

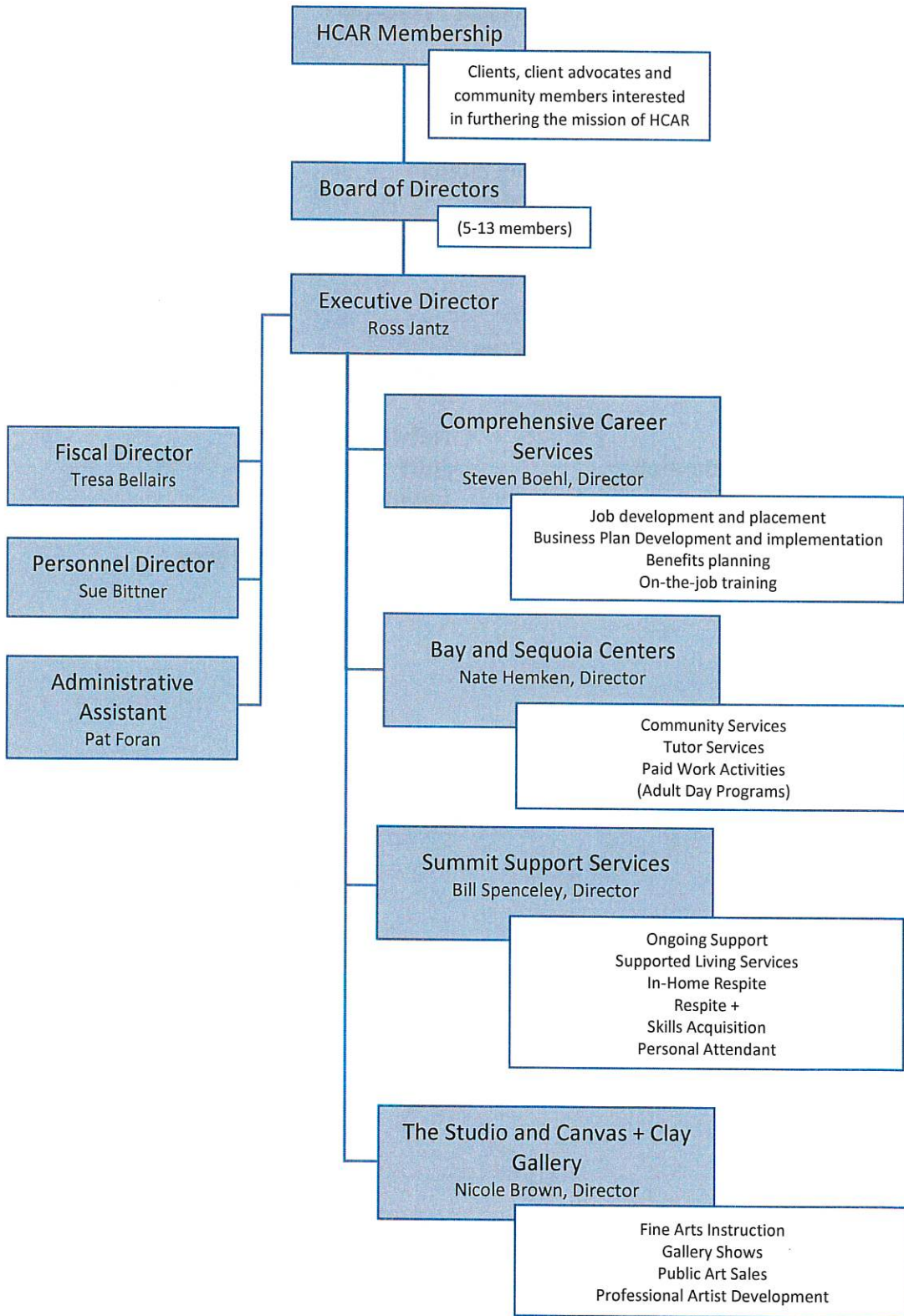


2019

Annual Report

Humboldt Community Access
& Resource Center

HCAR connects people who have disabilities with the community by providing opportunities for learning, living and employment



2019 Members

Janet Brisker
Vivian Deniston
JoAnn Diaz
Deanna Dutra
Julie and Stan Elcock
Carole Farlan
Caroline Isaacs

James G. Ladwig
Valorie Lovelace
Rita McInerney
Leonard McLaughlin
Alice G. Sadler
Earline Shamblin
Donna Shipley

Patricia Thomas
Edythe Vaissade
Donald & Trudy Walker
Kerry Walker
David Walkley
Andrew Wooden

2019 Donors

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Beth Gin
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Make Studio Art Program, Inc.
Eric Mueller

Network for Good
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Katherine Trethewey
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Thank You for Your Support!

The Studio/Canvas + Clay Gallery

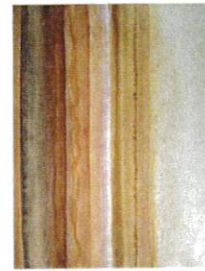


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The Studio and Canvas + Clay Gallery are continuing to grow and learn. In this past year we have slowly filled C+C studio spots, ranging from one to three artists per day and worked on some inhouse maintenance. Conveniently located in the heart of Old Town, we have been growing our visitor population and branding ourselves. The response from our community has been rewarding and we have learned a lot. Maintaining a platform in which the art is judged based on the work itself, we hope to continue to shift perspectives and spread art appreciation throughout our community.

1 Artists Sara Dory and Lisa Green in the Painting Studio.

SALT was our first exhibition of the year featuring C+C artist Holly Sepulveda's mythic and mysterious ceramic cephalopod sculptures and guest artist Emily Silver's abstract landscape series, "vertical horizons." *Salt* showcased a dynamic intersection of land and sea, painting and sculpture, abstraction and representation. *Salt* also served as the platform for our first artist talk in the new space, given by Holly. Groups came and listened to Holly share her art practice and inspiration for this current body of work. This was our highest grossing exhibition with Holly and Emily selling many pieces. Holly reflects on the experience: "I was really nervous, but it was exciting to meet a bunch of different artists from HSU. It was nice to meet those people and hear their thoughts on my work. I follow some of them on Instagram and they see my work, it's great to have that connection. My show went really well, I sold a lot of pieces. Just having my own show was great. I've had collaborations and shows with other people.



SALT EMILY SILVER + HOLLY SEPULVEDA



2

It was a lot of fun working with Emily, she is really nice. The colors and the contrast went really well together. At first, I wasn't sure about it, when I was looking at the work; I would have chosen somebody else, but you guys knew what you were doing. I like my process, I like to do a lot of detail in my work, but the glazing, I've gotten better but I prefer building."



3



Our next exhibition, **ANIMAL CLOUDS**, featured Studio artist Nichole McKinney's color-blocked ceramic sculpture creatures alongside guest artist Anna Sofia Amezcua's feminine abstract paintings. Nichole worked with teacher Jen McLaurin in the curatorial process, giving her opinion on the setup of the exhibition.



ERIC LEE + SAM WHITLACH

OFF THE GRID featured Studio artist Eric Lee and Studio Manager, Sam Whitlach. They collaborated on a series inspired by birds and every single piece sold within the first hour of the opening. They also painted each other's portraits. It was our first



4

² Artist Holly Sepulveda giving an Artist Talk for her show, *SALT*.

³ LEFT: Artist Nichole McKinney and Teacher Jen McLaurin discussing the curation of *Animal Clouds*. RIGHT: Nichole's ceramic piece titled, *Pinocchio*.

⁴ Artist Eric Lee and Studio Manager Sam Whitlach stand in front of their portraits of each other at their show, *Off the Grid*.

Teacher and artist pairing for C+C Gallery and it was a great turnout. We hope to continue this type of match up with our artists and our staff. Sam reflects on the experience: “Eric and I approach image-making in a similar manner, so our collaborative process fell into a natural groove as we prepared for the show. Eric’s solo works are almost exclusively drawn from photographs found in reference books; similarly, my representative works are photograph-based, so I chose a book of birds to serve as the inspiration for our 6-piece series of paintings. Eric and I each drew 3 birds for the series, then passed the work on to the other for further development. Eric’s vibrant, free-form coloring style shined in the series, and I acted as the series’ “inker,” using bold black lines to accentuate each design. We hit our greatest creative stride when expectations were disregarded and we each embraced the creative process at hand, piece by piece. The collaborative process strengthened our bond together, and was an immensely rewarding experience.”



5

Allen Cassidy applied to Humboldt Bay Coffee Company’s Artist Series to have his artwork featured on a batch of their coffee blends. His work was accepted and he quickly sold out of his first order. He is now on his third order and his bags of coffee are available for purchase at the CBM and C+C for \$12. Allen talks about this opportunity: “Oh that was cool, I loved it. I



went to their place and asked them I can make your own design. I just drew them. They said I could do their two dogs and Eddie. They are cute and adorable. I did a big painting of them. And they asked me if I wanted to do three different bags. And then they asked me if I want to have a show at their store. Eddie was my favorite one. Somebody wanted one of my ceramic heads.”

For our annual group exhibition, **HEEL**, we announced our first CALL FOR ENTRY for the public to submit work into a juried show. We also paired up with Redwood Pals Rescue for the event. We had raffle baskets and visitors were encouraged to vote for their favorite piece. Rachael Leal won Best in Show, for Studio artists. Redwood Pals Rescue brought



6

⁵ Artist Allen Cassidy posing with his Artist Series line of coffee bags for sale at Canvas + Clay Gallery.

⁶ TOP: Call for Entry Flyer; artwork by Nicole Brown and Allen Cassidy. BOTTOM: Artist Carly Walker and Ceramics Manager Nicole Kita stand in front of Kita’s wall painting for group exhibition, *Heel*.

adoptable dogs for attendees to meet. Allen Cassidy was conducting live portraits and selling his Artist Series Coffee Bags. The night was a huge success.

PORTRAITS + PORTALS featured guest artist Jonathan Desoto with his modern color-blocked abstracts and Studio artist Soodie Whitaker and his meticulous large scale portraits of celebrities and loved ones. Soodie was also nominated for Best Artist of Humboldt and came in second place. Soodie shares his thoughts on being nominated: "Dave got me into that. It was an honor that I got in. I think he loves my art. Plus we go way back, since high school. Just like the other shows, I've been doing shows all over the world, a circus traveling show. People can get to know me. I'm getting popular every moment. I've been going on Facebook too, it has my art in it. I'm painting Bernie Sanders. He is the only one I don't have a problem with. He has a lightsaber, it shows how powerful he is." Congratulations Soodie on your nomination and your show!



7

ELLIS ART SHOW:



8

Studio artists Ken Waldvogel facilitated his own show at the outside venue, Ellis Art Supply in downtown Eureka. He showed a retrospective of work from his colorful geometric paintings to playful vibrant ceramic sculptures. "It was a super fun experience to put my own show up. It's nice to have a lot of friends who are down to helping you. It felt heartwarming to see it up, I know people out there love this kind of work. I feel like I made it out in the world, people know *who I am*."

HUMBOLDT COUNTY FAIR

The Humboldt County Fair seems to be the favorite event every year. Over 40 artists apply to exhibit in the fair and we seem to always bring home prizes and awards. This year's winners were artists Chelise Mendoza, Liz Kordes, and Dale Lowtrip. Every year artists are on the hunt for a Guy Fieri sighting and this year we got a great group photo with him. He has purchased multiple pieces from our artists throughout the years. I had artist Tawny Morgan share with me her favorite part of the fair: "I liked meeting Guy Fieri. Twice. I got the picture on my Facebook. Oh yeah, I put it all in the fair. I made him that Diners, Drive-ins and Dives sign out of papier-mâché, then the one out of ceramics, then his head was in ceramics, he bought that. The first time I met him, Nicole, was with my sister-in-law, Christy. And when I turned around I saw the white, you know his big old bushy white hair, I took off and I walked, she couldn't even catch up with me. [Tawny laughs out loud]. And then he saw the sign and he loved it. He made me sign it on the back. Okay, so she put me

⁷ Soodie is seen here working on his next piece of US senator, Bernie Sanders holding a lightsaber.

⁸ Artist Ken Waldvogel poses in front of his outside show at local shop, Ellis Art Supply.

in with the T-shirt, a bag, a backpack, and this time she did a blanket with me and his name on it. This time I'm doing his little star, the hall of fame. Put it in the fair as a wall hanging. I told Rondi that."

THE MADAKET



9

This year we were invited by Studio teacher, Jasmin Segura, to take a trip on the Madaket. Lisa Green reflects on the day: "I had such a blast with you guys. It was a fun day. I got to sit on top of the boat with Tanya. I got to see seagulls and boats. I just liked to see out of the bay. I wish we can do it again next year." All the artists really seemed to enjoy the experience and the guided tour. We have been invited back next year and are looking forward to it.

FEATURED ARTIST WALL

In 2019 The Cheri Blackerby Gallery was converted into a museum. This space is designed to showcase works from all artists throughout the year functioning as a retail space. In addition to the room filled with art and merchandise there is a designated wall to feature a single artist for the duration of two Arts Alive! events. This mini-exhibition is a great way to satisfy artists who are desiring a show and allow them to understand what goes into preparing one's work for hanging. We plan these walls to coincide with artists' ISPs so that they can share this display to their support team.

VIDEO STUDIO

Due to the popularity of video class we have extended video into being a full-time studio. Video Teacher Ben is now running a full-time studio adjacent to the painting studio. Ben reflects on the evolution to video class: "My favorite part of my job is developing new ideas with clients and being able to collaborate with them. I'm pulling ideas out of people, figuring out new ways to make it less about me filling in the blanks and more about them completing the process. In the past it's been more improv based, which we still do, but it makes it really hard to put together. It relies on more of my creative input than theirs. So implementing into the process more script writing and having them think ahead. Now with time to edit, I'm able to finish up more stuff, making way for new ideas. I'm thinking of how I can make the next project involve the artist even more. I'm still in the transition [part-time to full-time], so it's still hard to say how things will look in the future. I'm finishing up back burner



10

⁹ Artists Rachelle Aubrey, Lisa Green and Eric Lee waiting to board the Madaket on a beautiful sunny day on the bay.

¹⁰ Video still of Gaylord Divine and Zachary Matlock in *Superhero*.

projects right now, trying to get them out of the way so we can work on new stuff and encourage more participation from the artists. I'm looking at changing my approach for postproduction, trying to get more people involved in that. That's kind of tricky given the complicated equipment and programs. I'm still brainstorming on how to get them to be a greater part of the process."

The following videos have been completed this year:

| | |
|-----------------------------------|-------------------------------------|
| Indiana Jones | MTS |
| Captain Karen | My Real Family |
| Crazy Day Banker and the Bullies | How to Ask for Privacy from Staff |
| Turn the Page | Captain Jonah |
| Vexen Demyx | Cowboys & Aliens: Learning to Share |
| How My Life Changed | Superhero |
| Mask 2 | Mom Ruins the Garden |
| Bobby Beach | Gerri's Shirts |
| Night at the Mad Museum Tea Party | Dolphin Whisperer |

... along with seven films in various stages of production.

HSU SERVICE-LEARNING PROGRAM

Art Education majors signed up to create project-based activities for our artists revolving around our annual group show, *HEEL*. Art Education students created project proposals in which they taught our artists new techniques and created collaborative processes for a series of workshops. Those projects included Embroidery on Dog Bandanas, Slip Cast Ceramic Dog Bones, and Ceramic slab vessels experimenting with texture techniques. They got to know our artists on an individual and personal level while creating an enjoyable social aspect to our day-to-day.

POTTERY WHEEL

With the vision and reorganization Ceramics Manager, Nicole Kita provided to the studio space and we were able to rearrange the room and set up our highly anticipated return of the pottery wheel. Nicole is conducting one-to-one throwing workshops and clients are very enthusiastic about learning or getting back into this type of ceramic building. The ceramic studio continues to grow in popularity and teachers and managers are always looking to introduce new ideas, techniques, equipment or tools to inspire our artists.



11



12

¹¹ Liz Roberson signed up for one of the first pottery wheel workshops with Ceramics Manager Nicole Kita.

¹² David Caylor on the pottery wheel working with our newly introduced red clay.



At the end of the year, Tri-County Independent Living put out their annual Holiday Card contest. Our artists won both first and second place with a monetary prize. The winning design, by Chris Johnson, was used as their Holiday Card.



13

Congratulations Chris Johnson and Kat Olson! Chris expands on the experience; "I was inspired to paint that. I wasn't really expecting anything. I was surprised when I got it. It took me a few years to get it. If I do it next year I will do something really off the wall. I hope the next person gets in and feels good about it, like I did. All you can do is try." Chris'

piece is titled, *Peony to a Pretty Woman, Spreading Perfume to Attract Bees and Butterflies or Suitor, The Happy Holidays.*



14



15

The Studio and CANVAS + CLAY Gallery had a fulfilling year. We continue to grow and evolve with our artists alongside the ever-changing art world. We are deeply grateful for the growth we were allowed and the never-ending generosity and support we receive from our local community. We hope to further gain community integration through collaborative projects.

As director, I am so proud of all the innovative talented artists in our program and so immensely grateful to our dedicated, compassionate and supportive staff.

Nicole Brown, Director



16



17



18

13 TOP: Chris's winning design. BOTTOM: Holiday Card contest winners for Tri-County Independent Living: 1st place Chris Johnson + 2nd place Kat Olson.

14 Artist Gerri Sadler and teacher Rondi Dias laughing in the painting studio.

15 Artists Deanna Huse and Donna Albers laughing in the painting studio.

16 Eric Lee paints the window display for our Holiday Sale at Canvas + Clay Gallery.

17 Artists on a Field Trip posing in front of a public mural for Eureka Street Art Festival.

18 Artist Deedee Dutra posing at a Halloween dance hosted by CA Mentor and The Studio's artists on the dance committee.

Bay and Sequoia Centers

We had an interesting year at the programs. Some maintenance repairs at the Bay Center were done on the front bathrooms and the front entry floor due to a leaky pipe in the wall.



There were two incidents where the power was cut off due to “fire emergencies” and program had to close for a day. The power outages prompted us to start the process of getting a generator for the sites so they can stay open during the power outages. We are currently in the process of getting a generator installed at the Bay Center site. The contractor is getting the proper permits and will hopefully have the generator installed by next fire season. We would like to also have a generator installed at Sequoia Center, but that building isn’t owned by HCAR so the owners are looking into the feasibility of doing this. Having a generator installed at Bay will enable us to hold program for clients from both programs at Bay Center during the power outages.

We purchased a mobile shredding trailer to expand on our confidential document shredding activity. Once we get all the items we need, we can start taking people out to our customers places of business and do onsite shredding.

We also purchased two new surrey bikes for the clients to take into the community. One of the bikes is a two-seater and the other is a four-seater with electric pedal assist. It is our hope that these bikes in the community will generate interest in the community as well as providing an additional physical activity for clients.



Perhaps we can build an adaptive bike rental service that we can house at the Bay Center and create community connections for the clients we serve through that rental service.

We are excited to see what the future holds for the programs in 2020.

Nathan Hemken, Site Director

Summit Support Services

Supported Living and Ongoing Support



Both Supported Living Services and On-Going Support Services remained at service-high levels over the course of 2019. Total hours each month ranged from 4100 - 4700 hours.

There are currently 35 active support workers assisting 88 Redwood Coast Regional Center clients requiring a wide variety of support. At present there are 5 supported living arrangements requiring 24 hour a day, 7 day a week care and supervision so that they may remain living in their own homes. These five clients account for about half the monthly hours for the entire support services program as they each receive 600-720 hours each per month.

Our client population is aging, and with this comes increased support needs for medical and dental issues. We have many clients in their 50's, 60's, and 70's, some of whom have serious health challenges. Support workers are often required to do extensive follow-along medical appointments and medication monitoring with their clients.

Clients with more typical support needs and not having comprehensive staffing needs get a reduced amount of support, usually 20-35 hours a month. These clients are quite independent, and some have their own vehicles which greatly increases their independence. The different areas of support for such clients may include grocery shopping and nutrition planning, household management, laundry assistance, medical and dental appointments, counseling appointments, and medication monitoring.

We received an average of one or two new referrals per month from the regional center over the past year. The program tries to accept most of these referrals for new clients, but sometimes there isn't available staff to fulfill the need.

Bill Spenceley, Program Director



Respite Services

The respite services program includes the regular in-home respite, behavior respite, skills acquisition, program support, personal attendant services, and private pay-respite services. Respite care service is one of the primary Regional Center services that families need the most, a break from the responsibility of caring for a family member with a developmental disability.

At the end of 2019 respite hours were averaging 1450 total hours per month, which includes all of the above services, and these hours were consistent with this time last year.

The Personal Attendant program was active for only one client in the community through the year. Private-pay respite was not active over the past year. There were a few requests for this service, but there weren't respite staff available to fill the need.

Almost all the new hires over the past year have been 'exclusive' hires for families wanting someone hire to provide respite for their family member. Exclusive hires are workers that respite families have requested to be hired to provide respite for their family member as someone they know and trust.

The largest area of growth in the Respite program continued to be in the Behavior Respite Services, also known as 'Respite Plus.' A behavior respite worker needs the required training and skill to deal with clients that have behavioral issues or challenges, including the 16-hour ProAct training and additional online training. Many of the new referrals from Regional Center are for children with disabilities on the autism spectrum, and some of these children have behavioral issues.

The respite program received new referrals on a regular basis, typically one or two per month. We occasionally got increases in hours for existing clients to meet increased family need.

Bill Spenceley, Program Director

Comprehensive Career Services

Comprehensive Career Services is very pleased with the progress and outcome of the Job Development Program this past year. During the 2019 calendar year we had the highest gross profit in program history!

| | |
|--------------------|------------------|
| Yard Crew | \$33,975 |
| Caltrans Rest Area | \$222,051 |
| Client Billing | <u>\$395,037</u> |
| Total | \$651,063 |

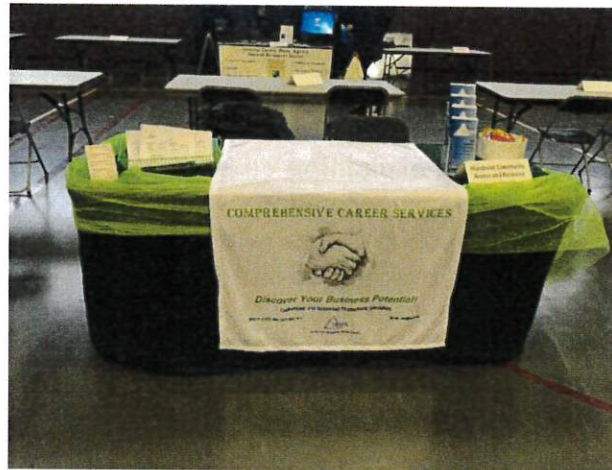
Due to the steady increase in the availability of jobs on the job market, the number of clients we serve has continued to increase, and there is a high demand for placement in our program. CCS currently serves 42 clients. 27 of whom are currently working, 14 in job development and one recently retired. In 2019 we focused on the goals of preparing clients for the workforce and expanding community awareness.

Community

CCS has become part of the conversation when it comes to workforce development and in representing individuals with disabilities in the workforce. We attend regular Workforce Development meetings and have been invited to speak at various forums to discuss workforce development in front of both community and industry leaders to talk about how we were preparing our clients to meet the demands of the workforce.

We have become more involved in Humboldt County's economic development as a whole, attending conferences, serving on committees and actively participating in workforce development. We continue to meet with business and industry professionals from all over

Humboldt County including city leaders from Eureka, Arcata, Fortuna and Blue Lake and professionals from Bear River and Blue Lake Casinos.



CCS Table at HSU Spring Career Fair

On May 11, 2019, some of our clients participated in a forum hosted by two California State Assemblymen on the topic of the state Assembly’s Select Committee on Intellectual and Developmental Disabilities. These elected officials were Assemblymember Jim Wood of District 2 and Assemblymember Jim Frazier of District 11. At this event, individuals from the community, including two of our clients and one of our fellow staff members from CCS, got to speak to the assemblymen about what is needed in the community.



Job Coach Brendan Benas speaking about CCS to Assemblymen Wood and Frazier

Client Participation

The number of individuals participating in job development have grown tremendously over the past year. Some of the ways our clients have grown include improving interviewing skills, developing good work behaviors, participating in fundraising events, enhancing job skills and improving social skills.

One of the ways in which we improve our clients' skills is by hosting workshops for their benefit. These workshops have two parts to them: interviewing skills and post hire benefits. The interviewing skills portion is through interviewing techniques being taught to the clients on skills like resume writing, body language, how to respond to common interviewing questions and explaining gaps in employment. The second portion is called Success in the Workplace and it teaches skills needed to keep their jobs. Classes cover topics like attitude in the workplace, how to deal with conflict, working relationships and work-life balance.



To assist clients in enhancing job skills we have an on-the-job training program with our yard crew. The crew goes out as a group into the community to learn and perform yard work for residents and businesses in Northern Humboldt County. This work takes our clients all the way from McKinleyville to Rio Dell. Some of the skills learned is lawn mowing, trash removal, weed whacking, trimming hedges and pulling weeds.

To teach clients about fundraising while improving social skills we developed the Saturday Social Group. We wanted to give clients an opportunity to interact as a group and think about ways to raise money for social activities. This group is made up of members and officers, and it is supported by job coaches who assist with the planning and development. The purpose of the group is to get the clients to participate in fundraising opportunities and then use the gathered funds to host social activities. Some of these skills clients learn include community interaction, team building, and event planning.

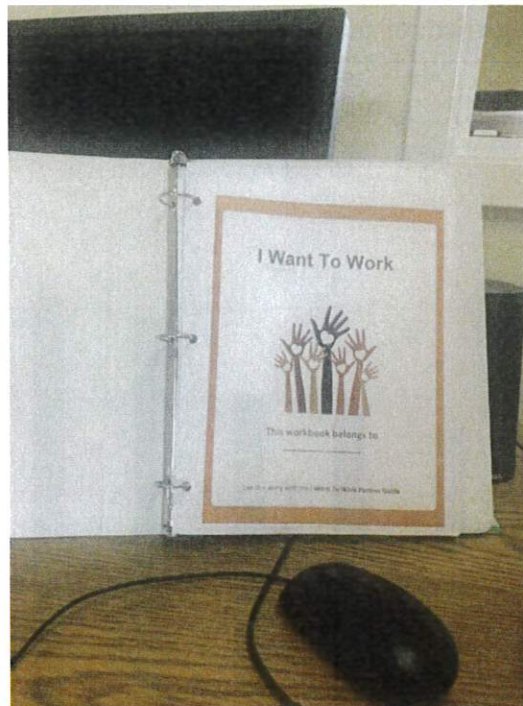
The Saturday Social club was more in the reins of planning their events for this year and they had at least two fundraising events that taught them valuable lessons about planning their fundraisers. These fundraisers were a benefit night at Applebee's Restaurant and a car wash. The funds that the club gathered from the events were around \$33.00 and \$80.00 respectively. The Saturday Social club had the car wash on August 24, 2019 and the main lessons they learned from the event were when to start advertising and planning for the event.



The club also had some fun social events like a bowling day and a holiday party to unwind from their past events and have fun.

Operations

The operational goals for 2019 were to develop guidelines for job development and job retention. For job development the job coaches worked together to revamp the “I Want to Work” workbook that we had created the year prior to make it easier for our clients to use. The revised workbook is a user-friendly version of the vocational profile, a tool to compile information about the client to learn how we can better assist in their job search process. This workbook was developed by one of our job coaches and is used to help facilitate the discovery process of our organization. The workbook touches on self-discovery activities, career goals, on-the-job support systems, and resumé building. We utilize the 30-day plan to employment as a pathway to career development. We also developed a jobs board in the social lounge which focuses on industries that are popular and growing.



“I Want to Work” Workbook

Training

The Job Coaches attend many trainings in order to better serve the needs of our clients. When our job coaches are freshly hired, they are put through multiple safety trainings including CPR and First aid as Blood-Bourne-Pathogens. From there, we make available to all of our staff courses in the College of Direct Support.

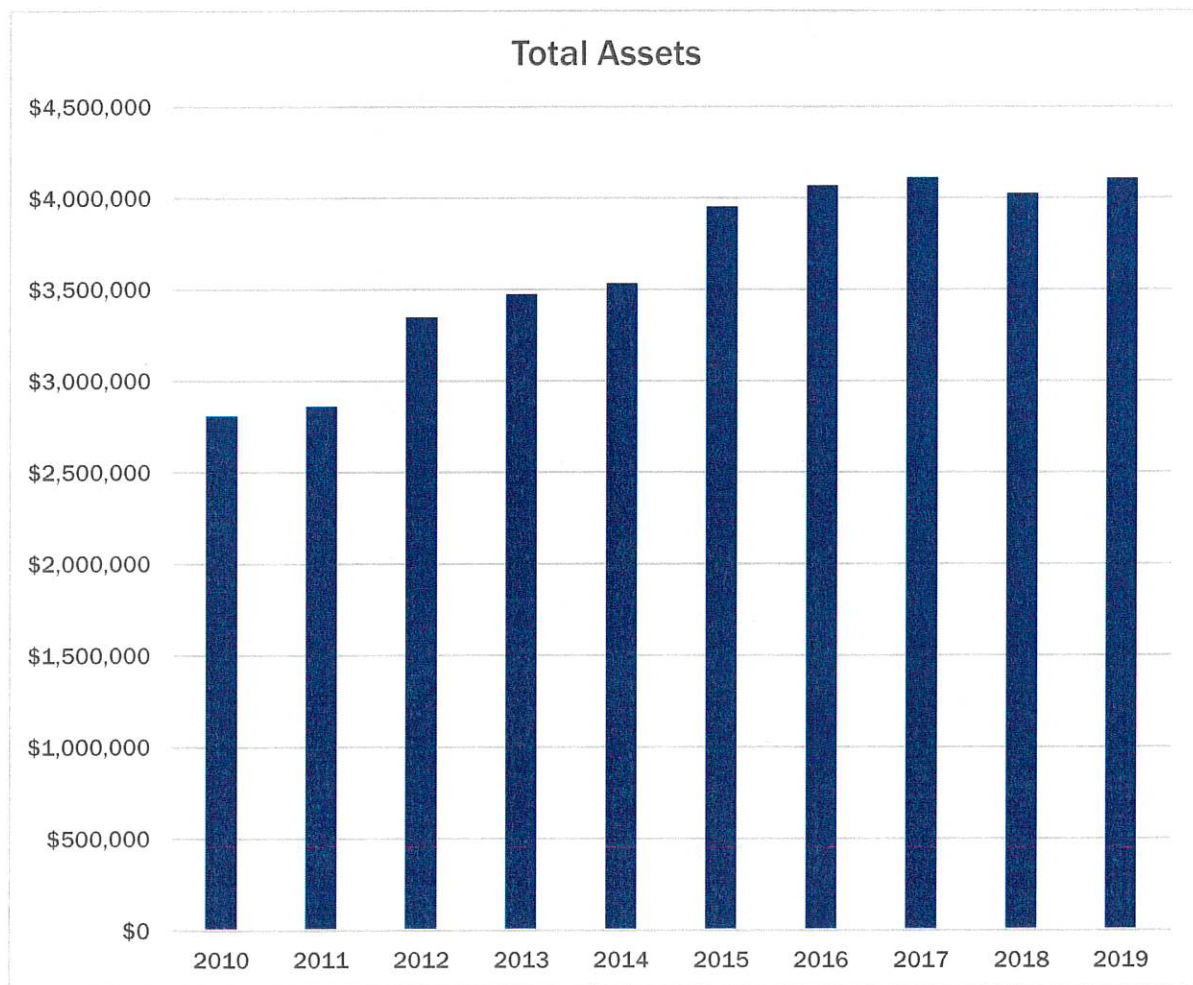
Our staff also participated in a mandatory training on Sexual Harassment for non-supervisors. The material was informative and taking it in a classroom setting aided us in getting a perspective that was possibly not in our own general view. The training was hosted twice once at Sequoia Center and once at Bay Center.

Steven Boehl, Program Director

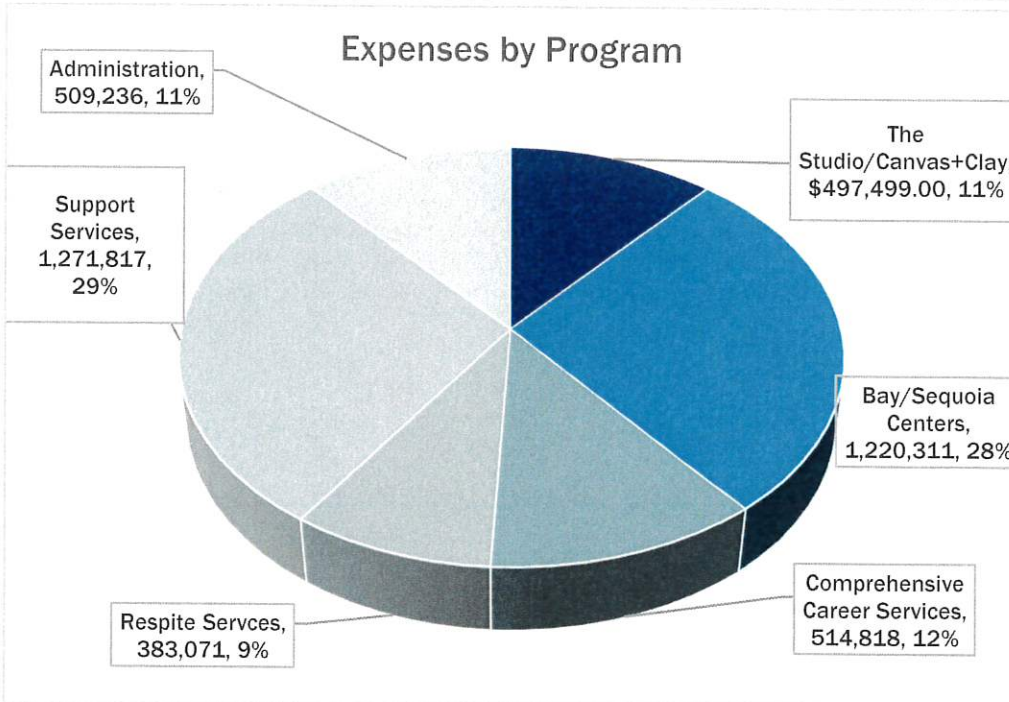
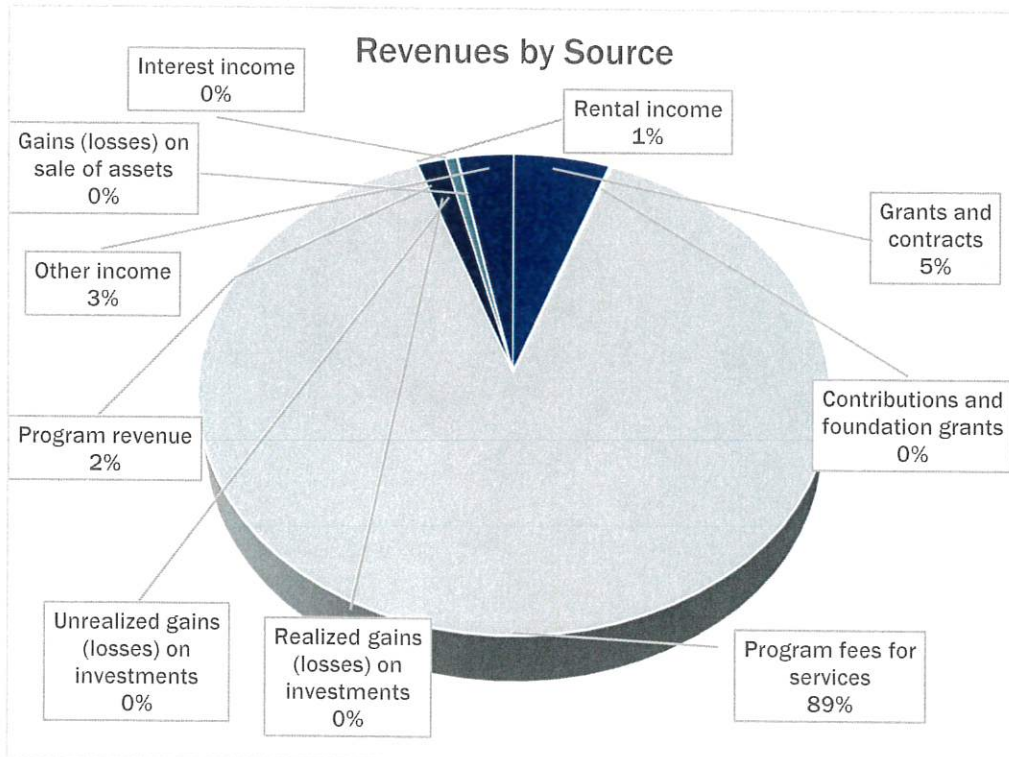
Financial Summary

Constance Coughlin, Certified Public Accountant, has audited HCAR's financial statements for the fiscal year ended June 30, 2019. She has issued an unqualified opinion stating that the audited financial statements present fairly, in all respects, the financial position of the Humboldt Community Access & Resource Center. The complete report, including accompanying notes, findings and recommendations, is available for review at our administrative offices and on our website.

The chart below tracks the growth of our total assets over the past ten years.



The pie charts below show our relative income by source and expenses by program.



Please note that the percentage of administration costs shown is not the same calculation as the 15% maximum administrative cost ratio allowed by state law. That is administrative costs as a percentage of qualifying revenue. For the entire agency and including all revenue that percentage is 11%. Using qualifying income only it is significantly less, depending on the program and the method used to calculate the percentage.

