operates a thrift store, clothing closet and food pantry. Bilingual staff available.
Food - Pantries	Our Savior's Lutheran Church	707-786-9619	425 Shaw Ave., Ferndale, CA 95536	https://www.facebook.com/people/Our-Saviors-Ferndale/100070871201065/	Free clothing closet open on Wednesdays from 1 to 4 p.m., located directly behind the church on Shaw Avenue. Dry goods food pantry also available. Grief support group meets at 4:30 p.m. on Wednesdays. Free English-Second-Language and GED courses are offered to adults Mondays, Wednesdays and Fridays, 1 to 4 p.m.
Food - Pantries	Salvation Army	707-442-6475	2123 Tydd St., Eureka, CA 95501	https://eureka.salvationarmy.org/	Lunch and coffee available Mondays through Fridays, 9 a.m. to noon. Must provide ID and # of people in household (including proof of ID for each adult member and proof for children only for first calendar year visit), income eligibility proof. Limit once a month.
Food - Pantries	See Extensive Listing of Resource Centers	--	--	--	Many of the family/community resource centers in the "Community Info and Referral" section offer some food services.
Grief & Bereavement Services	Compassionate Friends	415-244-7199	819 15th St., Eureka, CA 95501	http://www.compassionatefriends.org	National organization for members (or a friend) of a family that has suffered the death of a child. Facilitates meetings to give support. Eureka and Southern Humboldt chapters. Eureka chapter does not have a webpage. Meetings held the second Tuesday of each month at 7 p.m., 819 15th St. in Eureka.
Grief & Bereavement Services	Friends for Survival	916-392-0664 or 1-800-646-7322	--	https://friendsforsurvival.org/	Bereavement outreach organization available to those who are grieving a suicide death of family or friends.

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Updates issued April and October

Category	Name	Phone Number	Address	Website	Description
Grief & Bereavement Services	GriefNet	--	--	http://www.griefnet.org	Has over 50 e-mail grief support groups and two websites. An integrated approach to online grief support provides help to people working through loss and grief issues of many kinds. Companion site, KIDSAID.com.
Grief & Bereavement Services	GriefShare (Eureka Faith Center)	707-442-1784	1032 Bay St., Eureka, CA 95501	http://eurekafaithcenter.org/	GriefShare is a 13-week video seminar and support group for men and women grieving the loss of someone close. "Your journey from mourning to joy."
Grief & Bereavement Services	Hospice of Humboldt (HoH)	707-445-8443	3327 Timber Falls Court, Eureka, CA 95503	http://www.hospiceofhumboldt.org/	Grief support services include drop-in support groups, community arts gatherings and direct 1-on-1 counseling. Grief support services are free and available to anyone in the community, regardless of previous connection with HoH.
Grief & Bereavement Services	Kara: Grief Support for Children, Teens, Families and Adults	650-321-5272	457 Kingsley Ave., Palo Alto, CA 94301	https://kara-grief.org/	Emotional support and information for those grieving a death or coping with a terminal illness (their own or another's).
Grief & Bereavement Services	Public Health Nursing Grief Support, DHHS	707-268-2105	317 Second St., Eureka, CA 95501	http://humboldtgov.org/583/Public-Health-Nursing	A Public Health Nurse will provide support when a family has experienced a fetal demise, infant or child death. Referrals area accepted from agencies, medical providers, and families may self-refer.
Health & Wellness	Breast and GYN Health Project	707-825-8345	987 Eighth St., Arcata, CA 95521	https://bg hp.org/	Support and education for people facing breast or gynecologic cancer concerns. All services are free. No medical services are provided, but useful education and resources are available.

Category	Name	Phone Number	Address	Website	Description
Health & Wellness	Breastfeeding Task Force, Maternal Child & Adolescent Health (MCAH) DHHS-PH	707-445-6210	908 Seventh St., Eureka, CA 95501	https://humboldt.gov.org/HCPCC	MCAH program's goal is to boost the duration of breastfeeding by increasing community awareness and support for breastfeeding mothers. This taskforce is a subcommittee of the Humboldt County Perinatal Community Coalition. If interested email MCAH at: MCAH@co.humboldt.ca.us
Health & Wellness	Childhood Lead Poisoning Prevention Program (DHHS-PH Environmental Health)	707-445-6215	100 H St., Suite 100, Eureka, CA 95501	https://humboldt.gov.org/607/Childhood-Lead-Poisoning-Prevention-Prog	Works with families, property owners and community partners to assess the existence potential for lead exposure, reduce lead exposure regardless of whether children are assessed and blood tested for lead poisoning. Provides onsite assessment of potential lead hazards present. Collaborates with community partners to offer trainings and no-cost educational materials.
Health & Wellness	Family Violence Prevention Program, Public Health, DHHS	707-268-2132	908 Seventh St., Eureka, CA 95501	https://humboldt.gov.org/SVPP	A primary prevention program of the Healthy Communities Division of Public Health working to prevent violence in Humboldt County using strategies including workforce development, community education, referrals to local and national resources, and community collaboration. Works as a lead agency with the Domestic Violence Prevention Committee to coordinate unduplicated efforts to spread awareness on domestic and dating violence through outreach, interagency collaboration, and community-facing trainings.

Category	Name	Phone Number	Address	Website	Description
Health & Wellness	Health Insurance Counseling and Advocacy (HICAP), Area 1 Agency on Aging	707-444-3000 (Eureka), 800-434-0222	333 J St., Eureka, CA 95501	http://www.a1aa.org/	HICAP: Free, unbiased Medicare consulting for beneficiaries and family caregivers. Assistance with prescription drug plans, supplement plan information, no cost preventive services, fraud prevention and Medicare issues.
Health & Wellness	Latino Outdoors	--	--	http://latinooutdoors.org	Latino-led and volunteer powered organization that provides outdoor recreation opportunities to youth and families to inspire and empower Latino wellness and outdoor leadership using culturally relevant programs.
Health & Wellness	North Coast AIDS Project (NorCAP), Public Health, DHHS	Case Management: 707-268-2132, Outreach: (call or text) 707-599-6318	908 Seventh St., Eureka, CA 95501	http://www.humboldt.gov.org/620/North-Coast-AIDS-Project-NorCAP	Services include assistance with housing, insurance, medication access, transportation, linkages to mental health and substance use treatment, medical care and treatment, resource referral, and advocacy services. PrEP/PEP (HIV prevention medication) Assistance Program. Outreach services include HIV/HCV and linkage to case management, medical care and treatment, syringe exchange, overdose prevention and naloxone distribution, and training to organizations and individuals on all program topics.

Category	Name	Phone Number	Address	Website	Description
Health & Wellness	Physical Activity and Nutrition Program (DHHS-PH Healthy Communities)	707-268-2132	908 Seventh St., Eureka, CA 95501	https://humboldt.gov.org/2049/Physical-Activity-and-Nutrition-Program	Offers evidence-based nutrition and physical activity education, including older adult falls prevention classes and youth cycling, in eligible schools and community settings. This program supports community partners to implement policy, systems, and environmental changes related to healthy eating and active living and provides resources such as recipe cards, cookbooks, and playground stencil kits.
Health & Wellness	RxSafe Humboldt	707-443-4563	--	http://www.rxsafehumboldt.org/	The RxSafe Humboldt Coalition works to reduce overuse of opioids in Humboldt: Resources for community members include an Alternative Pain Management Resource guide.
Health & Wellness	Staying Active and Independent for Life (SAIL), Area 1 Agency on Aging	707-442-3763	333 J St., Eureka, CA 95501	--	Evidenced-based, fall-prevention, strength and balance exercise classes led by trained volunteers and offered throughout Humboldt County.
Health & Wellness	Substance Use Prevention, Public Health, DHHS	707-268-2132	908 Seventh St., Eureka, CA 95501	https://humboldt.gov.org/2046/Substance-Use-Prevention	Works to prevent harm caused by alcohol and other drugs in Humboldt County. Offers trainings and presentations to youth, adults, school sites and parent groups. Substance use prevention brochures and printed materials available upon request. Free lockboxes to safely store cannabis products, vapes, alcohol and other drug items, and prescription medications that can be harmful to youth and families.

Category	Name	Phone Number	Address	Website	Description
Health & Wellness	Suicide Prevention Program, Public Health, DHHS	707-268-2132	908 Seventh St., Eureka, CA 95501	https://humboldt.gov.org/2047/Suicide-and-Violence-Prevention-Program	A primary prevention program of the Healthy Communities Division of Public Health working to prevent suicide using strategies including suicide fatality review, workforce development, community education, resource referrals, lethal means safety, and community collaboration. Works as a lead agency with Humboldt Suicide Prevention Network to coordinate campaigns such as Suicide Awareness Month, Know the Signs and Take Action for Mental Health.
Home Visiting Services	Field Nursing, Public Health, DHHS	707-268-2105	317 Second St., Eureka, CA 95501	https://humboldt.gov.org/585/Public-Health-Nursing	Field Nursing service teams include PH Nurses and Community Health Outreach Workers. These case management services, which are home-based, provide health and safety assessments and offer appropriate education for families in all geographic locations of the county.
Home Visiting Services	Nurse-Family Partnership (NFP), Public Health, DHHS	707-268-2105	317 Second St., Eureka, CA 95501	http://humboldt.gov.org/NFP	Evidenced-based Public Health program that shows significant improvements in the health and lives of families with the greatest social and economic needs. NFP works by having specially trained nurses regularly visit first-time families, starting early in the pregnancy and continuing through the child’s second birthday. NFP delivers trusted information and resources to first time expectant parents to build the lives they want for themselves and their children.
Home Visiting Services	SafeCare®, Public Health, DHHS	707-445-6211 Toll Free: 800-698-0843	908 Seventh St., Eureka, CA	https://humboldt.gov.org/SafeCare	SafeCare® is a parenting program for adults with children age 0 to 5. Parents learn how their parenting decisions and actions affect their child's growth and development. SafeCare® providers complete visits once a week for around 18 to 20 weeks.

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Category	Name	Phone Number	Address	Website	Description
Home Visiting Services	SMILE Humboldt Family, Public Health, DHHS	707-476-4949	908 Seventh St., Eureka, CA 95501	https://humboldt.gov.org/655/Oral-Health	Dental coaches help families coordinate care by making dentist appointments, assisting with specific dental needs and providing oral health education to families and individuals. This program is operated by the DHHS Maternal, Child and Adolescent Health program.
Homeless/ Houseless	AHHA Shower Care-A-Van	707-298-1466	PO Box 3794, Eureka, CA 95502	https://www.ahha-humco.org/ahha-shower-care-a-van-schedule	AHHA operates the Shower Care-A-Van, a three bathroom trailer with showers. In addition to providing showers, the Shower Care-A-Van also distributes clothing, food, and hygiene supplies and helps individuals connect with services. See webpage for dates and locations of showers.
Homeless/ Houseless	Arcata House Partnership	707-633-6236	501 Ninth St., Arcata, CA 95521	http://www.arcatahouse.org/	24-hour low barrier shelter program for adults (people 18 or older) and families with children in various locations. Temporary shelter provided as people work to get entitlement benefits, employment and connection to medical/mental health/substance use support services and prepare to be permanently housed. Case management provided to develop service and housing plans and provide housing navigation services.
Homeless/ Houseless	Betty Kwan Chinn Day Center	707-407-3833	133 Seventh St., Eureka, CA 95501	http://bettychinn.org/day-center/	Open Mondays through Fridays from 8 a.m. to 4 p.m. Phone calls received until 4 p.m. Day center services include case management, bilingual assistance, access to legal library, employment and housing opportunities, use of the computer lab, phone and mail services. Clothing and hygiene products available on a limited basis.

Category	Name	Phone Number	Address	Website	Description
Homeless/ Houseless	Care-A-Van, Affordable Homeless Housing Alternatives (AHHA)	707-298-1466	PO Box 3794 Eureka, CA 95502	www.ahha-humco.org	AHHA's Care-A-Van is a pop-up care center for houseless community members. Services provided: Information and referral services, clean clothing, hygiene products, fresh food, non-perishables, cell phone charging and dog care products. Mobile showers. Call or visit website for current locations/schedule.
Homeless/ Houseless	For Shelters and Housing, see those specific sections	--	--	--	See sections "Housing: Permanent/Rapid Re-housing," "Housing: Transitional," "Shelters: Emergency/Crisis."
Homeless/ Houseless	Home Grown Host Homes	info@homegrownhosthomes.org	--	https://homegrownhosthomes.org	Comprehensive, community-based approach to addressing youth homelessness. Relies on caring community members in Humboldt County who open their homes for 3-12 months and “host” youth (ages 18-24) experiencing homelessness. Hosts provide youth with housing, stability and mentorship, while staff work with them to achieve their independent living goals.
Homeless/ Houseless	Humboldt County Express Library Card	707-269-1900	--	https://humboldt.gov.org/200/Library-Cards	An Express Card allows you to check out up to two items at a time in any format. Must be renewed annually. It can become a full-service, permanent Library Card when a local mailing address is provided and completion of the Library Card form.

Category	Name	Phone Number	Address	Website	Description
Homeless/ Houseless	Humboldt Houseless Youth Support Collaboration (HHYSC)	707-298-5190	--	--	The HHYSC is a community and youth collaboration that supports the needs of houseless youth in Humboldt. Meetings are held on the 4th Thursdays from 3 to 4 p.m. Focus is on connecting about services for young people in Humboldt County and discussing ways shared knowledge and resources can support one another. Questions, email: hhysc@hctayc.org
Homeless/ Houseless	Humboldt Senior Resource Center/ Housing and Community Resources Assistance	707-443-9747	1910 California St., Eureka CA 95501	https://www.humseni.or.org	Community Resources Assistance helps link community members with needed programs and services. Housing Assistance helps connect those at risk of losing shelter with available housing options. Assistance provided to community members age 55+ and all disabled adults age 18+.
Homeless/ Houseless	RAVEN Project, RCAA	707-443-7099	523 T St., Eureka, CA 95501	http://rcaa.org/division/youth-service-bureau/program/raven-project-St.-outreach-program	Provides food, clothing, showers and other services to houseless youth 21 years of age and younger.
Homeless/ Houseless	See various other categories	--	--	--	Other sections that may have applicable listings include "Advocacy & Legal Services," "Clothing/Hygiene Resources," "Food - Meals," "Food - Pantries" and "Food - Other Resources."
Housing: Assisted Living	Addie Meedom House	530-324-2791	1445 Parkway Drive, Crescent City, CA 95531	https://www.addiemeedomhouse.com/	Addie Meedom House staff are dedicated to providing senior supported living that offers exceptional care and excellent value. Call toll-free at 866-646-0142 to schedule a tour or request more information.

Category	Name	Phone Number	Address	Website	Description
Housing: Assisted Living	Alder Bay Assisted Living	707-825-3110	1355 Myrtle Ave., Eureka, CA 95501	https://www.alderbayalf.com/	Alder Bay Assisted Living provides a full range of senior living options. Their community offers all of the comforts of home with the added benefit of a team of experienced, caring professionals dedicated to providing quality service.
Housing: Assisted Living	CA Department of Social Services (CDSS), Licensed Care Facilities	--	--	http://www.cdss.ca.gov/inforesources/Community-Care-Licensing/Facility-Search-Welcome	CDSS maintains an online database that contains informative listings of licensed care facilities within the state of California. The database is free to use and is constantly being updated to ensure accurate and up-to-date information.
Housing: Assisted Living	Cutten Care Home	707-444-3428	6253 Berry Lane, Eureka, CA 95501	www.cuttencare.com unverified	A privately owned and operated 15-bed residential care home. Family oriented setting that promotes and enhances a positive quality of life for every resident. Offers a selection of daily planned activities such as exercise, history trivia, bingo and music.
Housing: Assisted Living	Frye's Care Home	707-442-2712	2240 Fern St., Eureka, CA 95503	http://www.fryescarehome.com/	Frye's Care Home is a privately owned and operated senior living community offering both Assisted Living and Memory Care. Call to schedule a tour or to request more information.
Housing: Assisted Living	Humboldt House Lodge	800-558-0653	4041 F St., Eureka, CA 95503	https://caring.com/senior-living/california/eureka/humboldt-house-lodge-assisted-living	Owned and managed by registered nurse Susan Powell, Humboldt House Lodge is a senior living facility that offers independent and assisted living options. Please call to schedule an appointment and tour the facility.

Category	Name	Phone Number	Address	Website	Description
Housing: Assisted Living	Sequoia Springs Senior Living Community (Avalon), Fortuna	707-726-0111	2401 Redwood Way, Fortuna, CA 95540	http://sequoiasprings-sl.com/	Sequoia Springs Assisted Living Community, located in Fortuna, is an exclusive retirement community providing independent living, assisted living and Alzheimer’s and dementia care for seniors.
Housing: Assisted Living	Timber Ridge, Eureka	707-443-3000	2740 Timber Ridge Lane, Eureka, CA 95503	http://www.timberridgecare.com/communities/eureka	The Eureka location features one to four bedroom and studio apartment-style homes, fine dining and ample activities for residents to enjoy. Call or visit the website for more information on this and other Timber Ridge locations.
Housing: Assisted Living	Timber Ridge, McKinleyville	707-839-9100	1400 Nursery Way, McKinleyville, CA 95519	http://www.timberridgecare.com/communities/mckinleyville	The McKinleyville location features one bedroom and studio apartment-style homes, fine dining and ample activities for residents to enjoy. Call or visit the website for more information on this and other Timber Ridge locations.
Housing: Assisted Living	Timber Ridge, McKinleyville Renaissance	707-839-9100	1400 Nursery Way, McKinleyville, CA 95519	http://www.timberridgecare.com/communities/mckinleyville-renaissance	Timber Ridge Renaissance communities offer personalized care for residents with Alzheimer's, dementia and other memory diseases.
Housing: Long Term Care	Butler Valley	707-442-2451	4635 Broadway, Eureka, CA 95503	http://www.butlervalleey.org/	Provides residential services and a day program to individuals with intellectual disabilities; facilities in Arcata and Eureka.
Housing: Long Term Care	Eureka Rehab & Wellness Center	707-445-3261	2353 23rd St., Eureka, CA 95501	http://eurekarehabwc.com/	Short-term and long-term care programs include physical therapy, occupational therapy, speech and respiratory therapy. Skilled 24-hours nursing staff assist in everyday tasks such as dressing and eating.

Category	Name	Phone Number	Address	Website	Description
Housing: Long Term Care	Fortuna Rehab & Wellness Center	707-725-4467	2321 Newburg Road, Fortuna, CA 95540	http://fortunarehabwc.com/	Short and long-term care with programs that include physical therapy, speech therapy and high quality 24-hour nursing care. Bereavement support provided for families with a local hospice agency and help for patients to connect with their spiritual side.
Housing: Long Term Care	Granada Rehab & Wellness Center	707-443-1627	2885 Harris St., Eureka, CA 95503	http://granadarehabwc.com/	Long-term care facility with 24-hour nursing staff on hand. The facility has 87 beds and offers a variety of services ranging from wound care and dietary services to religious services and a beauty shop.
Housing: Long Term Care	Seaview Rehab & Wellness Center	707-443-5668	6400 Purdue Drive, Eureka, CA 95503	http://seaviewrehabwc.com/	24-hour nursing staff strive to build an environment of care and compassion for patients. Short and long-term care programs include physical therapy, occupational therapy, speech and respiratory therapy.
Housing: Long Term Care	Southern Humboldt Skilled Nursing Facility	707-923-3921	733 Cedar St., Garberville, CA 95542	https://sohumhealth.org/services/skilled-nursing-unit/	8 beds located in the same building as Jerold Phelps Community Hospital and the Southern Humboldt Community Clinic, on-site lab, radiology, CT scanner, mammography and emergency room.
Housing: Permanent/ Rapid Re-Housing	Arcata House Partnership	707-633-6236	501 Ninth St., Arcata, CA 95521	http://www.arcatahouse.org/	A permanent supportive housing program for people who are chronically homeless and disabled. Clients are helped to locate an appropriate unit and negotiate a lease with a landlord.
Housing: Permanent/ Rapid Re-Housing	Coordinated Entry System (CES): 2-1-1	2-1-1, 707-441-1001, 877-460-6000	--	https://211norcal.org/tehama/homeless-assistance/	HUD-requirement used to prioritize households for HUD-funded housing assistance for people experiencing homelessness. Prioritization in this real-time list is based on severity of service needs. In Humboldt, individuals call 2-1-1 to enroll in the CES or are enrolled by their service provider.

Category	Name	Phone Number	Address	Website	Description
Housing: Permanent/ Rapid Re-Housing	Hoopa Valley Tribal Housing Authority	530-625-4745	172 Hostler Field Road, PO Box 1285, Hoopa, CA 95546	https://www.hvha.us/	Low-income and market-based rentals.
Housing: Permanent/ Rapid Re-Housing	Housing Homeless Adults Program (HHAP), RCAA	707-269-2040	904 G St., Eureka, CA 95501	www.rcaa.org	HHAP program receives referrals from DHHS-Adult Protective Services and assists clients who are homeless to find permanent housing. HHAP also provides long-term case management to help clients sustain housing.
Housing: Permanent/ Rapid Re-Housing	Humboldt Housing Authority (HHA) (for HUD/Section 8)	707-443-4583	735 W. Everding St., Eureka, CA 95501	https://eurekahumboldt.org/	HHA is a local public housing agency, serving families and senior citizens of low and moderate income. Section 8 includes a housing choice voucher program where eligible clients may work with a landlord who is willing to accept the voucher to pay for part or all of the rent.
Housing: Permanent/ Rapid Re-Housing	Humboldt Senior Resource Center/ Housing and Community Resources Assistance	707-443-9747	1910 California St., Eureka CA 95501	https://www.humsenior.org	Community Resources Assistance helps link community members with needed programs and services. Housing Assistance helps connect those at risk of losing shelter with available housing options. Assistance provided to community members age 55+ and all disabled adults age 18+.
Housing: Permanent/ Rapid Re-Housing	Nation's Finest, Supportive Services for Veteran Families (SSVF)	707-442-4322	109 Fourth St., Eureka, CA 95501	https://nationsfinest.org	SSVF is a rapid rehousing program that can assist veteran households that are homeless, or at risk of losing their housing, become housed or remain housed.

Category	Name	Phone Number	Address	Website	Description
Housing: Permanent/ Rapid Re-Housing	North Coast Homeshare Program, Area 1 Agency on Aging	707-442-3763	333 J St., Eureka, CA 95501	http://www.a1aa.org/homesharing	Matches people looking for housing with people who have extra space in their home through a detailed process including: An application, background and reference checks, an interview, inspection of the rental space and follow-up after a match is made.
Housing: Permanent/ Rapid Re-Housing	Rural Communities Housing Development Corporation (RCHDC)	707-463-1975	499 Leslie St., Ukiah, CA 95482	www.rchdc.org	RCHDC is a nonprofit organization offering affordable rental housing to low-income households.
Housing: Permanent/ Rapid Re-Housing	Yurok Indian Housing Authority	707-482-1506, 800-281-4749	15540 Hwy. 101 North, Klamath, CA 95548	https://www.yurokhousing.com/	Services include rehabilitation programs, elder emergency assistance, rental programs for low rent and students, home ownership programs and weatherization.
Housing: Search Resources	Cal Poly Humboldt	--	--	https://housing.humboldt.edu/off-campus	The Off-Campus Housing team helps students in the housing search by providing resources, education and individualized support. The Cal Poly webpage listed offers an interactive list of rental agencies in Humboldt County, as well as a printable PDF version of the list.
Housing: Search Resources	DHHS Housing Info Sheet	--	--	https://humboldt.gov.org/DocumentCenter/View/103589	A one-page document very briefly summarizing some DHHS efforts. There are specific housing supports for CalWORKs recipients available to view at the link below. https://humboldt.gov.org/DocumentCenter/View/55557/1-13-27-Info-Sheet---CalWORKs-Housing-Supports

Category	Name	Phone Number	Address	Website	Description
Housing: Search Resources	Humboldt County Housing Resources (Partnership)	--	--	https://partnershiphp.org/Community/Documents/Humboldt/Humboldt_Housing.pdf	Robust list of housing related resources including emergency shelter locations, homelessness support services, permanent/rapid rehousing recourses and more. From Partnership HealthPlan of California.
Housing: Search Resources	Planning and Building Department - Housing Division	--	--	https://humboldt.gov.org/210/Housing-and-Grants	Works to increase the supply of affordable housing for residents in the unincorporated areas of the county. Find links on their webpage to a Home Buyer Assistance program, owner occupied housing repair program, Accessory Dwelling Unit information, property managers and more.
Housing: Search Resources	Sober Living Environment and Recovery Housing Resources DHHS List PH	--	--	https://humboldt.gov.org/DocumentCenter/View/90877	A listing of sober living environments, organized by region. Maintained by Public Health staff and available on the DHHS Internet.
Housing: Transitional	Betty's House Family Shelter	707-407-3833	624 C St., Eureka, CA 95501	http://bettychinn.org/	Betty's House Family Shelter serves families with children aged 0-17 years old. The shelter offers case management, resource referrals, meals and a stay of up to 6 months. Referrals are accepted from CalWORKs or Child Welfare Services. Call for more information.
Housing: Transitional	Betty's House Medical Respite	707-407-3833	624 C St., Eureka, CA 95501	http://bettychinn.org/	Shelter that provides meals and a 21-day stay for residents referred to the program, with a total capacity of 10 adult individuals at a time. All referrals must go through the Care Transitions Team at St. Joseph Hospital, but feel free to call for general information.

Category	Name	Phone Number	Address	Website	Description
Housing: Transitional	Home Grown Host Homes	info@homegrownhosthomes.org	--	https://homegrownhosthomes.org	Comprehensive, community-based approach to addressing youth homelessness. Relies on caring community members in Humboldt County, who open their homes for 3-12 months and “host” youth (ages 18-24) experiencing homelessness. Hosts provide youth with housing, stability and mentorship, while staff work with them to achieve their independent living goals.
Housing: Transitional	Mercy's Haven	mercyshaven213@gmail.com	PO Box 607, Blue Lake, CA 95525	--	Non-denominational, faith-based transitional housing resource for adult mothers and their children. Offers structure, support, and accountability for moms willing to grow and build successful lives with their children. Please call us or visit the website to learn more.
Housing: Transitional	Nation's Finest, Transitional Housing (TH)	707-442-4322	109 Fourth St., Eureka, CA 95501	https://nationsfinest.org	18 VA grant and per diem beds, three currently designated for female veterans. Case managers and veterans work to develop an Individual Service Plan to identify various barriers and develop goals to overcome them.
Housing: Transitional	Parents and Children in Transition Program (PACT), RCAA	707-269-2001	904 G St., Eureka, CA 95501	http://rcaa.org/	Referrals accepted from DHHS-Child Welfare Services. PACT provides short-term housing with intensive and holistic supportive services that promote family reunification, parent/caregiver and child bonding, self sufficiency and assist in reducing the risk factors associated with the impact of trauma and generational poverty.
Housing: Transitional	Serenity Inn	707-442-4815	2109 Broadway, Eureka, CA 95501	--	Low-cost motel with single rooms and shared living spaces/dorm style; pet and child friendly. Call for information due to low vacancy rates.

Category	Name	Phone Number	Address	Website	Description
Housing: Transitional	Sober Living Environment and Recovery Housing Resources DHHS List PH	--	--	https://humboldt.gov.org/DocumentCenter/View/90877	A listing of sober living environments, organized by region. Maintained by Public Health staff and available on the DHHS webpage.
Housing: Transitional	Youth Service Bureau, RCAA	707-443-8322 x 205 or 206	1100 California St., Eureka, CA 95501	http://rcaa.org/youth-services-bureau	Provides long term housing and financial assistance with rent, security deposits, etc. for qualifying youth ages 16 to under 25.
LGBTQ+	Eric Rofes Multicultural Queer Resource Center (ERC), Cal Poly Humboldt	707-826-3795	Cal Poly Humboldt, Nels on Hall West 202, Arcata, CA 95521	https://www2.humboldt.edu/erc	The ERC's mission is to shift public opinion of the queer community on campus and in the local area from tolerance to acceptance. The ERC creates a hub for students to learn about events and organizations on campus.
LGBTQ+	Humboldt Rainbow Connection	--	Eureka, CA 95502	https://www.facebook.com/pg/humboldtpride	Extensive listing of Humboldt, regional and national resources. Can subscribe to a free monthly e-newsletters on website to stay in the know on all things queer in Humboldt.
LGBTQ+	PFLAG (Parents, Families and Friends of Lesbians and Gays)	--	--	https://www.facebook.com/pflag.eurekaarcata/	Uniting people who are lesbian, gay, bisexual, transgender, and queer (LGBTQ) with families, friends and allies. Visit Facebook page for local chapter meeting time/location.
LGBTQ+	Queer Humboldt	707-502-2890	PO Box 45, Arcata, CA 95518	https://www.queerhumboldt.org/	Queer Humboldt is an organization dedicated to providing resources for the queer community. Website lists local events, resources, groups, links, visitor information, news and pictures that benefit the queer community.

DHHS does not endorse listed services, and cannot guarantee accuracy or completeness. For information only.

Updates and corrections: contact HCRL@co.humboldt.ca.us

Category	Name	Phone Number	Address	Website	Description
LGBTQ+	Queer Humboldt Extensive Resource List	707-502-2890	--	https://www.queerhumboldt.org/	View resources maintained by Queer Humboldt. Community service groups, open and affirming churches and spiritual organizations, youth, homelessness, crisis, social groups, mental wellness, health wellness, legal resources, wedding resources and more.
LGBTQ+	RAVEN Project, RCAA	707-443-7099	523 T St., Eureka, CA 95501	http://rcaa.org/division/youth-service-bureau/program/raven-project-St.-outreach-program	Provides food, clothing, showers, and other services to houseless youth 10 to under 21 years of age.
Mediation/ Conflict Resolution	Humboldt Mediation Services (HMS)	707-572-4092	317 Third St., Eureka, CA 95501	http://www.humboldtmediationservices.org/	Trained volunteer mediators offering conflict resolution services for disputes including divorce/separation, child custody, family conflict, workplace or business conflict and tenant-landlord issues. Fees are on a sliding scale: No one turned away due to inability to pay.
Medical Info/Insurance	Covered CA Certified Enrollment Counselors	855-324-3147	--	https://hbex.coveredca.com/enrollment-counselors/	Find local help to enroll in health care coverage and discuss options: Certified insurance agents, certified enrollment counselors, county offices.
Medical Info/Insurance	Health Insurance Counseling and Advocacy (HICAP), Area 1 Agency on Aging	707-444-3000 (Eureka), 800-434-0222	333 J St., Eureka, CA 95501	http://www.a1aa.org/	Free, unbiased Medicare consulting for beneficiaries and family caregivers. Assistance with prescription drug plans, supplement plan information, no cost preventive services, fraud prevention and Medicare issues.

Category	Name	Phone Number	Address	Website	Description
Medical Info/Insurance	Healthy Kids Humboldt, Providence, St. Joseph Hospital	707-296-6421	2700 Dolbeer St., Eureka, CA 95501	https://www.providence.org/locations/norcal/st-joseph-hospital-eureka/community-support/healthy-kids-humboldt	Bilingual staff Lucy Silveira. Services focus on children’s health insurance, Medi-Cal enrollment and navigation of the health care system.
Medical Info/Insurance	Humboldt Independent Practice Association (IPA)	707-443-4563	2315 Dean St., Eureka, CA 95501	http://www.humboldtifa.com/	The Humboldt IPA provides leadership in working with health plans and health care providers to ensure that medical care is provided in a manner that enhances the public health and promotes access to quality care.
Medical Info/Insurance	Humboldt-Del Norte County Medical Society	707-442-2367	PO Box 6457, Eureka, CA 95502	http://www.hdncms.org/	Professional organization for Physicians. Local component of California Medical Association.
Medical Info/Insurance	Medi-Cal, Social Services, DHHS	877-410-8809	929 Koster St., Eureka, CA 95501, and other locations.	http://humboldt.gov.org/528/Medi-Cal	Medi-Cal is California's Medicaid program; health care coverage for low-to-middle-income individuals and families. Applications are taken over the phone at 877-410-8809, at DHHS - Social Services (Mon - Fri 7:30 a.m. to 5:30 p.m.) and at BenefitsCal.com. Call for other locations and application methods. Fortuna, Garberville, Hoopa, Redway and McKinleyville offices.
Medical Info/Insurance	Member Services Department, Open Door Community Health Centers	707-269-7073	1522 Third ST., Eureka, CA 95501	http://opendoorhealth.com/opendoor/services/member-services/	A free service that helps community members access community resources, programs, and benefits such as Medi-Cal, CalFresh and Covered California and navigate health care services.

Category	Name	Phone Number	Address	Website	Description
Medical Info/Insurance	NeedyMeds, Inc.	800-503-6897	--	http://www.needymeds.org	Online resource for finding patient assistance programs that provide free/low-cost medications.
Medical Info/Insurance	Partnership HealthPlan of California	800-863-4155	--	http://www.partnership.org/	Managed care organization for Medi-Cal (MC) in Humboldt. Ensures MC recipients have access to quality medical care. Help finding doctors and specialists, help resolving issues. Open Mondays through Fridays 8 a.m. to 5 p.m.
Medical Info/Insurance	Redwood Coast PACE, Humboldt Senior Resource Center	707-443-9747	1910 California St., Eureka, CA 95501 and 3200 Newburg Road, Fortuna, CA 95540	www.humsenior.org	A Program of All-inclusive Care for the Elderly: Health plan that provides comprehensive medical care and supportive services for eligible adults aged 55 and older who have disabilities or chronic conditions and need a nursing home-level of care, but wish to remain at home. Service area from Trinidad to Scotia, inland to Blue Lake and Carlotta.
Medical Info/Insurance	Rx Safe Humboldt	707-443-4563	--	http://www.rxsafehumboldt.org/	The RxSafe Humboldt Coalition works to reduce overuse of opioids in Humboldt: Resources for community members include a Alternative Pain Management Resource guide.
Medical Marijuana	Humboldt California Association	707-822-9330	601 I St., Arcata, CA 95519	http://www.theheartofhumboldt.com/	Medical marijuana dispensary. Hours Mondays through Thursdays 10 a.m. to 7 p.m., Fridays 10 a.m. to 8 p.m., Saturdays 11 a.m. to 8 p.m. and Sundays 11 a.m. to 6 p.m.
Medical Marijuana	Humboldt County Collective	707-442-2420	1670 Myrtle Ave., Suite A, Eureka, CA 95501	https://facebook.com/The-Humboldt-County-Collective-129949220363162/	Medical marijuana collective.

Category	Name	Phone Number	Address	Website	Description
Medical Marijuana	Humboldt Patient Resource Center	707-826-7988	980 Sixth St., Arcata, CA 95521	http://hprcarcata.com/	Medical marijuana dispensary.
Medical Services	Partnership, Non - Emergency Transportation	866-828-2303	--	--	Call Partnership's Transportation Services Department to schedule transportation to medical appointments.
Medical Services	CARE Network, Providence, St. Joseph Hospital	707-445-8121 x 5825	2200 Harrison Ave., Eureka, CA 95501	https://www.providence.org/locations/norcal/st-joseph-hospital-eureka/community-support/care-network	Coordinates planning with inpatient discharge, the emergency department and St. Joseph Hospital Medical group.
Medical Services	Childhood Lead Poisoning Prevention Program (DHHS-PH Healthy Communities)	707-268-2132	908 Seventh St., Eureka, CA 95501	https://humboldt.gov.org/607/Childhood-Lead-Poisoning-Prevention-Prog	Works with families, providers and community partners to increase awareness of the hazards of lead exposure, reduce lead exposure, and increase the number of children assessed and blood tested for lead poisoning. Provides case management services for children with elevated blood lead levels. Collaborates with community partners to offer trainings and no-cost educational materials.
Medical Services	Eureka Community Health & Wellness Center, Open Door	707-441-1624	2200 Tydd St., Eureka, CA 95521	http://opendoorhealth.com/opendoor/locations/eureka-community-health-center/	Provides high-quality medical, dental and mental health care and health education, regardless of financial, geographical or social barriers. Call to check if accepting new patients.

Category	Name	Phone Number	Address	Website	Description
Medical Services	Ferndale Community Health Center, Open Door	707-786-4028	638 Main St., Ferndale, CA 95536	http://opendoorhealth.com/opendoor/locations/ferndale-community-health-center/	Provides high-quality medical, dental and mental health care and health education, regardless of financial, geographical or social barriers. Call to check if accepting new patients.
Medical Services	Fortuna Community Health Center, Open Door	707-725-4477	3750 Rohnerville Road, Fortuna, CA 95540	http://opendoorhealth.com/opendoor/locations/fortuna-community-health-center/	Provides high-quality medical, dental and mental health care and health education, regardless of financial, geographical or social barriers. Call to check if accepting new patients.
Medical Services	Hospice of Humboldt	707-445-8443	3327 Timber Falls Court, Eureka, CA 95503	http://www.hospiceofhumboldt.org/	Help with end of life planning; no cost or obligation for information visits. Once patient with a terminal illness is enrolled, full range of medical and supportive services; an interdisciplinary team collaborates to design a plan of care to meet needs of patient, caregivers and families or friends.
Medical Services	Humboldt Open Door Clinic, Open Door	707-826-8610	770 10th St., Arcata, CA 95521	http://opendoorhealth.com/opendoor/locations/humboldt-open-door-clinic/	Provides high quality medical, dental and mental health care and health education, regardless of financial, geographical or social barriers. Call to check if accepting new patients.
Medical Services	Jerold Phelps Community Hospital	707-923-3921	733 Cedar St., Garberville, CA 95542	https://sohumhealth.org/services/hospital/	Jerold Phelps Community Hospital is a Critical Access Hospital located in downtown Garberville. Acute and swing beds available. Offers a 24-hour emergency room, radiology, mammography, full lab services and a low-dose CT scanner.
Medical Services	K'ima:w Medical Center	530-625-4261	Locations vary. Call for more information.	https://kimaw.org/	Provides high-quality health care to the Native American people and all others seeking services on the Hoopa Valley Indian Reservation and surrounding areas.

Category	Name	Phone Number	Address	Website	Description
Medical Services	Mad River Hospital	707-822-3621	3800 Janes Road, Arcata, CA 95521	http://www.madriverhospital.com/	Mad River Community Hospital is a 78-bed, acute-care medical facility.
Medical Services	McKinleyville Community Health Center, Open Door	707-839-3068	1644 Central Ave., McKinleyville, CA 95519	http://opendoorhealth.com/opendoor/locations/mckinleyville-community-health-center/	Provides high-quality medical, dental and mental health care and health education, regardless of financial, geographical or social barriers. Call to check if accepting new patients.
Medical Services	Mobile Health Services, Telehealth & Visiting Specialist, Open Door	707-443-4666	Locations vary. Call for more information.	http://opendoorhealth.com/opendoor/locations/mobile-health-services/	Using a combination of fully equipped mobile clinic vans and fixed clinic sites, Open Door Mobile Health Services provides comprehensive care to homeless community members. Offers walk-in and scheduled appointments at all locations.
Medical Services	North Country Clinic, Open Door	707-822-2481	785 18th St., Arcata, CA 95521	http://opendoorhealth.com/opendoor/locations/northcountry-clinic/	Provides high-quality medical, dental and mental health care and health education, regardless of financial, geographical or social barriers. Call to check if accepting new patients.
Medical Services	Open Door Community Health Centers, Willow Creek	530-629-3111	Highway 299 #38883, Willow Creek, CA 95573	https://opendoorhealth.com/services/medical/	Provides high-quality medical, dental and mental health care and health education, regardless of financial, geographical or social barriers. Call to check if accepting new patients.
Medical Services	Pediatric Department, Eureka Community Health & Wellness Center, Open Door	707-269-7057	2200 Tydd St., Eureka, CA 95521	https://opendoorhealth.com/services/pediatrics/	Comprehensive pediatric services, including health screenings, immunizations and boosters, well-child exams, acute care and more.

Category	Name	Phone Number	Address	Website	Description
Medical Services	Planned Parenthood of Northern CA, Eureka Health Center	707-442-5700	3225 Timber Fall Court, Suite B, Eureka, CA 95501	https://www.plannedparenthood.org/health-center/california/eureka/95503/eureka-health-center-2301-90200	Information on a variety of healthy living topics; same day appointments available; ensures access to reproductive and sexual health care for all.
Medical Services	Providence Medical Group, Family and Internal Medicine	707-443-9371	2280 Harrison Ave., Suite K Eureka, CA 95501	https://www.providence.org/locations/norcal/eureka-family-medicine-harrison-suite-k?is=location	Adult primary care and internal medicine physicians specialize in the care of you and your whole family.
Medical Services	Providence Medical Group, Surgical & Non-surgical specialists	--	Various locations	https://psjhmedgroups.org/Northern-California.aspx	Providence Medical Group provides medical services to several Northern California communities, including Eureka.
Medical Services	Providence, St. Joseph Hospital, Eureka	707-445-8121, 707-445-5111	St. Joseph Hospital: 2700 Dolbeer St., and 2200 Harrison Ave., Eureka, CA 95501	https://www.stjoehumboldt.org/	St. Joseph Hospital and General Hospital campuses are located within a block of each other in Eureka. The acute care hospital offers comprehensive services including emergency, level 3 trauma program, cardiac services, an accredited cancer program, childbirth center, neurosurgery, outpatient laboratory and orthopedic and sports medicine.

Category	Name	Phone Number	Address	Website	Description
Medical Services	Public Health Clinic, DHHS	Eureka: 707-268-2108, Garberville: 707-923-2779 Willow Creek: 530-629-2410	Main Clinic: 529 I St., Eureka, CA 95501. See brief description for other locations.	https://humboldt.gov.org/PHClinics	The main clinic in Eureka offers adult, travel, children/adolescent immunizations; limited COVID vaccination services; and tuberculosis testing and screening. The Sexual Health and Family Planning Clinic provides equitable, culturally sensitive services with a focus on reducing sexually transmitted infections (STIs), improving sexual health and literacy and improving access to family planning services. Limited services are available at the Willow Creek and Garberville clinics. Willow Creek Clinic: 7 Walnut Way, Willow Creek, CA 95573. Garberville Clinic: 727 Cedar St., Garberville, CA 95542
Medical Services	Redwood Community Health Center, Open Door	707-443-4593	2350 Buhne St., #A, Eureka, CA 95501	http://opendoorhealth.com/opendoor/locations/redwood-community-health-center/	Provides high quality medical, dental and mental health care and health education, regardless of financial, geographical or social barriers. Call to check if accepting new patients.
Medical Services	Redwood Memorial Hospital, Fortuna	707-726-8552	3300 Renner Drive, Fortuna, CA 95540	https://providence.org/locations/norcal/redwood-memorial	A Providence, St. Joseph Health critical access hospital which along with Eureka campuses offers comprehensive services including emergency care.
Medical Services	Redwood Urgent Care	707-298-2011	2440 23rd St., Eureka, CA 95501	https://redwoodurgentcare.com/	Open 363 days a year. An alternative to the emergency room for those without chronic or life-threatening conditions. Open daily from 9 a.m. to 6 p.m., major holidays 9 a.m. to 3 p.m.
Medical Services	Redwoods Rural Health Center	707-923-2783	101 West Coast Road, Redway, CA 95560	https://www.rrhc.org/	Provides responsive, preventive, high-quality primary health care services through a variety of healing disciplines, to all people without regard to social or economic status.

Category	Name	Phone Number	Address	Website	Description
Medical Services	See listings in Housing: Long Term Care section	--	--	--	For skilled nursing facilities/long-term care, see various "Housing" sections.
Medical Services	Southern Humboldt Community Clinic	707-923-3921	509 Elm St., Garberville, CA 95542	https://sohumhealth.org/services/clinic/	The Southern Humboldt Community Clinic is a full-service rural clinic open weekdays 8:30 a.m. to 5 p.m., and also offers a visiting nurse program. There are outpatient services available on-site including lab, radiology, mammography and CT so there is no need to go anywhere else.
Medical Services	Southern Trinity Health Services	707-574-6616	321 Van Duzen Road, PO Box 4, Mad River, CA 95552	http://www.sthsclinic.org/	Provides access to quality, comprehensive, innovative, and integrated primary health care and emergency medical services regardless of ability to pay.
Medical Services	Student Health and Wellbeing Services (SHWS), Cal Poly Humboldt	--	1 Harpst St., Arcata, CA 95521	https://wellbeing.humboldt.edu/shc-welcome-letter	SHWS consists of medical services, counseling and psychological services and health education for Cal Poly Humboldt students.
Medical Services	Telehealth & Visiting Specialist, Open Door Community Health Centers	707-443-4666	2426 Buhne St., Eureka, CA 95501	https://opendoorhealth.com/services/medical/	Provides high-quality medical, dental and mental health care, and health education, regardless of financial, geographical or social barriers. Call to check if accepting patients.
Medical Services	United Indian Health Services (Fortuna)	707-725-7988	3302 Renner Drive, Suite C, Fortuna, CA 95540	http://www.unitedindianhealthservices.org/	Direct health care services are made available to eligible people of Indian descent and eligible non-Indian members (married to, or the child of a person who is an enrolled member).

Category	Name	Phone Number	Address	Website	Description
Medical Services	United Indian Health Services (Potawat Village, Arcata)	707-825-5000	1600 Weott Way, Arcata, CA 95521	http://www.uihs.org/	Direct health care services are made available to eligible people of Indian descent and eligible non-Indian members (married to, or the child of a person who is an enrolled member).
Medical Services	United Indian Health Services (Weitchpec)	530-625-4300	Highway 96, Weitchpec, CA 95546	http://www.uihs.org/	Direct health care services are made available to eligible people of Indian descent and eligible non-Indian members (married to, or the child of a person who is an enrolled member). Located at the Libby Nix Community Center.
Medical Services	VyncaCare	888-227-8884	--	https://vyncacare.com/	Vynca was designed to complement the current healthcare system for those with advanced chronic illness. Specializing in providing extra support alongside your doctors. Believe in addressing the body, mind, and social needs.
Native American Services	Bear River Band of the Rohnerville Rancheria	707-733-1900	266 Keisner Road, Loleta, CA 95551	https://bearriverrancheria.org/social-services	The Bear River Social Services Department exists to serve, support and respect every member of the Bear River Community in a compassionate way while promoting health, safety, self-sufficiency and overall well-being.
Native American Services	Big Lagoon Rancheria	707-826-2079	708 Ninth St., Arcata, CA 95521	https://www.bia.gov/bia/ois/tribal-leaders-directory/tribes/big-lagoon	The Big Lagoon Rancheria is a federally recognized tribe located in Humboldt.
Native American Services	Blue Lake Rancheria	707-668-5101	1 Aiyekwee Loop, PO Box 428, Blue Lake, CA 95525	https://bluelakerancheria-nsn.gov/	The Blue Lake Rancheria strives each day to secure a better future for its people; protect its sovereignty and heritage; learn from the past; and build a resilient, healthy economy and environment, with benefits for the Tribe, the region and the planet.

Category	Name	Phone Number	Address	Website	Description
Native American Services	California Tribal TANF Partnership	707-262-4400	991 Parallel Drive # B, Lakeport, CA 95453	https://cttp.net/	Provides educational training, career and employment opportunities toward self-sufficiency through various supported services and programs with temporary financial assistance.
Native American Services	Hoopla Valley Tribe, Behavioral Health Services	530-625-4261 x 0450	535 Airport Road, Hoopa, CA 95546	https://www.kimaw.org/behavioral	Mental health, substance use disorder programs, children and family services and Parole/Probation.
Native American Services	Karuk Judicial System, Karuk Tribe	530-841-3143	PO Box 629, Yreka, CA 96097	http://www.karuk.us/index.php/departments/judicial-system	The mission of the Karuk Judicial System is to restore and preserve traditional methods of resolving disputes between and among tribal citizens to provide equality, justice, safety and security for all tribal citizens and to all people within the Karuk Tribe Jurisdiction.
Native American Services	Karuk Tribal Temporary Assistance to Needy Families (TANF)	530-493-1440	533 Jacobs Way, PO Box 1016, Happy Camp, CA 96039	http://www.karuk.us/index.php/departments/tanf-dept/138-tanf	Mission: To preserve and strengthen the children and families of the Karuk Tribe and other Native American Tribes through an effective social welfare system that empowers individuals and families to work toward and achieve self-sufficiency, sobriety and to become loving responsible parents in a culturally relevant way.
Native American Services	Karuk Tribe - Child & Family Services	530-493-1600	64236 Second Ave., Happy Camp, CA 96039	http://www.karuk.us/karuk2/home	A federally recognized tribe of Karuk people. They are an indigenous people of California, located in the northwestern corner of the state, in Humboldt and Siskiyou counties.
Native American Services	Northern California Indian Development Council	707-445-8451	241 F St., Eureka, CA 95501	http://www.ncidc.org/	Services available to American Indians [Native Americans]: Job/career counseling, community service block grants for emergency services, computer use, disaster planning resources, etc.

Category	Name	Phone Number	Address	Website	Description
Native American Services	Trinidad Rancheria	--	1 Cher-Ae Lane, PO Box 630, Trinidad, CA 95570	https://trinidad-rancheria.org/member-services/	The Member Services Program within the Tribal Programs Department is designed to be the central intake to assist Tribal members with all of their needs and requests. Current services offered include referral services and case management: Visit website or call for more detail.
Native American Services	Trinidad Rancheria, Animal Control	707-599-8636	1 Cher-Ae Lane, Trinidad, CA 95568	http://trinidad-rancheria.org/animal-control	Assists the Rancheria community with animal-related issues, as well as act as a resource and educational tool regarding pet ownership and care. If you have an urgent matter to report, please call the phone number. Otherwise, please navigate to the website and fill out a Member Service Request Form.
Native American Services	Two Feathers Native American Services	707-839-1933	1650 Betty Court, Suite A, McKinleyville, CA 95519	http://www.twofeathers-nafs.org/	Social work, emergency services, counseling and therapeutic culture groups. Services are free. Also helps with emergency food, clothing and shelter (up to 3 days) for domestic violence victims. Contact Kim Brown.
Native American Services	United Indian Health Services (Fortuna)	707-725-7988	3302 Renner Drive, Suite C, Fortuna, CA 95540	http://www.unitedindianhealthservices.org/	Direct health care services are made available to eligible people of Indian descent and eligible non-Indian members (married to, or the child of a person who is an enrolled member).
Native American Services	United Indian Health Services (Potawat Village, Arcata)	707-825-5000	1600 Weott Way, Arcata, CA 95521	http://www.uihs.org/	Direct health care services are made available to eligible people of Indian descent and eligible non-Indian members (married to, or the child of a person who is an enrolled member).

Category	Name	Phone Number	Address	Website	Description
Native American Services	United Indian Health Services (Weitchpec)	530-625-4300	Libby Nix Community Center, Highway 96, Weitchpec, CA 95546	http://www.uihs.org/	Direct health care services are made available to eligible people of Indian descent and eligible non-Indian members (married to, or the child of a person who is an enrolled member).
Native American Services	Wiyot Tribe Health & Human Services	707-733-5055	Tribe Wiyot, 1000 Wiyot Drive, Loleta, CA 95551	https://www.wiyot.us/31/Health-Human-Services-click-here-for-lis	There are a wide variety of social services offered at the Tribal Office. Some services are based on need and/or income qualifications.
Native American Services	Yurok Food Distribution, Yurok Tribe	707-464-1852	190 Nelson Lane, Crescent City, CA 95532	https://www.yuroktribe.org/health-and-human-services	Provides an alternative to CalFresh for low-income tribal members residing within non-metropolitan areas of Humboldt and Del Norte and to other low-income individuals residing on the Yurok Reservation.
Native American Services	Yurok Indian Housing Authority	707-482-1506, 800-281-4749	15540 Hwy. 101 North, Klamath, CA 95548	https://www.yurokhousing.com/	Services include rehabilitation programs, elder emergency assistance, rental programs for low rent and students, home ownership programs and weatherization.
Native American Services	Yurok Social Services Department, Yurok Tribe	707-482-1350	190 Klamath Blvd., Klamath, CA 95548	http://www.yuroktribe.org/departments/socialservices/	Mission: To help tribal members and families achieve independence, self-sufficiency and healthy, productive communities. Services include General Assistance, food distribution, low-income Home Energy Assistance Program, Tribal TANF and the Yurok Domestic Violence/Sexual Assault Project.

Category	Name	Phone Number	Address	Website	Description
Native American Services	Yurok Tribal Court, Yurok Tribe	707-482-0415	230 Klamath Blvd., PO Box 1027, Klamath, CA 95548	https://yuroktribalcourt.org/	The Court's role is to protect the values of the people, to support the development of those values within each member of the community, and to ensure that the responsibility to protect Yurok traditions and traditional lands are carried out. The Yurok Justice Center is located at 230 Klamath Blvd. in Klamath.
Native American Services	Yurok Tribal Assistance to Needy Families (TANF), Yurok Tribe	707-482-1350	See brief description for multiple locations.	https://yuroktribe.org/departments/socialservices/	Mission: To help Yurok needy families work toward and achieve self-sufficiency in a culturally appropriate way. Eureka: 3400 Erie St., Eureka, CA 95501; Klamath: 190 Klamath Blvd., PO Box 1027, Klamath, CA 95548. Weitchpec: Hwy 96, Weitchpec (right after the bridge).
Organization Resources	AHHA Shower Care-A-Van	707-298-1466	PO Box 3794, Eureka, CA 95502	https://www.ahha-humco.org/ahha-shower-care-a-van-schedule	AHHA operates the Shower Care-A-Van, a three bathroom trailer with showers. In addition to providing showers, the Shower Care-A-Van also distributes clothing, food, and hygiene supplies and helps individuals connect with services. See webpage for dates and locations of showers.
Organization Resources	Behavioral Health Resources	--	--	https://humboldt.gov.org/3373	Comprehensive list of behavioral health resources.
Organization Resources	CalFresh Outreach, DHHS-Social Services	707-476-4760	929 Koster St., Eureka, CA 95501	--	Organizations that assist community members with food security by assisting with enrollment in and retention of CalFresh nutrition assistance benefits should contact CalFreshOutreach@co.humboldt.ca.us to see what supports and services may be available.

Category	Name	Phone Number	Address	Website	Description
Organization Resources	CalFresh Task Force, DHHS Social Services	707-445-3166	--	https://www.foodforpeople.org/calfresh-task-force	The Humboldt County CalFresh Task Force brings together community-based organizations and county agencies serving CalFresh eligible households in Humboldt County and is facilitated by Food for People. Website has many resources.
Organization Resources	Community Health Alliance	707-269-1776	PO Box 367, Eureka, CA 95502	https://www.communityhealthalliance.org/	A network of health care providers, consumers, employers, and community leaders serving as the North Coast's forum for community-based health planning and advocacy. Quarterly membership meetings.
Organization Resources	Community Health Assessment and Improvement Plan (DHHS-PH)	--	--	https://humboldt.gov.org/DocumentCenter/View/71701/2018-Community-Health-Assessment-PDF	The Community Health Assessment (CHA) summarizes data from a variety of sources to offer a snapshot of Humboldt health. DHHS-PH and community partners use the CHA to update the Community Health Improvement Plan (CHIP) and as a resource for planning and policy making. To access both the CHA and CHIP, visit humboldt.gov.org/Public Health . The resulting communitywide health improvement efforts are being branded as Live Well Humboldt.
Organization Resources	DHHS-Social Services Community Liaison	707-476-4760	929 Koster St., Eureka, CA 95501	https://humboldt.gov.org/DocumentCenter/View/55558/I-13-30-Info-Sheet--Social-Services-Community-Liaison	The Social Services community liaison works with partners on issues related to enrollment and retention in CalFresh, CalWORKs, Welfare-to-Work and Medi-Cal, and also supports communication with the Employment Training Division, General Relief and the Transportation Assistance Program. The community liaison can also link partners to information about other DHHS programs.

Category	Name	Phone Number	Address	Website	Description
Organization Resources	DHHS-Social Services Eligibility and Benefits Info Sheets	--	--	https://humboldt.gov.org/2671/Partner-Info-Sheets	The info sheets are one page documents written for the assister, case manager, eligibility specialist, provider, social worker, etc. The info sheets have plain introductory language that covers basic program information. Info sheets are intended to be a beginner’s base on which to build additional knowledge.
Organization Resources	Family Violence Prevention Program, Public Health, DHHS	707-268-2132	908 Seventh St., Eureka, CA 95501	https://humboldt.gov.org/2047/Suicide-and-Violence-Prevention-Program	A primary prevention program of the Healthy Communities Division of Public Health working to prevent violence in Humboldt County using strategies including workforce development, community education, resource and referrals, and community collaboration. Works as a lead agency with Domestic Violence Coordinating Council’s (DVCC) Prevention Committee to coordinate campaigns such as Domestic Violence Awareness Month, Humboldt County Silent Witness Project, and Domestic Violence Training Project.
Organization Resources	Humboldt County Resource Card (co-produced by DHHS and Human Rights Commission [HRC])	--	--	--	DHHS and the HRC jointly produce this business card-sized, water-resistant four panel card that lists critical resources. Organizations can request cards by e-mailing CalFreshOutreach@co.humboldt.ca.us or HCRL@co.humboldt.ca.us .

Category	Name	Phone Number	Address	Website	Description
Organization Resources	Humboldt Network of Family Resource Centers (HNFRC Member)	--	--	https://www.hnfrc.org/	HNFRC acts as a hub for 16 local Family & Community Resource Centers to share resources, best practices, build relationships, and form coalitions to address community concerns. HNFRC seeks to collectively improve health and resiliency in all of our communities.
Organization Resources	Humboldt Suicide Prevention Network	--	--	https://mailchi.mp/1e4a4db90fdc/suicidepreventionnetwork	The Suicide Prevention Network is a group of public and private individuals, agencies and groups working to identify strategies to reduce suicide and suicidal behaviors in Humboldt County.
Organization Resources	Latino Community Providers' Network (LatinoNet)	--	--	http://latinonet.org/	LatinoNet's mission is to improve the quality of life for Spanish-speaking families on the North Coast through networking, information, collaboration and advocacy.
Organization Resources	North Coast Care Connect (Care Connect)	707-443-1311	2315 Dean St., Eureka CA 95501	https://www.nchiin.org/cie/	Care Connect is a network of health and social service providers that have partnered together to coordinate care for people in need of assistance.
Organization Resources	North Coast Resource Hub (NCRH)	--	--	http://resourcehub.nchiin.org/	The NCRH is a mobile-friendly resource guide. Resources in the hub are centered on services that relate to substance use disorder, stabilizing services, crisis services and alternative pain management resources. The NCRH features detailed information including service hours, types of services provided, eligibility criteria and populations served.

Category	Name	Phone Number	Address	Website	Description
Organization Resources	Northern California Association of Non-Profits (NorCAN)	707-725-3300	3000 Newburg Road, Fortuna, CA 95540	https://norcal-nonprofits.com/	NorCAN's mission is to support the connection between people and organizations that work everyday to keep communities healthy and strong. NorCAN offers professional development opportunities, board support, networking connections and more.
Organization Resources	Northern California Association of Non-Profits (NorCAN) email listserv	707-725-3300	3000 Newburg Road, Fortuna, CA 95540	https://norcal-nonprofits.com/	NorCAN offers a regional nonprofit email list that provides public sector organizations the opportunity to share information about available resources, events, organizational updates, job openings, needs, reports and key issues regarding their work.
Organization Resources	Physical Activity and Nutrition Program (DHHS-PH Healthy Communities)	707-268-2132	908 Seventh St., Eureka, CA 95501	https://humboldt.gov.org/2049/Physical-Activity-and-Nutrition-Program	Offers evidence-based nutrition and physical activity education, including older adult falls prevention classes and youth cycling, in eligible schools and community settings. This program supports community partners to implement policy, systems, and environmental changes related to healthy eating and active living and provides resources such as recipe cards, cookbooks, and playground stencil kits.
Organization Resources	RxSafe Humboldt	707-443-4563	--	http://www.rxsafehu mboldt.org/	The mission of the RxSafe Humboldt Coalition includes developing community standards and supporting structures for diagnosis and treatment for chronic and acute pain while providing patients with the best care possible and recognizing the risks of prescribing pain medications.

Category	Name	Phone Number	Address	Website	Description
Organization Resources	See Service Agencies, Clubs & Funders section	--	--	--	The "Service Agencies, Clubs & Funders" section is a good resource for organizations looking for resources or funding.
Organization Resources	Southern Humboldt Working Together (SHWT)	mark_schaffner@yahoo.com	--	https://www.facebook.com/SouthernHumboldtWorkingTogether/	Promotes and sustains the well-being of the people, communities, environment and economy of Southern Humboldt (SoHum). It also works to promote cultural, recreational and commercial development of SoHum and to serve as a sponsor for groups forming to achieve these goals. Monthly meetings and a Google Groups listserv.
Organization Resources	Substance Use Prevention, Public Health, DHHS	707-268-2132	908 Seventh St., Eureka, CA 95501	https://humboldt.gov.org/2046/Substance-Use-Prevention	Works to prevent harm caused by alcohol and other drugs in Humboldt County. Offers trainings and presentations to youth, adults, school sites, and parent groups. Substance use prevention brochures and printed materials available upon request. Free lockboxes to safely store cannabis products, alcohol and other drug items, and prescription medications that can be harmful to youth and families.
Organization Resources	Suicide Prevention Trainings	--	--	https://humboldt.gov.org/DocumentCenter/View/114884/SVP-Training-Offerings-PDF	Suicide prevention and intervention trainings for service providers, those working with at-risk populations, and the general community. No prior experience expected or necessary. Trainings range from 60-90 minutes.
Organization Resources	The Humboldt Housing & Homeless Coalition (HHHC)	--	--	https://humboldt.gov.org/HHHC	HHHC is a Continuum of Care comprised of several organizations, service providers, developers, government agencies and leaders, faith-based organizations and community members dedicated to ending homelessness.

Category	Name	Phone Number	Address	Website	Description
Organization Resources	Tobacco Education Network (TEN), Public Health, DHHS	707-273-2869 email: tobaccofreehumboldt@co.humboldt.ca.us	--	https://humboldt.gov.org/662/Tobacco-Free-Humboldt-TFH	The TEN connects community members with information and advocacy opportunities around commercial tobacco use and cessation resources. Anyone interested in helping reducing and eliminating nicotine use in Humboldt County is welcome to join.
Organization Resources	Urgent Needs Document	--	--	https://humboldt.gov.org/DocumentCenter/View/121948	Comprehensive list of resources available to meet urgent needs.
Organization Resources	Zero Waste Humboldt	--	PO Box 293, Arcata, CA 95518	www.zerowastehumboldt.org	Zero Waste Humboldt provides 3 main services: 1. Public Education aimed at adopting new habits 2. Advocacy and policy development 3. Technical assistance consulting and zero waste training.
Parenting Resources	Breastfeeding Task Force, Maternal Child & Adolescent Health (MCAH), DHHS-PH	707-445-6210	908 Seventh St., Eureka, CA 95501	https://humboldt.gov.org/2273/Humboldt-County-Perinatal-Community-Coal	MCAH program's goal is to boost the duration of breastfeeding by increasing community awareness and support for breastfeeding mothers. This taskforce is a subcommittee of the Humboldt County Perinatal Community Coalition. If interested email MCAH at: MCAH@co.humboldt.ca.us
Parenting Resources	Car Seat Program, Public Health, DHHS	707-445-6210	908 Seventh St., Eureka, CA 95501	https://humboldt.gov.org/569/Child-Passenger-Safety-Program	Provides education and installation information of car seats for low-income, underserved and non-English speaking families in Humboldt County. Works with a variety of community partners to improve access for car seats, car seat check-ups and support. Certifies car seat technicians in the community.

Category	Name	Phone Number	Address	Website	Description
Parenting Resources	First 5 Humboldt	--	--	https://first5humboldt.org/	Promotes comprehensive, integrated systems of services for early childhood development in order to foster secure, healthy and loving children eager to learn and develop to their full potential. Provides several play groups for 0 to 5 year old children in various communities.
Parenting Resources	Foster Parent Recruitment, DHHS	707-499-3410	--	https://humboldt.gov.org/534/Foster-Parent-Recruitment	Basic requirements include: Being 21 or older, accepting the temporary nature of foster care, attending an orientation, being a team player working to meet the needs of the foster youth, completing 24 hours of training, meeting licensing requirements and aiding the foster youth’s transition back to family or to an adoptive home.
Parenting Resources	Growing Together Perinatal Program	800-863-4155	3688 Avtech Parkway, Redding, CA 96002	http://www.partnership.org	Partnership HealthPlan of California for Medi-Cal (MC) recipients is located in Redding, but services are provided to multiple counties including Humboldt. Assists with access to care and care coordination services related to prenatal and postnatal community members with MC.
Parenting Resources	Life of a Single Mom (Eureka Faith Center)	707-442-1784	1032 Bay St., Eureka, CA 95501	https://www.eurekafithcenter.org	Aims to serve the practical, spiritual and survival needs of single moms.
Parenting Resources	Love & Logic, Parents In Training (PIT)	707-443-1401 (Office), 707-496-6070	PO Box 6358, Eureka, CA 95502	http://www.Parentsintraining.org	PIT provides information about gangs, substance use disorder, divorce and stepparents. Also covers early childhood (birth to 3 years old) and (4 years and older). Call, or request meeting information on website.

Category	Name	Phone Number	Address	Website	Description
Parenting Resources	Mothers of Preschoolers (MOPS), Eureka Faith Center	707-442-1784	1032 Bay St., Eureka, CA 95501	https://www.eurekafaitcenter.org	MOPS offers a chance for moms to meet with other moms who are experiencing the same stages of life. Mothering looks different for each person, but the need for support and encouragement is the same across the board.
Parenting Resources	North Coast Regional Department of Child Support Services	866-901-3212	2420 Sixth St., Eureka, CA 95501	http://humboldt.gov.org/DCSS	Utilizes legal practices to establish paternity and resolve financial issues related to supporting their children. Mediated child support and time share agreements, and free budgeting skills education for parents using department services. Learn more at https://www.youtube.com/watch?v=LtjAIT63ORM .
Parenting Resources	Nurse-Family Partnership, Public Health, DHHS	707-268-2105	317 Second St., Eureka, CA 95501	http://www.humboldt.gov.org/NFP	Evidenced-based public health program that shows significant improvements in the health and lives of families with the greatest social and economic needs. NFP works by having specially trained nurses regularly visit first-time families, starting early in the pregnancy and continuing through the child’s second birthday. NFP delivers trusted information and resources to first time expectant parents to build the lives they want for themselves and their children.
Parenting Resources	Parents Nutrition Center	707-440-0785	1125 Summer St., Eureka, CA 95501	https://www.parentsnutritioncenter.com/?fbclid=IwAR321p-99n_BLB--qNrkpKA6ENX9JhEpX0RYalGVmJkGIEuqwh0anPpqr9M	Latina-owned storefront offers a place to purchase WIC items.

Category	Name	Phone Number	Address	Website	Description
Parenting Resources	Paso a Paso, Providence, St. Joseph Hospital	707-441-4477	2200 Harrison Ave., Eureka, CA 95501	https://www.providence.org/locations/norcal/st-joseph-hospital-eureka/community-support/paso-a-paso-step-by-step	Childbirth education, parenting, breastfeeding, fatherhood and positive discipline support classes offered in Spanish. This is an outreach program of St. Joseph Health-Humboldt County.
Parenting Resources	Perinatal Services, Public Health, DHHS (Parenting)	707-445-6211, Toll Free: 800-698-0843	908 Seventh St., Eureka, CA 95501	http://humboldt.gov.org/656/Perinatal-Services	The goal of the Perinatal Services Program is to improve the health of low-income pregnant women and give their babies a healthy start in life by connecting individuals to resources and services such as Medi-Cal, Home Visiting and Child Passenger Safety. This is a telephonic case coordination program.
Parenting Resources	Redwood Coast Parent Project® (RCPP), Humboldt County Office of Education	707-445-7098	1820 Sixth St., Eureka, CA 95501	https://hcoe.org/2018/09/redwood-coast-parent-project-starting-in-october/	11-week workshops that provide parents with effective strategies and tools to influence and motivate strong-willed teens, with focus on turning around the most destructive adolescent behaviors: Truancy/school refusal, defiance in the home and more. Appropriate for parents with youth 10+. Available in Arcata, Eureka, Fortuna.
Parenting Resources	SafeCare Program, Public Health, DHHS	707-445-6211 Toll Free: 800-698-0843	908 Seventh St., Eureka, CA 95501	https://humboldt.gov.org/SafeCare	Works with caregivers of children ages 0-5. Parents learn how their parenting decisions and actions affect their child’s growth and development focusing on Health, Home Safety and Parent-Child Interactions. SafeCare providers complete visits once a week for around 18 to 20 weeks.

Category	Name	Phone Number	Address	Website	Description
Parenting Resources	Women, Infant, Children (WIC), Public Health, DHHS (Eureka)	707-445-6255	317 Second St., Eureka, CA 95501	http://humboldt.gov.org/657/Women-Infants-Children-WIC	The WIC Supplemental Nutrition Program is for income-eligible pregnant, breastfeeding and non-breastfeeding women and children under the age of 5 years old who have a nutritional need.
Parenting Resources	Women, Infant, Children (WIC), Public Health, DHHS (Fortuna)	707-726-9427	3306 Renner Drive, Fortuna, CA 95540	http://humboldt.gov.org/657/Women-Infants-Children-WIC	The WIC Supplemental Nutrition Program is for income-eligible pregnant, breastfeeding and non-breastfeeding women and children under the age of 5 years old who have a nutritional need.
Parenting Resources	Women, Infant, Children (WIC), Public Health, DHHS (Garberville)	707-923-2779	727 Cedar St., Garberville, CA 95540	http://humboldt.gov.org/657/Women-Infants-Children-WIC	The WIC Supplemental Nutrition Program is for income-eligible pregnant, breastfeeding and non-breastfeeding women and children under the age of 5 years old who have a nutritional need.
Parenting Resources	Women, Infant, Children (WIC), Public Health, DHHS (McKinleyville)	707-445-6255, 707-839-1173	1450A Hiller Road, McKinleyville, CA 95519	http://humboldt.gov.org/657/Women-Infants-Children-WIC	The WIC Supplemental Nutrition Program is for income-eligible pregnant, breastfeeding and non-breastfeeding women and children under the age of 5 years old who have a nutritional need.
Pets/Animals	Animal Control, County of Humboldt	707-840-9132	980 Lycoming Ave., McKinleyville, CA 95519	http://www.humboldt.gov.org/377/Animal-Control-Division	Animal Control is responsible for the enforcement of state laws and local ordinances pertaining to animals and serves as a contact point for the public with regard to animal problems and issues.

Category	Name	Phone Number	Address	Website	Description
Pets/Animals	Arcata Animal Hospital	707-822-2402	1300 Giuntoli Lane, Arcata, CA 95521	https://arcatavet.com/	Browse website to learn more about the services provided. Find specific information about medical conditions as well as information about general pet care for all species in the Pet Library, view "how-to" videos and find details about upcoming events.
Pets/Animals	Companion Animal Foundation	707-296-4629	3954 Jacobs Ave., Eureka, CA, 95501	https://www.cafanimals.org/	Non-profit animal rescue organization formed in response to the high euthanasia rate of adoptable animals in Humboldt. Money raised in the Blue Lake thrift store helps rescue and care for animals until permanent homes are found. Offers spay/neuter assistance for people on limited incomes, provides humane trapping methods for feral cats and runs humane education programs.
Pets/Animals	Friends for Life Animal Rescue	friendsforlife@sbcglobal.net	PO Box 962, Eureka, CA 95502	https://dogrescuers.org	Provides a bridge for animals from homelessness or abandonment to their forever homes by offering services including: Spay/neuter program, foster cat program, shelter emergency medical fund and humane education program.
Pets/Animals	Humboldt Animal Rescue Team (HART)	707-616-6440	8 W. Sixth St., Eureka, CA 95501	https://www.humboldtanimalrescueteam.org/	Specializes in cats and kittens. Open Fridays, Saturdays and Sundays, noon to 3 p.m. Adoptable cats are spayed/neutered, treated for fleas/worms, vaccinated, tested for FIV. Adoption fee to cover costs is \$125 for a kitten, lower for older animals.
Pets/Animals	Humboldt Dog Obedience Group (HumDOG)	707-444-3862	PO Box 6733, Eureka, CA 95502	http://www.humdog.org/index.htm	Promotes benefits of obedience training for all dogs and encourages responsible dog ownership. Most members live on the North Coast. By their enthusiasm, help and knowledge, HumDOG is kept alive and continues to serve our community.

Category	Name	Phone Number	Address	Website	Description
Pets/Animals	Humboldt Spay/Neuter Network (SPAY Humboldt!)	707-442-7729	2606 Myrtle Ave., Eureka, CA 95501	https://www.spayhumboldt.org/	Working to improve the lives of animals in Humboldt County by providing access to low-cost spay/neuter surgeries, assistance with trapping and fixing feral cats and adoptions of dogs and cats to loving homes.
Pets/Animals	Humboldt Wildlife Care Center	707-822-8839	68 Mill St., Manila, CA 95521	https://birdallyx.net/humboldt-wildlife-care-center-2/	Responds to sick and injured wildlife and human-wildlife conflict.
Pets/Animals	Miranda's Rescue For Large & Small Animals	707-725-4449	1603 Sandy Prairie Road, Fortuna, CA 95540	http://mirandasrescue.org/	No-kill rescue, adoption and sanctuary facility for distressed, neglected, abused and discarded animals, large and small. Finds animals loving adoptive homes.
Pets/Animals	Redwood Pals Rescue	707-663-8842	PO Box 2913, McKinleyville, CA 95519	http://redwoodpalsrescue.org/site/	Dedicated to support rescue and adoption efforts of animals that are at risk in the Humboldt County Animal Shelter in addition to working to improve the quality of their lives.
Pets/Animals	Sequoia Humane Society	707-442-1782	6073 Loma Ave., Eureka, CA 95503	http://sequoiahumane.org/	Provides shelter for homeless and neglected companion animals, pet adoption services, assistance in getting pets spayed or neutered, education about responsible pet ownership. Tuesdays-Saturdays Noon to 5 p.m.
Pets/Animals	Trinidad Rancheria, Animal Control	707-599-8636	1 Cher-Ae Lane, Trinidad, CA 95568	http://trinidad-rancheria.org/animal-control	Assists the Rancheria community with animal-related issues, as well as acting as a resource and education tool regarding pet ownership and care. If you have an urgent matter to report, please call the phone number. Otherwise, please navigate to the website and fill out a Member Service Request Form.

Category	Name	Phone Number	Address	Website	Description
Prenatal Services	Eureka Pregnancy Services, Open Door Community Health Centers	707-443-4666	2412 Buhne St., Eureka, CA 95501	https://opendoorhealth.com/services/pregnancy/	Compassionate, high-quality pregnancy services to meet the needs of patients throughout pregnancy. The obstetric care teams include family physicians and licensed midwives who provide prenatal care and deliver babies, as well as OB nurses and other support staff who provide services in the areas of nutrition, psychosocial help and family-childbirth education.
Prenatal Services	Growing Together Perinatal Program	800-863-4155	3688 Avtech Parkway, Redding, CA 96002	http://www.partnership.org	Partnership HealthPlan of California for Medi-Cal (MC) recipients is located in Redding, but services are provided to multiple counties including Humboldt. Assists with access to care and care coordination services related to prenatal and postnatal community members with MC.
Prenatal Services	Humboldt County Doula Alliance	--	--	https://doulaalliance.com/humboldt-	Doulas build a close relationship with their clients and provide continuous emotional and practical support, without making assumptions. This webpage offers Doula training and a connection to local doulas.
Prenatal Services	Moonstone Midwives	707-633-3009	4677 Valley East Blvd., Suite 2, Arcata, CA 95524	http://www.moonstonemidwives.com/	Prenatal Services.

Category	Name	Phone Number	Address	Website	Description
Prenatal Services	NorthCountry Prenatal Services, Open Door Community Health Centers	707-822-1385	3800 Janes Road, Suite 101, Arcata, CA 95521	https://opendoorhealth.com/services/medical/	Compassionate, high-quality pregnancy services to meet the needs of patients throughout pregnancy. The obstetric care teams include family physicians and licensed midwives who provide prenatal care and deliver babies, as well as OB nurses and other support staff who provide services in the areas of nutrition, psychosocial help and family-childbirth education.
Prenatal Services	Nurse-Family Partnership, Public Health, DHHS	707-268-2105	529 I St., Eureka, CA 95501	http://www.humboldt.gov.org/NFP	Evidenced-based public health program that shows significant improvements in the health and lives of families with the greatest social and economic needs. NFP works by having specially trained nurses regularly visit first-time families, starting early in the pregnancy and continuing through the child’s second birthday. NFP delivers trusted information and resources to first time expectant parents to build the lives they want for themselves and their children.
Prenatal Services	Paso a Paso, Providence, St. Joseph Health	707-441-4477	2700 Dolbeer St., Eureka, CA 95501 (St. Joseph's Hospital)	https://www.providence.org/locations/norcal/st-joseph-hospital-eureka/community-support/paso-a-paso-step-by-step	Childbirth education, parenting, breast feeding, fatherhood and positive discipline support classes offered in Spanish. This is an outreach program of St. Joseph Health-Humboldt County.
Prenatal Services	Perinatal Services, Public Health, DHHS	707-445-6211, Toll free: 800-698-0843	908 Seventh St., Eureka, CA 95501	http://humboldt.gov.org/656/Perinatal-Services	The goal of the Perinatal Services Program is to improve the health of low-income pregnant women and give their babies a healthy start in life by connecting individuals to resources and services such as Medi-Cal, Home Visiting and Child Passenger Safety. This is a telephonic case coordination program.

DHHS does not endorse listed services, and cannot guarantee accuracy or completeness. For information only.

Updates and corrections: contact HCRL@co.humboldt.ca.us

Category	Name	Phone Number	Address	Website	Description
Prenatal Services	Planned Parenthood of Northern CA, Eureka Health Center	707-442-5700	3225 Timber Fall Court, Suite B, Eureka, CA 95501	http://www.plannedparenthood.org/srpp/	Information on a variety of healthy living topics, same day appointments available and ensures access to reproductive and sexual health care for all.
Prenatal Services	Pregnancy Care Center of the North Coast & J. Rophe Medical Center	707-442-2345	721 Seventh St., Suite A, Eureka, CA 95501	http://www.pcceureka.org/home.aspx	Offers compassion, direction and hope to those facing life decisions. All services are free and confidential and include: pregnancy testing, ultrasounds, information on pregnancy options, assistance with maternity and baby clothing and ongoing support. Christian orientation and focus.
Prenatal Services	Providence Medical Group, Obstetrics and Gynecology	707-445-3443	2773 Harris St., Suite D, Eureka, CA 95501	https://providence.org/services/womens-health-services?ls=location&y_source=1_OTU3NTc1My00ODMtG9jYXRpb24ud2Vic2l0ZQ%3D%3D	St. Joseph Health Medical Group offers women a full range of women’s health and wellness services, including obstetrical and gynecological care which is appropriate of each stage of life. Prenatal and gynecological services are also available in Spanish.
Prenatal Services	Redwood Rural Health Center	707-923-2783	101 West Coast Road, Redway, CA 95560	https://www.rrhc.org/perinatal-services	Call the medical clinic Mondays-Fridays, from 8:15 a.m. to 5:30 p.m. to schedule appointments. Services offered include prenatal and postpartum care, laboratory work as well as nutrition and lactation counseling.
Prenatal Services	St. Joseph Health Medical Group	707-476-2909	2773 Harris St., Suite D, Eureka, CA 95501	http://www.stjosephhealthmedicalgroup.com/	St. Joseph Health Medical Group offers women a full range of women’s health and wellness services, including obstetrical and gynecological care which is appropriate of each stage of life. Prenatal and gynecological services are also available in Spanish.

Category	Name	Phone Number	Address	Website	Description
Prenatal Services	With Open Arms Reproductive Health Services	707-442-0400	2505 Lucas St., Suite B, Eureka, CA 95501	https://www.withopenarmshealthcare.com/	Dedicated to providing a full range of options for pregnancy and childbirth at the hospital of choice. Offering tubal ligations and vasectomy procedures. "A Practice of Aloha".
Prenatal Services	Women, Infant, Children (WIC), Public Health, DHHS (Eureka)	707-445-6255	317 Second St., Eureka, CA 95501	http://humboldt.gov.org/657/Women-Infants-Children-WIC	WIC Supplemental Nutrition Program is for income-eligible pregnant, breastfeeding and non-breastfeeding women and children under the age of 5 years old who have a nutritional need.
Prenatal Services	Women, Infant, Children (WIC), Public Health, DHHS (Fortuna)	707-726-9427	3306 Renner Drive, Fortuna, CA 95540	http://humboldt.gov.org/657/Women-Infants-Children-WIC	WIC Supplemental Nutrition Program is for income-eligible pregnant, breastfeeding and non-breastfeeding women and children under the age of 5 years old who have a nutritional need.
Prenatal Services	Women, Infant, Children (WIC), Public Health, DHHS (Garberville)	707-923-2779	727 Cedar St., Garberville, CA 95540	http://humboldt.gov.org/657/Women-Infants-Children-WIC	WIC Supplemental Nutrition Program is for income-eligible pregnant, breastfeeding and non-breastfeeding women and children under the age of 5 years old who have a nutritional need.
Prenatal Services	Women, Infant, Children (WIC), Public Health, DHHS (McKinleyville)	707-445-6255, 707-839-1173	1450A Hiller Road, McKinleyville, CA 95519	http://humboldt.gov.org/WIC	WIC Supplemental Nutrition Program is for income-eligible pregnant, breastfeeding and non-breastfeeding women, and children under the age of 5 years old who have a nutritional need.

Category	Name	Phone Number	Address	Website	Description
Recreation & Fun	Amazon Prime	--	--	www.Amazon.com	Amazon Prime is available for \$6.99 a month for qualifying customers with an EBT card or a Medicaid Card (Medi-Cal in California, card is called a BIC.) Includes music and video streaming libraries and free shipping.
Recreation & Fun	Arcata Pool	707-822-6801	1150 16th St., Arcata, CA 95521	https://arcatapool.com/	Facility use is \$11 for adults, \$9.50 for seniors and \$7 for youth. Discounted price is \$5.50 for recipients with proof of SSI Disability, Medi-Cal or EBT, also offered on children's swimming lessons.
Recreation & Fun	Golden Bear Pass	916-651-0515	744 P St., Sacramento, CA 95814	https://cdss.ca.gov/goldenbearpass	For CalWORKs families: The pass provides free entry at more than 200 state parks and beaches, ensuring more Californians have access to the outdoors, regardless of their ZIP code.
Recreation & Fun	Humboldt County Library	707-269-1900	1313 Third St., Eureka, CA 95501	https://humboldt.gov.org/1346/Public-Library	The library provides services through the Main Library in Eureka, ten branch libraries, and a bookmobile. Library Cards are free of charge to Humboldt County residents with a permanent local mailing address. "Express" Library Cards are free of charge and available without providing an address.
Recreation & Fun	Latino Outdoors	--	--	https://latinooutdoors.org/	Latino-led and volunteer powered organization that provides outdoor recreation opportunities to youth and families to inspire and empower Latino wellness and outdoor leadership using culturally relevant programs.
Recreation & Fun	Morris Graves Museum of Art	707-442-0278	636 F St., Eureka, CA 95501	https://visitedwoods.com/listing/morris-graves-museum-of-art/389/	The museum features exhibitions from artists, both local and from around the world. Families with EBT Cards (CalFresh/CalWORKs) can visit for free any day.
Recreation & Fun	Museums for All	--	--	https://museums4all.org/	Those receiving CalFresh/SNAP benefits can gain free or reduced admission to more than 300 museums throughout the U.S. simply by presenting their EBT card.

Category	Name	Phone Number	Address	Website	Description
Recreation & Fun	Parks & Recreation, City of Eureka	--	--	https://www.eurekaca.gov/227/Recreation	The City of Eureka’s Recreation Division also offers a wide range of options to choose from, including summer day camps, after school programs, teen leadership programs, community classes, youth programs, Eureka Skate Park and Hoopsters Youth Basketball.
Recreation & Fun	Redwood Discovery Museum	707-443-9694	612 G St., Suite 102, Eureka, CA 95501	https://www.discovery-museum.org/	A nonprofit children’s museum that offers interactive exhibits and thematic programs. Discovery Museum exhibits and programs promote hands-on, open-ended discovery in the areas of science, art, culture, technology and healthy living.
Recreation & Fun	See Extensive Listing of Resource Centers	--	--	--	Many of the family/community resource centers in the "Community Info and Referral" section host recreational activities. Local resource centers are also excellent resources for neighborhood events and activities.
Recreation & Fun	Sequoia Park Zoo	707-441-4263	3414 W St., Eureka, CA 95503	http://www.sequoiaparkzoo.net/	EBT (CalFresh/CalWORKs) and BIC (Medi-Cal) cardholders with ID are eligible for reduced admission at the ticket booth. EBT/BIC cardholders may purchase tickets for \$4 per person, for up to five people in their group.
Recreation & Fun	Visit Redwoods website	--	--	https://www.visitredwoods.com/	Visitredwoods.com has a page to find Humboldt County events, such as street fairs.

Category	Name	Phone Number	Address	Website	Description
Senior Services	Area 1 Agency On Aging (Senior Services)	800-408-4636	333 J St., Eureka, CA 95501	https://a1aa.org/	Provides funding for senior programs and administers the following programs: Health Insurance Counseling and Advocacy Program (HICAP), Senior Information and Assistance, North Coast Homeshare, Volunteer Driver Program, SAIL Exercise Classes, Stay Put Services, Long Term Care Ombudsman Program and Volunteer Center of the Redwoods.
Senior Services	Easy Call, Advanced Security Systems	707-443-6366	1336 Fourth St., Eureka, CA 95501	http://www.advancedsecurity.us	"I've fallen and can't get up" button for seniors/people with disabilities.
Senior Services	Food for People (Senior Brown Bag)	707-445-3166 x 309	Call	http://www.foodforpeople.org/programs/senior-brown-bag-program	Provides a monthly bag of groceries for seniors age 60 or older at locations throughout Humboldt County; see website. Delivery may be available to homebound seniors too ill or disabled to leave home, depending on volunteer resources.
Senior Services	Food for People, Commodity Supplemental Food Program (CSFP)	707-445-3166 x 309	Call	http://www.foodforpeople.org/programs/commodity-supplemental-food-program-csfp	CSFP provides a large box of nutritious food monthly for income-eligible people age 60+. Applications must be filled out in person. Services available for pick-up in Eureka, Arcata, McKinleyville, Trinidad and Fortuna.
Senior Services	Fortuna Senior Bus	707-725-7625	--	https://www.friendlyfortuna.com/departments/fortuna_transit.php	Reservation and dispatcher-based system: Call dispatchers to schedule the times bus is needed. Buses servicing seniors and people with disabilities (disability under 50 with doctor's note). \$2.50/ride or 15 trips for \$22.50.

Category	Name	Phone Number	Address	Website	Description
Senior Services	Fortuna Senior Center	707-726-9203	3811 Rohnerville Road, Fortuna, CA 95540	https://fortunasenior.org/	Links seniors with health and fitness, educational, social and recreational, financial, legal and other necessary service organizations, primarily in the immediate Fortuna area. Most are free of charge. Office hours Monday-Friday 10 a.m. - noon.
Senior Services	Health Insurance Counseling and Advocacy (HICAP), Area 1 Agency on Aging	707-444-3000 (Eureka), 800-434-0222	333 J St., Eureka, CA 95501	http://www.a1aa.org/	HICAP: Free, unbiased Medicare consulting for beneficiaries and family caregivers. Assistance with prescription drug plans, supplement plan information, no cost preventive services, fraud prevention and Medicare issues.
Senior Services	Healy Senior Center of Southern Humboldt, Inc.	707-923-2399	456 Briceland Road, Redway, CA 95560	http://www.healyseniorcenter.org/	Open to all older adults, their spouses and friends. Hot meals available Mondays, Wednesdays and Thursdays at 12:30 p.m.
Senior Services	Humboldt Senior Resource Center (HSRC)	707-443-9747	1910 California St., Eureka, CA 95501	https://www.humsenior.org	The Humboldt Senior Resource Center provides services, information, education and recreation for seniors, families and caregivers in Humboldt County. Call for available services.
Senior Services	Humboldt Senior Resource Center / Redwood Coast Village	707-443-9747	1910 California St., Eureka CA 95501	www.humsenior.org	This volunteer-driven membership organization helps provide services and assistance to older adults that help them to be active, independent and socially connected. Call or visit the website for more info.

Category	Name	Phone Number	Address	Website	Description
Senior Services	Humboldt Senior Resource Center/ Activities Program	707-443-9747	1910 California St., Eureka, CA 95501	www.humsenior.org	Educational classes, social events, and recreational opportunities as well as a computer lab, support groups, Dial-A-Ride tickets, senior home repair, commodity food distribution, My Safety Call [®] telephone reassurance service, tax assistance and more. The monthly activities schedule can be found on HSRC's website.
Senior Services	Humboldt Senior Resource Center/ Heritage Cafe (Arcata)	707-825-2027	321 Dr Martin Luther King Jr. Parkway, Arcata, CA 95521	www.humsenior.org	Call for reservations. If age 60 or older, contribution of \$3.50 suggested but not required. If younger than 60, \$10 per meal. Call for more information and schedule.
Senior Services	Humboldt Senior Resource Center/ Heritage Cafe (Eureka)	707-442-1181	1910 California St., Eureka, CA 95501	www.humsenior.org	Call for reservations. If age 60 or older, contribution of \$3.50 suggested but not required. If younger than 60, \$10 per meal. Call for more information and schedule.
Senior Services	Humboldt Senior Resource Center/ Heritage Cafe (Fortuna)	707-725-6245	3000 Newburg Road, Fortuna, CA 95540	www.humsenior.org	Call for reservations. If age 60 or older, contribution of \$3.50 suggested but not required. If younger than 60, \$10 per meal. Located at the Gene Lucas Community Center. Call for more information and schedule.
Senior Services	Humboldt Senior Resource Center/Meals on Wheels	707-443-9747	--	www.humsenior.org	Meals on Wheels Redwood Coast provides meals to homebound older adults in Arcata, Eureka, Fortuna and McKinleyville. Drivers also provide "wellness checks" for clients on their routes.

Category	Name	Phone Number	Address	Website	Description
Senior Services	In-Home Supportive Services (IHSS), DHHS Adult Services	707-476-2100, Toll free: 866-527-8614	808 E St., Eureka, CA 95501	https://humboldt.gov.org/502/In-Home-Supportive-Services	IHSS is an alternative to costly out-of-home care such as nursing homes; provides aid to blind, aged and disabled individuals who are unable to remain safely in their own home without the aid of a care provider.
Senior Services	McKinleyville Senior Center	707-839-0191	1620 Pickett Road, McKinleyville, CA 95519	https://www.facebook.com/McKSenior/	Open Monday-Friday 9 a.m. - 4 p.m. Providing exercise, nutrition, health and well-being, and technology programs for the benefit of older community members.
Senior Services	Multipurpose Senior Services Program (MSSP), Humboldt Senior Resource Center	707-443-9747	1910 California St., Eureka, CA 95501	www.humsenior.org	MSSP is a community-based care management program that helps low-income elders age 65 and older who have chronic conditions to locate, arrange and manage supportive services to help them remain living at home. MSSP serves all of Humboldt County.
Senior Services	Primetimers (Eureka Faith Center)	707-442-1784	1032 Bay St., Eureka, CA 95501	http://eurekafaithcenter.org/	This group, for those 55 and older, meets every third Friday of the month for a potluck and fellowship.
Senior Services	Public Guardian, DHHS Adult Services	707-445-7343	1105 Sixth St., Suite A, Eureka, CA 95501	https://humboldt.gov.org/513/Public-Guardian-Office	The Public Guardian serves as conservator for people with various types of impairments. The office also acts as the representative payee for people deemed by the Social Security Administration to require having an agency act as the Payee to provide money management services.

Category	Name	Phone Number	Address	Website	Description
Senior Services	Redwood Coast Village (RCV)	707-43-9747 x 1283	1910 California St. Eureka CA 95501	https://redwoodcoastvillage.org	RCV membership open to residents of Humboldt aged 50 and above who need just a little help to stay in their own homes. Matches members' needs with volunteers' services and disseminates information from member recommendations.
Senior Services	Senior News/Humboldt Senior Resource Center	707-443-9747	1910 California St., Eureka, CA 95501	www.humsenior.org	Senior News is a monthly publication that provides information about resources and local issues of importance to older adults, their families and caregivers. Available at sites throughout Humboldt County, online, or by subscription. Call or visit the HSRC website for more information.
Senior Services	Staying Active and Independent for Life (SAIL), Area 1 Agency on Aging	707-442-3763	333 J St., Eureka, CA 95501	--	Evidenced-based, fall-prevention, strength, and balance exercise classes led by trained volunteers and offered throughout Humboldt County.
Senior Services	Stay-Put Services, Area 1 Agency on Aging	707-442-3763	333 J St., Eureka, CA 95501	http://www.a1aa.org/	Services designed to address potential safety hazards in the home. Provides a limited amount of hours to remove clutter and reorganize small spaces.
Service Agencies, Clubs & Funders	Helping Hand Fund	707-442-2993	363 Indianola Road, Bayside, CA 95524	https://hafoundation.org/programs-affiliates/humboldt-health-foundation/helping-hand-fund/	A partnership between service providers with clients identifying they have unmet needs. Deeply committed to achieving lasting solutions – not just quick fixes – for the entire community.

Category	Name	Phone Number	Address	Website	Description
Service Agencies, Clubs & Funders	Humboldt Area Foundation	707-442-2993	363 Indianola Road, Bayside, CA 95524	https://www.hafoundation.org/	A local and regional advocate for community giving and a proponent of the value of local capital working for local priorities and the public good, offering: Scholarships, grants and other community services such as trainings, workshops, etc.
Service Agencies, Clubs & Funders	Humboldt Health Foundation	707-442-2993	363 Indianola Road, Bayside, CA 95524	https://hafoundation.org/programs-affiliates/humboldt-health-foundation/	In partnership with the Humboldt Area Foundation; services to improve the health and wellbeing of the residents and communities of Humboldt County. Provides small grants to meet immediate medical or health-related needs (Angel Fund).
Service Agencies, Clubs & Funders	Lions Clubs (Eureka)	EurekaLionsClub@gmail.com	PO Box 274, Eureka, CA 95502	http://www.e-clubhouse.org/sites/eurekahost/	To create and foster a spirit of understanding among all people for humanitarian needs by providing voluntary services through community involvement and international cooperation. A world service organization.
Service Agencies, Clubs & Funders	Lions Clubs (McKinleyville)	707-496-9724	PO Box 2352, McKinleyville, CA 95519	http://e-clubhouse.org/sites/mckinleyville/	To create and foster a spirit of understanding among all people for humanitarian needs by providing voluntary services through community involvement and international cooperation. A world service organization.
Service Agencies, Clubs & Funders	McLean Foundation	707-725-1722	3000 Newburg Road, Suite A, Fortuna, CA 95540	http://mcleanfoundation.org	Empowers communities in the Eel River Valley and Humboldt County by providing funding, leadership and support.
Service Agencies, Clubs & Funders	Providence, St. Joseph Community Benefits	707-445-8121	2700 Dolbeer St., Eureka, CA 95501	https://www.stjoehumboldt.org/for-community/community-benefit/	The Community Health Investment Department of Providence, St. Joseph and Redwood Memorial hospitals sponsors, develops, manages and sustains healthy community initiatives for vulnerable populations in Humboldt County.

Category	Name	Phone Number	Address	Website	Description
Service Agencies, Clubs & Funders	Rotary Club of Eureka	Info@rotary1.org	PO Box 65, Eureka, CA 95502	http://rotary1.org/	Organization of businesses and professional leaders united worldwide who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. Rotary is an international organization with a strong community presence.
Service Agencies, Clubs & Funders	Soroptimists (Arcata)	siarcata@soroptimist.net	PO Box 288, Arcata, CA 95518	https://www.soroptimistofarcata.org/	A driven group of professional women dedicated to helping women and children in the community. They spend volunteer time and money as well as organize community projects and fundraisers for opportunities such as: Scholarships, education or lending a hand through their sisterhood.
Service Agencies, Clubs & Funders	Soroptimists (Eel River Valley)	--	L and 16th St. Fortuna, CA 95540	https://www.facebook.com/SoroptimistInternationalofEelRiverValley/	A driven group of professional women dedicated to helping women and children in the community. They spend volunteer time and money as well as organize community projects and fundraisers for opportunities such as: Scholarships, education or lending a hand through their sisterhood.
Shelters: Emergency/Crisis	Arcata House Partnership	707-633-6236	501 Ninth St., Arcata, CA 95521	http://www.arcatahouse.org/home/	24-hour low barrier shelter program for adults (people 18 or older) and families with children in various locations. Temporary shelter provided as people work to get entitlement benefits, employment and connection to medical/mental health/substance use support services and prepare to be permanently housed in the shortest time possible. Case management provided to develop service and housing plans and provide housing navigation services.

Category	Name	Phone Number	Address	Website	Description
Shelters: Emergency/ Crisis	Betty's Annex	707-407-3833	133 Seventh St., Eureka, CA 95501	https://bettychinn.org/bettys-annex.html	Betty's Annex is an emergency shelter facility for single women and women with children. The length of the stay is determined on a case-by-case basis, and anyone interested in joining the program should receive a referral from CWS or CalWORKs OR can call 707-407-3833.
Shelters: Emergency/ Crisis	Betty's Village	707-407-3833	801 W. Washington St., Eureka, CA 95501	https://bettychinn.org/	Betty's Village is an emergency shelter that houses up to 20 single individuals and pets for up to 90 days. Call for more information or a referral.
Shelters: Emergency/ Crisis	Eureka Rescue Mission-Men's Program	707-443-4551	110 Second St., Eureka, CA 95501	https://eurekarescuemission.org/	Open at 5:30 p.m. every evening; men are encouraged to sign up for a bed, partake in a spirit filled chapel service, receive a filling meal, enjoy a hot shower and exchange dirty clothing for clean clothing. Must be sober, male, over the age of 18 and possess valid photo identification. Breathalyzer used. Coordinates emergency weather shelter activities in Eureka.
Shelters: Emergency/ Crisis	Eureka Rescue Mission-Women & Children's Program	707-443-5016	107 Third St., Eureka, CA 95501	https://eurekarescuemission.org/	Sober, structured environment with daily responsibilities and Bible study. An interview and picture ID are required to utilize services at the shelter. An interview may be scheduled at 4:45 p.m. any day of the week. Must be sober, female with or without kids the age of 12 years and under and possess valid photo identification. Breathalyzer used.
Shelters: Emergency/ Crisis	Fortuna Adventist Community Services	707-725-1166	2331 Rohnerville Road, Fortuna, CA 95540	http://fortunaacs.com/	Shelter is geared towards those escaping domestic violence.

Category	Name	Phone Number	Address	Website	Description
Shelters: Emergency/ Crisis	Humboldt Domestic Violence Services	707-443- 6042, 707- 444-9255	PO Box 969, Eureka, CA 95502	http://www.hdvs.org/	Emergency shelter geared towards those escaping domestic and intimate partner violence, sex, and human trafficking.
Shelters: Emergency/ Crisis	Nation's Finest, Health Care for Homeless Veterans (HCHV)	707-442-4322	109 Fourth St., Eureka, CA 95501	http://nationsfinest.org	Nation's Finest operates a 11-bed HCHV behavioral health program. In total, Nations Finest is able to provide temporary housing and services to 29 homeless veterans at a time.
Shelters: Emergency/ Crisis	Our House, Youth Service Bureau, RCAA	707-444-2273	--	http://rcaa.org/division/youth-service-bureau/program/our-house-%E2%80%93-emergency-shelter	Provides shelter services for youth who may be experiencing houselessness, severe family conflict or fleeing from a dangerous living situation. Our House shelter is a temporary residential program. Call the 24-Hour referral hotline to learn more about the program and the entrance procedure. Ages 12-under 18
Spanish Speakers: Resources and Support	Administration, Open Door Community Health Centers	707-269-7073	1385 Eighth St., Arcata, CA 95521	https://opendoorhealth.com/services/medical/	Headquarters of the Latino Health Coordinators which oversee Spanish language support across Open Door clinics. Offers a comprehensive health and wellness program for Humboldt County's Latino community. Classes/special groups are held in Spanish, are free and open to the community.
Spanish Speakers: Resources and Support	Changing Tides Family Services	707-444-8293	2379 Myrtle Ave., Eureka, CA 95501	http://changingtidesfs.org	Bilingual staff that can assist with child care, respite, mental health and special needs services.

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Spanish Speakers: Resources and Support	College of the Redwoods Free ESL classes	707-476-4500	525 D St., Eureka, CA 95501	https://www.redwoods.edu/adulted/ESL	College of the Redwoods partners with the Humboldt County Office of Education (HCOE) to offer free childcare at some of our community locations during class. Many of the ESL Classes offered can lead to a certificate.
Spanish Speakers: Resources and Support	English Express	707-443-5021	PO Box 111, Cutten, CA 95534	https://englishexpressempowered.com/	Offers online adult English language classes in Humboldt, Curry, Del Norte and Trinity Counties. Classes are free for all English language levels and first languages, year-round and pre-registration is not required. Students may join anytime throughout the semester.
Spanish Speakers: Resources and Support	Healthy Kids Humboldt, Providence, St. Joseph Hospital	707-296-6421	2700 Dolbeer St., Eureka, CA 95501	https://www.providence.org/locations/norcal/st-joseph-hospital-eureka/community-support/healthy-kids-humboldt	Bilingual staff Lucy Silveira. Services focus on children’s health insurance, Medi-Cal enrollment and navigation of the health care system.
Spanish Speakers: Resources and Support	Latino Community Providers’ Network (LatinoNet)	info@latinonet.org	--	http://latinonet.org/	LatinoNet is a community coalition of over 150 members representing over 50 agencies from areas such as health care, social services, education, business and children’s services. The Mission of LatinoNet is to improve the quality of life for Spanish-speaking families of the North Coast through networking, information, collaboration and advocacy.

Category	Name	Phone Number	Address	Website	Description
Spanish Speakers: Resources and Support	League of Women Voters (LWV)	707-444-9252	PO Box 3129, Eureka, CA 95502	https://my.lwv.org/california/humboldt-county	The LWV is a nonpartisan political organization, encourages informed and active participation in government and works to increase understanding of public policy issues. LWV provides materials in Spanish on elections including information on measures.
Spanish Speakers: Resources and Support	North Coast Translate	707-442-2993	363 Indianola Road, Bayside, CA 95524	https://www.hafoundation.org/Nonprofit-Resources/North-Coast-Translate	A resource for language interpretation and translation needs throughout California’s far northern coast. A list of interpreters available to hire in the region and guidelines for hosting effective multi-lingual meetings is also available.
Spanish Speakers: Resources and Support	Northern California Translators Association	510-845-8712	2261 Market St., #160, San Francisco, CA 94114	http://www.ncta.org/	Finding language professionals for translation and interpretation needs. It also assists translators and interpreters with their profession.
Spanish Speakers: Resources and Support	Paso a Paso, Providence, St. Joseph Hospital	707-441-4477	2700 Dolbeer St., Eureka, CA 95501	https://www.providence.org/locations/norcal/st-joseph-hospital-eureka/community-support/paso-a-paso-step-by-step	Childbirth education, parenting and breastfeeding support classes offered in Spanish. This is an outreach program of St. Joseph Health-Humboldt County.
Spanish Speakers: Resources and Support	Redwood Conecta	--	--	https://facebook.com/RedwoodConecta/	Translation, education and support for Spanish speaking individuals and their families; mainly around developmental disabilities and mental health.
Spanish Speakers: Resources and Support	Sacred Heart Church	707-442-6151	2085 Myrtle Ave., Eureka, CA 95501	https://sacredhearteureka.net/	Sacred Heart Church offers services in Spanish: Mass Wednesdays at 7 p.m. and Sundays 12:15 p.m.

Category	Name	Phone Number	Address	Website	Description
Spanish Speakers: Resources and Support	Spanish Translation & Interpretation Club, Cal Poly Humboldt	707-502-4343	1 Harpst St., Arcata, CA 95521	https://wlc.humboldt.edu/content/clubs	Dedicates time to interpret and translate documents for local businesses, non-profit organizations and community members.
SUD Services: Inpatient	Crossroads: North Coast Substance Abuse Council	707-445-0869	1205 Myrtle Ave., Eureka, CA 95501	Office: 707-445-0869 Intake: 707-601-6932	This is a 22-bed residential facility; 90 percent of SSI goes to program; average 90-day program; six beds are reserved for women. (Accepts Medi-Cal; call Carelon (formerly Beacon) Call Center to be screened at 855-765-9703, or facility can assess as well).
SUD Services: Inpatient	Humboldt Recovery Center	707-443-0514 (women's office), 707-269-9566 (men's office)	PO Box 6310, Eureka, CA 95502	http://humboldtrecoverycenter.org/	Licensed and certified residential substance use treatment facility. Provides treatment and recovery services to men and women who wish to develop meaningful, drug-free lifestyles. (Accepts Medi-Cal; call Beacon Call Center to be screened at 855-765-9703, or facility can assess as well).
SUD Services: Inpatient	Waterfront Recovery Services (WRS)	707-269-9590	2413 Second St., Eureka, CA 95501	https://www.waterfrontrecovery.org/	56-bed medically managed detoxification and residential addiction treatment center. The intake coordinator is available Mon-Fri from 9 a.m. to 5 p.m. for those wanting to complete the screening process for new residents 18 years of age or older. (Accepts Medi-Cal; call Beacon Call Center to be screened at 855-765-9703, or facility can assess as well).
SUD Services: Other	Adult Drug Court	707-476-2371	--	http://www.humboldt.gov.org/157/Adult-Drug-Court	The program works to provide judicial oversight, community supervision, case management and drug treatment to felony non-violent adult criminal offenders. Each offender undergoes a substance use disorder assessment and is referred to an appropriate treatment program.

Category	Name	Phone Number	Address	Website	Description
SUD Services: Other	Al-Anon	757-563-1600	--	https://al-anon.org/	Support group for family/friends of those struggling with substance use disorder. Call for information on the various meeting places and times throughout Humboldt.
SUD Services: Other	Alcoholics Anonymous (AA)	Hum: 844-442-0711, Del Norte: 707-464-3411	PO Box 3504, Eureka, CA 95502	https://aahumboldtdeelnorte.org	Support group for those struggling with substance use disorders. Only requirement for membership is a desire to stop drinking. Multiple meeting locations and times across Humboldt; go to website for current listings-changes often.
SUD Services: Other	Brief Interventions for Substance Using Adolescents, Boys & Girls Club Teen Court	Eureka: 707-444-0153 Fortuna: 707-617-8160	939 Harris Ave., Eureka, CA 95503	https://bgcredwoods.org/teen-court/	Boys & Girls Club Teen Court offers brief interventions for substance using adolescents, an evidence-based approach for early-stage, mild or moderate adolescent users. Conducted as two one-on-one sessions.
SUD Services: Other	Celebrate Recovery (Eureka Faith Center)	707-442-1784	1032 Bay St., Eureka, CA 95501	https://www.eurekafaitcenter.org	Celebrate Recovery offers a 12-step accountability and support program for men and women as they seek healing from various hurts, habits and hang-ups.
SUD Services: Other	Drug Education Program, Humboldt Family Service Center	707-443-7358	1802 California St., Eureka, CA 95501	https://www.humboldtfamily.org	A court-ordered 20-hour program that focuses on drug education, HIV, domestic violence, stages of use, blood alcohol concentration, drug effects on sleep, neurophysiology of MDMA and methamphetamines. Has HCRL on website.

Category	Name	Phone Number	Address	Website	Description
SUD Services: Other	Faith Center Recovery Ministries: Celebrate Recovery	707-442-1784	1032 Bay St., Eureka, CA 95501	http://eurekafaithtcenter.org/	Program offered on Mondays at 6 p.m.
SUD Services: Other	FindTreatment. Gov	--	--	https://findtreatment.gov/	Offers a confidential and anonymous resource for persons seeking treatment for mental and substance use disorders in the United States and its territories.
SUD Services: Other	Humboldt Alcohol Recovery Treatment (HART)	707-725-1166	2331 Rohnerville Road, Fortuna, CA 95540	http://fortunaacs.com/hart	Program for any individual arrested or convicted of driving under the influence of alcohol or drugs. Goal is to assist client to recognize his/her level of chemical dependency and to aid in their recovery.
SUD Services: Other	Humboldt Area Center for Harm Reduction (HACHR)	707-407-6013	5000 Valley West Blvd. #17/18 Arcata, CA 95521	https://hachr707.org/	Provides comprehensive communitywide education programs, trainings and workshops, advocacy, empowerment, support for drug users and other high-risk communities, overdose prevention, direct services, counseling and referrals, safe injection supplies and advocates for more humane drug policies. Appointment needed for outreach services.
SUD Services: Other	Mothers Against Drunk Driving	916-481-6233	2233 Watt Ave., #230, Sacramento, CA 95825	https://www.madd.org/	Action oriented support group for family and friends of victims of drunk drivers. Email: ca.state@madd.org .
SUD Services: Other	Narcotics Anonymous (NA)	707-444-8645	PO Box 6634, Eureka, CA 95502	http://www.humboldt-na.org/	Recovering addicts meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. Go to website for current printable list of meetings.

Category	Name	Phone Number	Address	Website	Description
SUD Services: Other	North Coast AIDS Project (NorCAP), Public Health, DHHS	Case Management: 707-268-2132, Outreach: (call or text) 707-599-6318	908 Seventh St., Eureka, CA 95501	http://www.humboldt.gov/620/North-Coast-AIDS-Project-NorCAP	Case Management offers care coordination assistance for people living with HIV/HCV. Services include assistance with housing, insurance, medication access, transportation, linkages to mental health and substance use treatment, medical care and treatment, resource referral and advocacy services. PrEP/PEP (HIV prevention medication) Assistance Program. Outreach services include HIV/HCV and linkage to case management, medical care and treatment, syringe exchange, overdose prevention and naloxone distribution, and training to organizations and individuals on all program topics.
SUD Services: Other	North Coast Resource Hub (NCRH)	--	--	http://resourcehub.nciin.org/	Resources in the hub are centered on services that related to substance use disorder, stabilizing services, crisis services and alternative pain management resources. The NCRH features detailed information including service hours, types of services provided, eligibility criteria and populations served.
SUD Services: Other	Substance Abuse and Mental Health Services Administration (SAMHSA)	--	--	https://samhsa.gov/find-support	SAMHSA's mission is to lead public health and service delivery efforts that promote mental health, prevent substance misuse, and provide treatments and supports to foster recovery while ensuring equitable access and better outcomes.

Category	Name	Phone Number	Address	Website	Description
SUD Services: Other	Substance Use Disorder (SUD) Programs in Humboldt County, DHHS-PH List	--	--	https://humboldt.gov.org/DocumentCenter/View/844/Substance-Use-Disorder-Programs-Contact-List-PDF?bidId=	DHHS-Public Health maintains a listing of Substance Use Disorder (SUD) Programs in Humboldt County.
SUD Services: Outpatient	Adolescent Treatment Program (ATP), Behavioral Health, DHHS	707-441-3773	134 D St., Suite #101, Eureka, CA 95501	http://www.humboldt.gov.org/ATP	ATP offers outpatient treatment for young people ages 12 to 18 with substance use disorder. Services are created to empower participants to make positive and permanent changes in their lives. This program is designed to provide care to clients in their community, home or office. Email ATP@co.humboldt.ca.us for more information.
SUD Services: Outpatient	Aegis Treatment Centers	707-273-6395	2107 First St., Eureka, CA 95501	https://pinnacle-treatment.com/location/california/eureka/aegis-treatment-centers-eureka/	Aegis assists patients that suffer from opioid addiction in reaching successful recovery through medication assisted treatment (Methadone and Buprenorphine) and counseling services.
SUD Services: Outpatient	Healthy Moms Program, Behavioral Health, DHHS	707-441-5220	2910 H St., Eureka, CA 95501	http://humboldt.gov.org/417/Healthy-Moms-Program	Substance use disorder program focused on assisting women in treating their problematic substance use and supporting them to become healthy, productive women and mothers. Child care is provided on-site for children 5 and under. The program also offers mental health counseling.

Category	Name	Phone Number	Address	Website	Description
SUD Services: Outpatient	Humboldt County Programs for Recovery, Behavioral Health, DHHS	707-476-4054, Toll free: 866-930-6384	231 Second St., Eureka, CA 95501	www.humboldt.gov.org/SUD	Serves adult Medi-Cal beneficiaries who are experiencing substance use disorder. Treatment includes outpatient and intensive outpatient treatment. Treatment is primarily conducted in treatment groups and individual sessions may be offered if indicated. Treatment groups include but are not limited to: Co-occurring, Women’s Recovery, Men’s Recovery. Pick up an admission packet or call 707-476-4054 to have one mailed or emailed to you. Fill out the packet and return it prior to or during your SUD assessment.
SUD Services: Outpatient	Substance Abuse Treatment Services For Youth (SATS), United Indian Health Services	707-825-5000	1600 Weott Way, Arcata, CA 95521	http://www.unitedindianhealthservices.org	Youth outpatient substance use treatment program incorporates culturally appropriate services as well as the traditional 12-step model.
SUD Services: Outpatient	Substance Use Disorder Services, Open Door Community Health Centers	707-269-7073 Email: SUDServices@opendoorhealth.com	Locations vary. Call for more information.	https://opendoorhealth.com/services/substance-use-services/	For those who want to stop using opioids. Includes Medication Assisted Treatment, one-on-one and group counseling and support to make healthy choices in a non-judgmental environment. Check website for a program near you.
SUD Services: Outpatient	United Indian Health Services, Behavioral Health	1-800 675 3693, 707-825-5000	1600 Weott Way, Arcata, CA 95521	http://www.unitedindianhealthservices.org	Supportive counseling to Indian children, adolescents and adults who are struggling with personal adjustments, emotional issues or substance use disorder. Individual, couple or group therapy options.

Category	Name	Phone Number	Address	Website	Description
SUD Services: Residential other than Inpatient	Alcohol and Drug Care Services, Women's Residential Treatment Program	707-269-9590 x 202	2413 Second St., Eureka, CA 95501	https://www.waterfrontrecovery.org/	Transitional housing and part of Waterfront Recovery Services.
SUD Services: Residential other than Inpatient	Cornerstones Transitional Housing	707-725-9252	--	--	Cornerstones is a transitional housing program for men based in Eureka and Rio Dell. Called - Have not confirmed Rio Dell location operational after earthquake
SUD Services: Residential other than Inpatient	Feather House Sober Living	707-721-5592	--	https://www.facebook.com/Feather-House-Sober-Living-1741463935956129/	Sober living facility in Eureka. FeatherHouseSoberLiving@gmail.com.
SUD Services: Residential other than Inpatient	Men's Program, Eureka Rescue Mission	707-445- 3787, 707- 443-4551	100 Second St., Eureka, CA 95501	https://eurekarescue.mission.org	Faith based residential program. Go to the Mission to fill out an assessment with house manager. One year long program.
SUD Services: Residential other than Inpatient	Mercy's Haven	707-844-3042	PO Box 607, Blue Lake, CA 95525	http://www.mercyshaven.org/	Non-denominational, faith-based transitional housing resource for adult mothers and their children. Offers structure, support and accountability for moms willing to grow and build successful lives with their children. Please call or visit the website to learn more.

Category	Name	Phone Number	Address	Website	Description
SUD Services: Residential other than Inpatient	Mission Teens, Inc. Mountain of Mercy	707-601-3403	PO Box 55, Honeydew, CA 95545	http://www.missionteens.com/	Non-denominational Christian Discipleship. Free program (excluding SSI clients who pay \$210/mo.) helping people who struggle with life-controlling problems/drug addiction. Residential 8-10 months treatment with 5.5 hrs./day bible classes, 2 hrs./day work projects 5/days a week. One on one counseling.
SUD Services: Residential other than Inpatient	New Life Recover	707-496-1709	1522 Third St., Eureka, CA 95501	--	Dale Ward and Davis Widmark oversee several clean and sober houses in Humboldt County.
SUD Services: Residential other than Inpatient	Redwood Teen Challenge	707-268-8727	2844 Fairfield St., Eureka, CA 95501	http://www.redwoodtc.org/	Programs for those 18 and older: Men’s Center and Women’s Center. A faith-based solutions program to the drug epidemic; free, one year live-in program.
SUD Services: Residential other than Inpatient	Sober Living Environment and Recovery Housing in Humboldt County DHHS- PH List	--	--	https://humboldtgov.org/DocumentCenter/View/90877	DHHS-Public Health maintains a list of Recovery Houses in Humboldt County.
Suicide Prevention	988 Suicide & Crisis Lifeline	988	--	https://988lifeline.org/	The 988 Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones and best practices for professionals in the U.S.
Suicide Prevention	California Youth Crisis Line (CYCL)	1-800-843- 5200	PO Box 161448, Sacramento, CA 95816	https://calyouth.org/cycl/	The CYCL operates 24 hours a day, seven days a week as the statewide emergency response system for youth (ages 12-24) and families in crisis.

Category	Name	Phone Number	Address	Website	Description
Suicide Prevention	California Youth Crisis Line (CYCL)	1-800-843-5200	PO Box 161448, Sacramento, CA 95816	https://calyouth.org/cycl/	The CYCL operates 24 hours a day, seven days a week as the statewide emergency response system for youth (ages 12-24) and families in crisis.
Suicide Prevention	Elderly Friendship Line	415-750-4111	3575 Geary Blvd., San Francisco, CA 94118	https://ioaging.org/	Friendship Line California is a free crisis intervention hotline and a warmline for non-emergency emotional support calls. For adults 60+.
Suicide Prevention	Lock2Live	--	--	https://lock2live.org	Free anonymous online tool to assess and plan for lethal means safety. Lethal means safety is the safe storage of firearms, medications, cannabis and other personal items that could cause death or serious harm.
Suicide Prevention	Safe Call Now	1-206-459-3020	PO Box 61468, Vancouver, WA, 98666	https://safecallnowusa.org/	Staffed by first responders for first responders and their family members. They can assist with treatment options for responders who are suffering from mental health, substance abuse and other personal issues.
Suicide Prevention	Striving for Safety	--	--	https://strivingforsafety.org/	This website is designed to support you to increase safety for yourself or a loved one, friend, colleague or client when suicide risk is elevated.
Suicide Prevention	Trans Lifeline	1-877-565-8860	548 Market St., PMB 15337 San Francisco, CA 94104	https://translifeline.org	Trans Lifeline’s Hotline is a peer support phone service run by trans people for our trans and questioning peers. Call if you need someone trans to talk to, even if you’re not in a crisis or if you’re not sure you’re trans.
Transportation	Amtrak	--	925 E St., Arcata, CA 95521	https://amtrak.com/home.html	Amtrak is a publicly funded service operated and managed as a for-profit corporation to provide intercity passenger train service in the United States.

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Transportation	Angel Flight West	888-426-2643	3161 Donald Douglas Loop South, Santa Monica, CA 90405	http://www.angelflightwest.org	Angel Flight West is a nonprofit, volunteer-driven organization that arranges free, non-emergency air travel for children and adults with serious medical conditions and other compelling needs.
Transportation	Arcata & Mad River Transit	707-822-3775	925 E St., Arcata, CA 95521	http://www.arcatatransit.org/	Provides bus service throughout Arcata.
Transportation	Area 1 Agency on Aging Volunteer Driver Program	707-442-3763 ext. 306	333 J St., Eureka, CA 95501	https://a1aa.org/	Provides local non-emergency medical transportation to eligible clients.
Transportation	Community Bike Kitchen, Jefferson Family Resource Center	707-269-2062	1000 B St., Eureka, CA 95501	https://eurekabikekitc hen.org/	Located at the Jefferson Community Center. Provides bicycles and bicycle knowledge to Eureka’s Westside community and beyond, and we envision a healthy, sustainable, bike-friendly North Coast. Open Wednesdays from 6 to 8 p.m. and Sundays 2 to 4 p.m.
Transportation	Dial-A-Ride	707-443-0826	--	http://www.hta.org	The certification process for travelers with disabilities to use paratransit/dial-a-ride services in Humboldt County is performed through Humboldt Transit Authority, although the service is a collaboration with HCAR. Visit HTA website for appropriate form.
Transportation	Fortuna Transit	707-725-7625	--	https://www.friendlyfortuna.com/departments/fortuna_transit.php	Provides transportation within the Fortuna City limits to people who are at least 50 years of age or people with a disability; Mondays through Fridays 8:30 a.m. to 4 p.m.
Transportation	Greyhound	800-231-222	925 E St., Arcata, CA 95521	https://greyhound.com/bus/arcata-ca/arcata-bus-stop	A public bus transportation system.

Category	Name	Phone Number	Address	Website	Description
Transportation	Humboldt Transit Authority	707-443-0826, 707-822-3775, 707-668-5101	133 V St., Eureka, CA 95501	http://www.hta.org	Sells a variety of different bus passes: daily/monthly, Eureka Transit, Redwood Transit and Southern Humboldt.
Transportation	Klamath Trinity Non-Emergency Transportation (KT Net)	530-629-1192	38883 Hwy 299, Willow Creek, CA 95573	https://ktnet.org/	Offers public transportation services in rural Northeastern Humboldt County. Serves the communities of Willow Creek, Hoopa, Weitchpec, Wautec and Orleans.
Transportation	Partnership, Non - Emergency Transportation	866-828-2303	--	--	Call Partnership's Transportation Services Department to schedule transportation to medical appointments.
Transportation	SFVAMC Shuttle, Eureka VA Outpatient Clinic	707-269-7500	930 W Harris St., Eureka, CA 95501	https://www.va.gov/northern-california-health-care/programs/shuttle-bus-schedule/	Two shuttles can be used for medical appointments at San Francisco or Santa Rosa VA clinics. Must provide proof of appointment; must have a "hotel" (lodging through the VA). View website for current bus schedules.
Transportation	Transportation Assistance Program (TAP), Social Services, DHHS	707-269-4106	929 Koster St., Eureka, CA 95501	https://humboldt.gov.org/530/Transportation-Assistance-Program	Provides permanent relocation assistance for those seeking to leave the county, who have verified employment or housing waiting for them.
Utilities	Access from AT&T (low cost internet access)	--	--	https://www.att.com/shop/internet/access/index.html?source=ECmj0000000000mbU&wtExtndSource=access#/	AT&T offers low-cost wireline home Internet service to qualifying households, including households with an SSI or CalFresh recipient.

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Utilities	Assurance Wireless (low cost cell phone/plans)	888-321-5880	PO Box 5040, Charleston, IL 61920	http://www.assurancewireless.com/Public/Welcome.aspx	A government benefit program supported by the federal Universal Service Fund and the California LifeLine Program. Enrollment is available to consumers who qualify based on household income or who receive certain public assistance programs, like Medi-Cal or CalFresh. Form available on website.
Utilities	CarrollCo Energy Savings Assistance Program	559-369-3939	3104 N Miami Ave., Fresno, CA 93727 US	https://carrollco.net/	CarrollCo is responsible for helping Humboldt County renters and owners improve the weatherization of their residences. Call to learn more and see if a household qualifies for free services. Informational fliers will be provided upon request.
Utilities	Low Income Home Energy Assistance Program (LIHEAP), RCAA	707-444-3831, 707-444-3834	539 T St., Eureka, CA 95501	http://www.benefitsapplication.com/program_info/CA/LIHEAP	RCAA provides energy assistance to eligible clients through the LIHEAP. Assistance with payments or purchases of electricity, propane, natural gas, heating oil, or firewood. Appointments available Mondays 9 a.m. to noon.
Utilities	PG&E: California Alternate Rates for Energy Program (CARE)	--	--	https://www.pge.com/en_US/residential/save-energy-money/help-paying-your-bill/longer-term-assistance/longer-term-assistance.page	CARE is a discount program that helps eligible customers pay their energy bills. CARE provides a monthly discount of 20% or more on gas and electricity. Participants qualify through income guidelines or if enrolled in certain public assistance programs including CalFresh and Medi-Cal .

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Utilities	PG&E: Family Electric Rate Assistance Program (FERA)	--	--	https://www.pge.com/en_US/residential/save-energy-money/help-paying-your-bill/longer-term-assistance/longer-term-assistance.page	FERA is a discount program that helps eligible customers pay their energy bills. FERA provides a monthly discount of 18% on electricity only. Must be a household with three or more people. Participants qualify through income guidelines.
Utilities	PG&E: Medical Baseline Program	--	--	https://www.pge.com/en_US/residential/save-energy-money/help-paying-your-bill/longer-term-assistance/longer-term-assistance.page	The Medical Baseline Program, also known as Medical Baseline Allowance, is an assistance program for residential customers who have special energy needs due to qualifying medical conditions. The program includes two different kinds of help: a lower rate on monthly energy bill and extra notifications in advance of a Public Safety Power Shutoff.
Utilities	Redwood Coast Energy Authority	707-269-1700	--	https://redwoodenergy.org/#:~:text=Redwood%20Coast%20Energy%20Authority%20(RCEA,right%20here%20in%20the%20County	Energy advisors help reduce energy costs with assessments, rebates for energy-efficient equipment, referrals, direct-installations, advice for appliance investments, options for financing and income-qualified services and incentives, rate analysis, electric vehicle rebates and support. Residential services available to renters (if name on account) and homeowners.
Veterans	Counseling for Veterans	707-444-8271	2830 G St. Suite A and B, Eureka, CA 95501	https://www.va.gov/directory/guide/facility.asp?id=513	For veterans who have served in any combat zone; help for veteran and their family with readjustment counseling, military sexual trauma and outreach services. Contact Deborah Reeves.

Category	Name	Phone Number	Address	Website	Description
Veterans	Eureka VA Outpatient Clinic: U.S. Dept. of Veteran Affairs	707-269-7500	930 Harris St., Eureka, CA 95501	https://va.gov/directories/guide/facility.asp?id=513	Offers a wide range of preventative and primary care to Humboldt County veterans. Appointments are required. Clinic hours are Mon. through Fri. 8 a.m. to 4:30 p.m.
Veterans	Nation's Finest, Health Care for Homeless Veterans (HCHV)	707-442-4322	109 Fourth St., Eureka, CA 95501	https://nationsfinest.org	The HCHV behavioral health program employs a full-time clinician as well as a case manager to address some of the higher level needs clients may be facing including: Substance use disorder, healthy relationships, anger management and communication skills.
Veterans	Nation's Finest, Supportive Services for Veteran Families (SSVF)	707-442-4322	109 Fourth St., Eureka, CA 95501	https://nationsfinest.org	SSVF is a rapid rehousing program that can assist veteran households that are homeless, or at risk of losing their housing, to become housed or remain housed.
Veterans	Nation's Finest, Transitional Housing (TH)	707-442-4322	109 Fourth St., Eureka, CA 95501	https://nationsfinest.org	The TH program consists of 18 VA grant and per diem beds, three currently designated for female veterans. In TH, veterans engage with case management staff upon enrollment. Staff and veterans work to develop an individual service plan to identify various barriers and develop goals to overcome them.
Veterans	USDVA, Bereavement Services	707-444-8271	2830 G St., Suite A, Eureka, CA 95501	http://www.vetcenter.va.gov/bereavement_counseling.asp	Assistance and support to people with emotional and psychological stress after the death of a loved one. Bereavement counseling includes a broad range of transition services, including outreach, counseling and referral services to family members.

Category	Name	Phone Number	Address	Website	Description
Veterans	Veterans Service Office (VSO), DHHS Adult Services	707-445-7611	1150 Sixth St., Suite F, Eureka, CA 95501	https://humboldt.gov.org/517/Veterans-Service-Office	The Humboldt County VSO assists veterans, their dependents and survivors and the general public in obtaining benefits from federal, state and local agencies administering programs for veterans. Advocacy services provided to the veteran community regarding entitlement rights to federal, state and local benefit programs.
Volunteer Opportunities	AHHA Shower Care-A-Van	707-298-1466	PO Box 3794, Eureka, CA 95502	https://www.ahha-humco.org/hygiene-station-volunteers-needed	Seeking people to assist with operations when the trailer is on-site and providing services. In need of folks to assist with operations by signing in guests, cleaning the showers between uses, stocking and distributing hygiene kits, clothing and food. AHHA is also looking for qualified volunteers to provide haircuts. See webpage for details.
Volunteer Opportunities	Court Appointed Special Advocates (CASA)	707-443-3197	2356 Myrtle Ave., Eureka, CA 95501	http://www.humboldt.casa.org/	A CASA speaks for children in court because all children have a right to live in a safe, healthy and secure environment. Trained volunteers advocate for abused children in court, assuring that they are placed in safe, nurturing homes.
Volunteer Opportunities	Empower Eureka	707-441-4206	531 K St., Eureka, CA 95501	https://empowereureka.org/co-pilot-program	City of Eureka's community services program was created to guide the houseless population in accessing vital community resources to obtain housing and employment.
Volunteer Opportunities	Food for People, Volunteer Opportunities	707-445-3166	Call	https://www.foodforpeople.org/volunteering	Volunteers are at the heart of Food for People. It takes a community of volunteers to make programs successful. All volunteers are required to attend an orientation to begin volunteering.
Volunteer Opportunities	Friends of the Dunes	707-444-1397	PO Box 186, Arcata, CA 95518	http://www.friendsofthedunes.org/	Friends of the Dunes is dedicated to conserving the natural diversity of coastal environments in Humboldt County, California, through community supported education and stewardship programs.

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Volunteer Opportunities	Home Grown Host Homes	info@homegrownhosthomes.org	--	https://homegrownhosthomes.org	Home Grown is recruiting volunteer “hosts” who have a spare bedroom or private space that can be turned into a bedroom in their homes. These volunteer “hosts” provide youth with housing, stability and mentorship while Home Grown staff work with them to achieve their goals related to independent living.
Volunteer Opportunities	Humboldt County Library, Volunteer Opportunities	707-269-1915	1313 Third St., Eureka, CA 95501	https://humboldt.gov/org/711/Volunteer	Apply to volunteer at the Humboldt County Library in Eureka by navigating to the website and printing out the volunteer application form. Alternatively, the application can be requested from any public service desk in the area.
Volunteer Opportunities	Latino Outdoors	--	--	http://latinooutdoors.org	A Latino-led, volunteer-powered organization that provides outdoor recreational opportunities to youth and families to inspire and empower Latino wellness and outdoor leadership using culturally relevant programs.
Volunteer Opportunities	North Coast Big Brothers Big Sisters (BBBS)	707-445-4871	428 C St., Suite G, Eureka, CA 95501	http://www.ncbbbs.org/	Providing children facing adversity with strong and enduring, professionally supported 1-to-1 relationships. BBBS partners with parents/guardians, volunteers and others in community to hold all accountable for each child in program achieving higher aspirations, avoidance of risky behaviors and educational success.

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Volunteer Opportunities	Providence, St. Joseph Hospital, Volunteer Opportunities	707-445-8121	2700 Dolbeer St., Eureka, CA 95501	https://www.providence.org/locations/norcal/st-joseph-hospital-eureka/about-us/volunteer-opportunities	St. Joseph Hospital has a dynamic volunteer program comprised of individuals of all ages. Depending on individual interests, dedicated volunteers serve in several areas of the hospital and in the community as well. Each year the volunteers raise thousands of dollars through the recycling program and gift shop sales, with all proceeds going to benefit patient care and scholarships for care providers.
Volunteer Opportunities	Volunteer Center of the Redwoods (VCOR), Area 1 Agency on Aging	707-442-3763	333 J St., Eureka, CA 95501	https://a1aa.org/	Connects older adults with local volunteer opportunities in Humboldt County.
Volunteer Opportunities	Volunteer Match	--	5424 Sunol Blvd., Suite 10, Pleasanton, CA 94566	https://www.volunteermatch.org/	Volunteer Match is an online search engine that allows non-profit organizations and prospective volunteers to find and connect with each other based on location, preferred fields of work, and other variables.
Youth Services	4-H, UC Cooperative Extension	707-445-7351	5630 South Broadway, Eureka, CA 95503	https://cehumboldt.ucanr.edu/Programs/4-H_Program_270/4-H_Program/	4-H is a youth-serving organization open to ages 5-19. Over 200 hands-on projects are offered from crafts, gardening, guide dogs and horses, to robotics, computers, cooking and outdoor adventure. Clubs throughout the county. Contact Thomas Stratton.
Youth Services	Adolescent Treatment Program (ATP), Behavioral Health, DHHS	707-441-3773	134 D St., Suite #101, Eureka, CA 95501	https://humboldtgov.org/ATP	ATP offers outpatient treatment for young people ages 12 to 18 with substance use disorder. Services are created to empower participants to make positive and permanent changes in their lives. Email ATP@co.humboldt.ca.us for more information.

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Youth Services	BeMe	--	--	https://beme.com/index.html	BeMe is a mobile mental health platform — made for and with teens in mind — to improve teen well-being by bringing together the best aspects of digital media, live support and clinical care.
Youth Services	Boys & Girls Club of the Redwoods	707-441-1030	939 Harris Ave., Eureka, CA 95503	http://bgcredwoods.org/	Services to enable all children in grades K-12 to reach their full potential as productive, caring and responsible citizens. Teen Courts (for first time juvenile offenders) is a restorative justice diversion program that receives referrals directly from law enforcement, schools, Probation and community organizations.
Youth Services	Boys Town	800-217-3700	--	https://boystown.org/	Reuniting kids with their families, finding foster homes for others and providing a Boys Town family for those with nowhere else to turn. National headquarters 402-498-1300, CA headquarters 714-558-0303.
Youth Services	Brightline	--	--	https://hellobrightline.com/	Free behavioral health supports via video sessions and chats for parents, caregivers and their kids to improve emotional well-being and resiliency. Additionally, Brightline helps families find care for kids who need more support than coaching by connecting them to community mental health providers and resources.
Youth Services	California Resources for Youth	--	--	https://www.chhs.ca.gov/youthresources/	Webpage that compiles key resources for youths and those working to support youths.

Category	Name	Phone Number	Address	Website	Description
Youth Services	Daluk Youth Services Program/Northern California Indian Development Council	707-445-8451	241 F St., Eureka, CA 95501	https://ncidc.org/da%25E2%2580%2599luk-youth-programs	Youth program called the “Daluk Youth Services” program offers leadership skills development, emotional support and substance use disorder prevention activities to Native youth. A separate component of the program offers free counseling services to Native youth and young adults.
Youth Services	Dream Quest - Willow Creek Youth Partnership	530-629-3564	100 Country Club Drive, Willow Creek, CA 95573	https://www.dqwc.org/	Dream Quest provides youth with vocational and creative opportunities to imagine and build their dreams. Eastern Humboldt StepUP service provider.
Youth Services	Family Urgent Response System (FURS), Child Welfare Services (CWS), DHHS	833-939-3877	--	https://www.cal-furs.org/	FURS includes a free 24/7/365 statewide hotline (phone call and text message) as well as local mobile response teams to provide immediate trauma-informed support to current and former foster youth and their caregivers.
Youth Services	Food for People (Backpacks for Kids)	--	Check with the child's school.	http://www.foodforpeople.org/programs/backpacks-kids	Backpacks for Kids provides income-eligible children with a bag of food on Fridays during the school year. The bag contains enough food for breakfast, lunch, and dinner for two days. Enrollment happens through the school.
Youth Services	Food for People (Kid's Summer Food Program)	707-445-3166 x 309	Check website for locations.	http://foodforpeople.org/programs/summer-lunch-children	Food for People’s Children’s Summer Lunch Program operates June through August, when school (and school lunch) is out. Check website for locations.

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Youth Services	Foster Youth and Homeless Education Services, Humboldt County Office of Education	707-445-7000	901 Myrtle Ave., Eureka, CA 95501	http://www.humboldt.k12.ca.us/foster-youth.php	Ensures foster/homeless youth receive every opportunity to education students are entitled to. Works in collaboration with Humboldt County school districts/DHHS to fully implement state and federal laws which protect the educational rights of foster and homeless youth and children. Contact Roger Golec.
Youth Services	Head Start & Early Head Start Programs, Northcoast Children's Services (NCS)	707-822-7206, 800-808-7206	1266 Ninth St., Arcata, CA 95521	http://ncsheadstart.org/	Early Head Start serves women from pregnancy until their child is 3 years old. Head Start and State Preschools serve 3 to 5 year old children. NCS offers programs in home and/or at a center. Bilingual staff are available. Please call for information.
Youth Services	Home Grown Host Homes	info@homegrownhosthomes.org	--	https://homegrownhosthomes.org	Comprehensive, community-based approach to addressing youth homelessness. It relies on caring community members in Humboldt County to open their homes for 3-12 months and “host” youth (ages 18-24) experiencing homelessness. Hosts provide youth with housing, stability and mentorship while staff work with them to achieve their independent living goals.
Youth Services	Humboldt County Transition-Age Youth Collaboration (HCTAYC), DHHS	707-476-4922	433 M St., Eureka, CA 95501	https://humboldt.gov.org/TAY	HCTAYC is a youth leadership and policy advocacy program that trains youth on leadership, advocacy, community engagement and wellness and also provides volunteer leadership opportunities through the Youth Advocacy Board (YAB) for youth with lived experience aged 16 to 26.

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Youth Services	Independent Living Skills Program (ILSP), DHHS	707-382-4522	433 M St., Eureka, CA 95501	https://humboldt.gov.org/541/Independent-Living-Skills-Program	ILSP is voluntary and designed to assist youth transitioning from the foster care system. Youth who have been in foster care after their 16th birthday are eligible for services until 21st birthday.
Youth Services	Latino Outdoors	--	--	http://latinooutdoors.org	A Latino-led, volunteer-powered organization that provides outdoor recreational opportunities to youth and families to inspire and empower Latino wellness and outdoor leadership using culturally relevant programs.
Youth Services	North Coast Big Brothers Big Sisters (BBBS)	707-445-4871	428 C St., Suite G, Eureka, CA 95501	http://www.ncbbbs.org/	BBBS partners with parents/guardians, volunteers and others in community to hold all accountable for each child in program achieving higher aspirations, avoidance of risky behaviors and educational success.
Youth Services	RAVEN Project, RCAA	707-443-7099	523 T St., Eureka, CA 95501	http://rcaa.org/division/youth-service-bureau/program/raven-project-St.-outreach-program	Provides food, clothing, showers and other services to houseless youth 10 to under 21 years of age.
Youth Services	Street Outreach, RAVEN Project, Youth Service Bureau, RCAA	707-443-7099	--	--	Street Outreach Workers take to the streets with resource materials, safer sex supplies, first-aid supplies, and toiletries, socks, and snacks. Goal is to interact with individuals who cannot, or have not yet accessed services through the drop-in center.
Youth Services	The Forgotten Initiative (TFI)	309-319-7410	--	https://theforgotteninitiative.org/	TFI helps support the foster care community through awareness, encouragement and advocacy. TFI's Foster Care Resource Center is located at 511 H St. in Eureka. They have free clothing, shoes, pajamas, blankets, toys, books, car seats, baby swings and toiletries.

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Youth Services	Transition-Age Youth Program (TAY), DHHS	707-476-4944	433 M St., Eureka, CA 95501	https://humboldt.gov.org/904/Transition-Age-Youth	The TAY Division includes Behavioral Health, Independent Living Skills (ILS), Extended Foster Care (EFC) and Humboldt County Transition-Age Youth Collaboration (HCTAYC). The TAY Center is a drop-in space where young people ages 16-26 can access computers, clothing closet, and meet with a peer coach. TAY offers counseling, case management, peer support, workshops, transition age skills, youth leadership, advocacy and wellness activities. Each TAY program has specific eligibility criteria. The TAY Center is open Mondays, Wednesdays and Fridays, 8:30-10 a.m. and 1-4 p.m. for drop-in.
Youth Services	Youth & Family Services (YFS), City of Arcata	707-822-5951	736 F St., Arcata, CA 95521	https://cityofarcata.org/249/Youth-Family-Services	YFS social workers within the Arcata Police Department offer a broad range of services focusing on troubled teens and youth, juveniles.
Youth Services	YOUth Choose, Boys & Girls Club Teen Court	Eureka: 707-444-0153 Fortuna: 707-617-8160	939 Harris Ave., Eureka, CA 95503	https://bgcredwoods.org/youth-choose/	An innovative diversion program for first-time juvenile offenses. It is a real court that is run entirely by teen volunteers. Organized around youth empowerment and restorative justice. Justice for youth by youth.